

# **QUANTUM JOURNEY OF ASCENSION**

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LUNAR VISIONS**

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# CREATING THE NEW EARTH

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This is the first time in 18 million years when there has been a strong enough flow of light streaming through to complete the project of Ascending Mother Earth's Matrix.

This Ascension involves every Entity in every Universe in this Cosmos. This is more than the Earth's ascension. This is the ascension into an entirely new Matrix of Reality. There will be universes who will be able to ascend completely out of this Cosmos into a place that is not known.

There will be our Galaxy rising into the Golden Galaxy of Archangel Michael's project.

Some of us will return to Aquafaria to remember how to replicate this perfect kingdom of heaven onto this Earth. Aquafaria is the

place where there has never been anything besides perfect love known. This is a group that has never experienced any of the wars and chaos of this density. This is the place of Aqualene Light that is Raising us out of the muck and mire that we have been living in.

Some of us will live in Aquafaria, but return to teach on the Islands of Light for those who have not raised their consciousness yet. We can't actually live in Aquafaria in this physical form, but we can create this same Aquafaria on Earth. This is how we create the Kingdom of Heaven on Earth. We can actually bring the same atmosphere, the same consciousness, the same reality field from Aquafaria- the magical, perfect kingdom to Earth.

There was the original Atlantis 18 million years ago, and Atlantis has risen on this Earth three times and had a deluge three times. The next Atlantis will be much greater than all of the previous Atlantis creations. We will begin creating the model of this new Divine Plan soon in the Cosmic Mystery School of the Omniverse.

Atlantians creations of architecture and technology were always done through weaving frequencies of liquid light energy into form through their breath of consciousness. We are now being pulled into these magnetic fields of light where we can once again remember how to create with the frequencies of light, sound and love. Love is the speed of light energy that all consciousness must be woven from. The light is the material that is used to create from and the sound is the frequency that raises or lowers into the needed density of creation.

The master the principles of light and sound by absorbing the frequencies of the breaths in the music and the meditations into our physical form or atmic form in order to begin de-manifesting this form and manifesting a new more etheric form. Along with this etheric form comes the memory or the Immortal Temple that was original ours. This Immortal Temple that we have lived in for thousands of years prior to coming into this 3D hologram will be returned to once our frequencies of consciousness are raised into the New Reality.

After the third deluge, there was only a small island remaining from Atlantis-- Poseidon. Sirius came to strengthen this civilization.

All masters of wisdom had left earth for a time. Then, about 25,000 years ago a new wave of star children came to earth and brought in genetic codes for transition from duality into oneness.

16,000 years ago the Jupiter Command received orders for establishing the order of the star on Earth to establish Love and Freewill. The order of the star began removing implants in Egypt and the disciples of the Mystery School could receive these first spiritual initiations. Below the Sphinx, there was a crystal data bank with knowledge of Atlantis. In 9,564 B.C. Atlantis completely sank. Atlanian Wisdom sank into forgetfulness, and all wisdom was gone by 3000 B.C.

Yeshua ben Joseph brought the wisdom back to Earth 2000 years ago. Again, the Dark Forces destroyed it. During the last 200 years there have been starry beings coming through consciousness to restore those teachings again including many teachings of Theosophy, White Magic, and Christian Science was brought to Earth by Mary Baker Eddy, who's higher self is the one we knew as Mother Mary. However, Mary has told us that those teachings were only for those times.

This is a new time. There is much more light now and much more truth now available. The prior teachings were only to be used as guidelines for the reality that was soon to come. Now, those philosophies and sciences can be put into practicality. Now, a New Atlantis is emerging - a world of Ascended Masters on Earth.

We are now joining once again with our old friends who have created Atlantis and who have created the Mystery Schools to create an Island of Light that will merge together all of the great Islands of Light into one. Those who will become a part of this creation will be the students from the Cosmic Mystery School of the Omniverse.

The reason that some of you are awakening to this call is because all of us have been here on Earth several times before creating the Mystery Schools, building the Pyramids, hiding the Holy Grail, assisting Yeshua Ben Joseph and creating the Atlantis, the perfect structure of truth and love over and over again.

The crystal data bank of all that was held in Atlantis was placed in the center of Mother Earth by Sunat Kumara. This memory bank is available to us now as we awaken the crystal cells in our body to re-unite with our Golden Crystal bodies of the Liquid Light Core of Mother Earth. When this state is obtained all will be remembered and the perfect Divine Plan will be restored.

aDolphino and Crystalai have worked on every Mystery School attached to each of the three Atlanian creations. We created a Mystery School in Aquafaria where the great world teacher, Kuthumi is now using for his headquarters of the brand new teachings of the Omniverse. aDolphino's higher self, Marcus is already teaching there, along with his great old friend, Lacodemus.

Crystalai's family lives in Aquafaria. Her mother, Cinderella, her sister Shajinka and her brother Zeigfried live in Aquafaria. We have a beautiful mansion right next to the Mystery School. Zaurak is Crystalai's older starry brother who went far outside of our original Aquarian Galaxy to create many star systems of his own. Crystalai's higher self is Zeena, who also went as far beyond this universe as can be risen to before leaving into a new matrix. Zeena's sister is Mary- our Mother Mary. So, Mary is also Crystalai's older sister. This entire family are key players in the transformation of Mother Earth into the New Earth, the Islands of Light and the return to Aquafaria. We are a family of frequency weavers. We stream and weave all of the frequencies together. We guide the streams of light from the Suns, the rivers of light, the braiding through love that is required to build new structures of truth in the Divine Plan.

aDolphino and Crystalai have been to Earth many times before. We came as Dolphonoids and were captured by the Dark Ones. We were saved by the Ashtar Command and returned to Aquafaria. We are back again completing our mission with the Ashtar Command for complete return into our Higher Reality.

These new times call for a complete new structure, new terminology, complete removal of all old beliefs, because they were 99% incorrect. We must let go of the ideas of editing others thoughts. We must begin to live in a reality where each is entitled to Individual freedom. But that must be earned with the respect of never saying anything that intrudes on another's individual freedom.

We each need to start rebuilding a new WORLD as we rebuild our consciousness into a structure of truth and love. We need to provide rooms in our minds for becoming enlightened, rooms for discovering new ideas, and there will be rooms to go when you are REACTING to something that someone said or didn't say.

The reaction button was one of the seals placed in our head by the Dark Forces. This is not a normal state of behavior for a Divine Being.

We must learn to remove this Reaction button.

## **GODS WAKING TO THEIR DIVINE PLAN**

The higher selves - the god selves of many who are now waking up now to remember their selves, placed a seed of themselves--an etheric crystal dustmemory of themselves in the Core of Mother Earth. This essence of themselves contained a time code that would awaken to remember their divine mission on Mother Earth at this time. Those who are waking up now to that mission are those who came to Earth to be a part of this COSMIC MYSTERY SCHOOL OF THE OMNIVERSE. This is the team that was created by Kuthumi,

Merlin, Djwal Kuhl, Madame Blavatsky and El Morya over the past several eons. These are entities whom have chosen to be a part of the most glorious event that has been experienced in this COSMOS. We have had a Merlin, a Mary, a Goddess Hathor, a Zeena Warrior Princess, a Kuthumi and a Djwal Kuhl awaken to their identities so far during our classes. This awakening is one of the main process that THE TEACHERS of this class are overseeing.

Now it is time for the rise of the Divine God Plan--the Divine Blue Print to become perfect once again. We have known this Divine God Plan as Atlantis. It was originally called Ajaho. This was the perfect model of the divine plan that was created by Sun Alcyone. The spark of Source was united with the Universal and Cosmic Consciousness and breathed out into the Galactic Consciousness. That perfect creation from about 20 million years ago is finally going to be completely restored.

Mother Earth is the entity who maintained her original divine selfhood deep inside of her CORE. Sunat Kumara has maintained the divine essence of the Entities who are awakening now to their complete selfhood. This etheric liquid light core contains her spiritual essence and ours. Students in this Course will learn to completely merge their physical body back into oneness with their spiritual body. This zero point balance prepares the body for ascension.

When Mother Earth came into this galaxy, there was an etheric sphere placed around her. This etheric sphere has always contained the original etheric substance that was contained in Sun Alcyon's original creation of Ajaho. The essence of this Divine Plan was maintained for Mother Earth to grow from. This was her complete self-- her spiritual and physical self. So, her spiritual half is deep within her and her complete self is a sphere around her. We are the same. We also have a spiritual half. Our etheric self is deep in Mother Earth's core and our spiritual self grows around our body as we remember to expand outwardly into our MERKABA

LIGHT BODY. As Mother Earth must merge back into her entire matrix of the galactic, universal and cosmic, so do we.

Mother Earth has merged and collected the complete breaths of consciousness, or streams of light and sound, from the etheric matrix of Sirius and her Alcyone Sun's frequencies of Aquarius. In the original Aquarius Galaxy, there were three starry families involved in the AJaho project. Sun Alcyone and Source were the creators, and the co-creators were entities who formed the Blue Sirius system. These entities were BLUE DOLPHONOID Entities. These entities moved a part of themselves into a new home base where they could hold the frequencies of consciousness of those from the Dolphonoid Family, and yet be in the Mother Earth Realm. Those entities formed the Aquafarion realm. It is the frequencies of these realms of the Aquarius Galaxy, the Sun Alcyon and other Galactic Suns, and Aquafaria that are streaming down to Mother Earth to raise and align the Earth's matrix back into their spiritual and physical oneness. This new self hood will be found as we merge together all of our selves that we have been in past millions of years into one grander new reality.

This entire Cosmos was created by our higher selves- our god selves- our monadic selves and our god seed selves. Those selves are now ready and able to merge into oneness with our consciousness as we raise our consciousness to theirs. This course prepares us to merge into this oneness of consciousness. The physical body is prepared for ascension by igniting the Source Spark in the physical body, aligning into all of the frequencies of all five spheres and igniting the flame into oneness. The physical body must merge with the golden crystal body in the Earth's Core. The physical body cannot enter into the spiritual realm of ascension until it has invited in the spark from Source into every cell in the body.

The cells in the body contain the memory of all that has ever happened on this Earth's Matrix. These pearls of wisdom must be ignited by the Spark of Source - the creator of all. This creation

belongs to Source and must be returned to Source. We do this by collecting everything from all experiences in this World Consciousness and bringing this memory into a Crystal Sphere, in order to build a pearl of wisdom. We hold this crystal sphere in our hands in front of our body. Inhale all thoughts, memories, experiences of everything that you have experienced or seen experienced by others-- even if it was from T.V., a movie or a textbook.

Next invite Source to ignite his spark in this pearl of wisdom. That spark will ignite a tiny flame inside of the cells in the body related to those experiences. Once that flame has been ignited, Source can pull those memories out of the cells and take the flames of creation to reprocess into a new pure frequency of creation. This is the most important responsibility of all who are a part of Mother Earth's Matrix. The Ascension cannot be complete until all who are with her do this. When this energy of the speed of light spins and the rings of heliotalic light spin, the body can be lifted into a funnel of light with the help of starry family, for complete renovation into the original 12 D Christ Body. Some of us will be rising into the 24th, 36th or 48 DNA structure because we are on a Galactic or Cosmic mission.

Next the body will be prepared to move to the Cloud Cities, Aquafaria or return home to the original planet they came from. Each will find their unique mission that they are here for. Some will return to the Islands of Light to teach those who are being raised from their dreaming state on the Earth. The Island of Light project that we are working on with Zorak is an Island of Light preparing for the new Star System. The Golden Galaxy is a natural part of that process. We must first base our new modality, our new harmonic convergence, our new tone of home on the Star Dust Structure.

These will be the first wave who prepare the perfect - the god world- the Atlantis model for those from Earth to create their new

world from. Those of us on the first wave will remember white magic as if it were beginning math. It will be a natural part of us once more. We will remember how to create mansions with our breath of consciousness.

This will be the beginning of the Islands of Light where everyone from Earth will eventually move up into as the Earth has already risen into this new reality, so will all of those upon her finally rise into their higher selfhood. All black magic will be completely removed and only white magic will be used to create from. Those in the Islands of Light will learn to create with White Magic once again. When the Earth completes her merge into her Etheric Sphere- her complete divine selfhood will be returned and the lower elements that were attached to Earth will completely disappear out of this matrix of reality. The entire galaxy will rise into a new golden state and the certain universes will be ready to completely return to Source at this time.

If you are interested in becoming a part of the newest school of mystery in the Omniverse, please visit our new <http://www.cosmicmagicschool.com/>.

Begin by purchasing the COMPLETE ASCENSION KIT, and listening to Ascension Kit, Super Frequency Kit and Cosmic Consciousness.

## THE LOST CHORD

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Those who raise their frequency by aligning consciousness into the highest etheric realms become guided like sonar waves into proper alignment with the spheres. There are five spheres on this matrix. There are three dimensions in each sphere. We are already in the second sphere of dimension four, five and six. The energy of the fifth and sixth dimensions has been available to us since May 2008. The energy of the twelfth has been ours since June 2008. Mother Earth completed her Ascension out of the fifteenth dimensional matrix in August 2008. So, actually, many ascensions have already taken place. However, the true ascension is the ascension into the Star System of the 24th realm- Zorak's star system. 8 systems beyond the 16 is the star system that will fully merge Mother Earth into her Star Self. She must align into to the Frequencies of the Star System. The frequencies of Zorak's Star System is being used to create our Island of Light from.

That energy only becomes available to those who raise their frequencies to those dimensions- to the crystalline wave bands of that sphere. The third dimensional mind was trained to lower frequencies into this density for several eons. The sacred geometry can also become densified when the observer bases his sound that makes up the crystal light and gelaizic forms of creation.

The music theory was also a densified control system that did not allow expansion out of this one key world. This octave of reality was frozen. The chord to align this sphere with all of the spheres of this universe, solar system and galaxy will now be returned to earth with a new understanding of the frequencies of the individual and the frequencies of music that pull our minds out of the frozen chords of density consciousness. The Music of the Spheres is the subject that is taught at the COSMIC MYSTERY SCHOOL of the OMNIVERSE.

We are being given all of the building blocks of creation – Crystal – Light and Energy. The Sound and Light of all creation. The Music of the Spheres to build the New Earth, to unite all spheres of this matrix and to expand Universe upon Universe, upon Universe to unite into the Co-Creation of the Divine Mind of each individual and into the Oneness of the Golden Galaxy, and then we will all watch Mother Earth become a Star.

Many of us have heard of the Music of the Spheres and the lost chord. The music of the spheres is the harmonic convergence of all spheres back into their tone of home, the alignment and oneness of all families of consciousness. As we completely wrap our Earth's Matrix into this Crystal Star Sphere of White Light Energy, we pull the entire Earth into her Star Kingdom. These were the missions that I signed up for before I came to Earth. Now is the time for completing what I came to Earth for.

The meaning of the lost chord was revealed to me yesterday. My Cosmic Team has been sending me bits and pieces of the puzzle

my entire life to prepare me for this moment. The last piece of the puzzle is this: 8-8-8 or 12-12. Both of these sets adds up to 24. Zaurak's Star System is the 24. Zaurak is my starry brother. I was the one known as Mary Magdalene. As we resonate our frequencies back up into the 8th dimension of our Golden Galaxy and then 8 dimensions beyond we find our selves outside of Earth's Matrix. The 16th is the Oneness station where we connect completely with Source and then 8 more steps up put us in the Star System of complete return into white light perfection. If we go up the stairway of 12 steps into the Christ Consciousness sphere and then 12 more into Zaurak's Star system, we have the perfect twins of the complete music of the spheres. This is the jazzed up version for those who want the fast ascension through the Andromeda passage.

This Earth matrix has been a healing station. The next station up is a Source Station- we could call it the 16th dimension. The Cosmic team doesn't use these terms, however the sacred geometry contains the meaning. As we lift our frequencies 8 sets higher, we find ourselves in Zaurak's perfect Star System. This system is the Lost Chord. My mission on Earth is to bring these frequencies from this Star System into the Earth's Core and stream Zaurak's frequencies through my consciousness, which is the portal to this star system. Each system is a Sphere. The music of the spheres is the harmonic convergence of all spheres back into their tone of home, the alignment and oneness of all families of consciousness. As we completely wrap our Earth's Matrix into this Crystal Star Sphere of White Light Energy, we pull the entire Earth into her Star Kingdom.

We will create the Island of Light for Zaurak's Star System to resonate and glow through our bodies and through the Earth's body. If anyone would like to join us, the sacred geometry was placed in our Music CD's that was aligned through the angelic consciousness of the 8th, 12th, Cosmic 13-15, Source and Zaurak, as well as all of my family, which is Zaurak's family-Shajinka, Cinderella, Tinker Bell, Winefred and Ziegfried-- our family of Orcas, Dolphins and Whales.

Each Musical Creation that the Angels performed with me this year was about one specific alignment of the music of the spheres. Each week of 2008 had a specific alignment. The Months of May through June were extremely active frequency shift months. The frequencies of Ultra Violet Blue Sun was recorded as I witnessed this event. the frequencies of the Rod and the Staff realigning and streaming upward and outward like butterfly wings was witnessed and recorded. The high frequency days of Sun Vesta streaming her liquid light through. The day of 8/8 which was the completion of the Earth's matrix merging into the Cosmic sphere can be heard on Merlin's Magic CD. The completion of the 8/8/8 can be heard on the DANCE TO THE STARS CD. The ULTRA VIOLET BLUE SUN is that title and the Rod and the Staff is that title. The Music of the Spheres and the Collection of Super Frequencies contain the complete historic account of the Music of the Spheres transforming in 2008. The final harmonic convergence into our lost chord the third chord is Zaurak's Star System. This is the beginning of Earth becoming a Star.

Each of these CD's was directed to me by a different group of Entities, a different set of Cosmic Consciousness Breath, sometimes interwoven through different star systems, some from the Galactic, Christic, Co-Creative team, including Yaway, Anwa, Divine Love, Mother God, Raphael, Uriel, Mary, Mary and Mary, and thousands of others on each CD. Each Entity is known by their Frequency in all other realms beyond the third dimension. Their breath of consciousness is their frequency. Each of these Entities streams their Breath into mine for these recordings. It is their breath of light energy that is aligning us into the Music of the spheres of the new Harmonic Convergence into a Star System.

Mother Earth is now asking us all to merge our consciousness into the Music of the Spheres to raise all frequencies into the highest. As we fill our consciousness with the light energy channeled from

the breaths of angels in each of the realms of the spheres, we lift ourselves and all of Earth into these higher realms.

The REAL power of ascension lies in the DOLPHINS, ORCAS, WHALES, and all FISH PEOPLE on Earth. The Dolphonoid Race from Sirius B are here on Earth creating the Islands of Light for us to move into. aDolphino and I are the Fish People. Just as Mary Magdalene and Jesus were Fish People. We are the fish people who travel into the Under Water Crystal Cities and create light streams of light and sound. Each strand of cosmic light energy is carefully woven through all consciousness on millions of levels. It is a very complicated, complex process of perfecting the harp strings of our consciousness through the breaths of consciousness of all of the Cosmic Angels.

The great architects – the great alchemists in the sky – have always used the science of the keys, the harmonic convergence, the vibrational alignment to create cities, planets, galaxies and the entire cosmos. The science taught in all Mystery Schools was the Music of the Spheres. This science is entirely based on frequency and the alignment of crystalline forms of crystal dust, crystal gel and crystal light through the energy of light, which is frequency.

All Ascended Masters have ascended because they learned to raise their frequencies into the rhythm of the spheres, into the crystal cells that are the reality of what we are made of.

# THE ASCENSION PROCESS

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The Ascension Process has been an ongoing process of removing the grids that were placed in Earth to shield our consciousness from our Immortal, Divine Reality that is actually still here. That Divine Reality was blocked from our perception through veils and grids blocking us from the Stairway to Heaven.

The ascension really did begin in 2000 when the SPHERE 2 grids started being replaced into the Earth. The grids that were putting a reverse spin on Earth and those standing on her were replaced by Divine Grids over a period of time.

First, the grid of Christ Consciousness was replaced, followed by Illumination, UnConditional Love, Crystal River (the stream back to Source), Divine Love, Unity, Wisdom, Victory and Abundance. All of

these grids are now fully restored in the Earth and available for us to access. The grids are within the Earth's surface - just a few feet down and a little above the Earth's surface.

One can most easily align their consciousness with these grids and increase the activation of our ascension and your 12 DNA alignments with just a little meditation work with Crystal Light energies placed within a double 6 pointed star - one star being infused with the 12th dimensional Christ white light and another 6 pointed star on top of the other star that is infused with 11th Dimensional Dark Silver light, which is an anti-matter frequency. The 6 Pointed Star that is fused with 12th Dimensional frequency is a symbol-code or light vehicle that carries your true divine imprint that is kept within the Christ frequencies of the 12th dimension. It basically resets your Divine imprint within your body to the perfect original.

This alignment is the restoration of the Original Blue Print of man - including the Elohim genes and Sirian genes. This is the return of our higher - more improved selves because we went through so much learning in our 500 million year process. We have been de-polarizing the black and the white for eons. The more black there is, the more white there is. Right now we can thank the dark forces for bringing enough black to Earth that our whiteness is going to blast out of here at the speed of light.

The lessons of duality in 3D are to lead us to evolve. Since most everyone has incarnated so many times within the 3D environment (think of how long we have been on Earth and divide that by about 60 - the first seeding was 25 million years ago), we have already learned every lesson there is to be learned, we just need to remember and acknowledge this. It is definitely time for us to graduate. This is why acknowledging and owning all of your past experiences is so important - it's needed for graduation.

People have been ascending over the past 100 years and thousands of years before that. These were individual ascensions

and they worked very, very hard for a long time to ascend. We are in a very special place in the Cosmic Shift of Consciousness that makes it much easier for individuals and for the entire mass at this time.

Now is the Mass Ascension of Earth SPHERE 1 returning to its Tara SPHERE 2. This is a very complex operation that took millions of years of planning. First of all, it got much worse before it got better. The dark forces kept laying more grids of destruction to eliminate the original plan of simply going from SPHERE 1 to SPHERE 2.

Earth was degenerated so badly from being blown up and placed in another mini solar system for regeneration. She was actually placed within a star for protection. The star surrounding her is called Ursa. Ursa contains both SPHERE 2 and SPHERE 3 frequencies of dimensions.

We can only live in a dimension that equals our own dimension of consciousness. As long as we think 3 dimensionally we are trapped in this zone.

In order for us to move to the 5th dimension, our consciousness and our frequencies must already be at that level.

Our guardians created a buffer zone for us to adjust to this new dimension. They created a cross-over dimension that we can glide to consciously and then slide to physically. The reason we can slide to it physically is because we are going to have our vibration raised to that level through all of the work our wonderful brothers and sisters are doing for us right now.

When these records are restored (and I don't mean your last three lifetimes, we are talking millions of years back to when we were in the Elohim Consciousness level).

When these records are restored in our brains, hearts, cells and consciousness, we will remember how we used to shift from dimension to dimension, be in all dimensions at once, create

universes and all that fun stuff we used to do on Saturday afternoons.

So, it's basically a matter of remembering and then realigning our Consciousness to that reality and then re-cognizing that which we actually are - our future selves.

We are getting a massive amount of help right now, both from the Energy Waves from the Sun being released onto the earth.

One of the secrets of ascension is to ask every night before you go to bed, "Please encode me with your codes, frequencies, and fire letters needed for ascension." First, of course, thank them all for all of the work they have done for us for millions of years just allowing us to survive to this point in time. They really love Gratitude for they have worked so hard and so long without people even being aware of them.

Also give them permission to help you. They can't do anything without your Free Will giving them permission to help. You must give it to them. Ask to begin the Initiation process into Ascension. Ask to be coded up. Ask one at a time after you thank them one at a time. Ask Metatron, Mahatma, Serapis Bey, El Morya, Matrieya, Hilarion, Kuthumi, St. Germain, Zadkiel and all of the entities of light that I have not mentioned here to please run the codes, the light language, the fire letters, the energies through you that are needed for your ascension.

Ask to be initiated into the Ascension Process. Joseph and I asked for the accelerated process. We asked them to run the energies night and day no matter how much it hurts. We went through days we couldn't get out of bed, lots of back aches, etc. We could hear our chest and brain expanding - it sounds like a wall being broken down or a steam engine coming through. This is all part of the realignment needed in the body to change from Carbon based to Silicate based form and to clean out all of the old news and put in the new coding system.

Ask for the Sun's energy to be placed in your heart along with the heliotalic energy. This is much more powerful if you ask these energies to be placed within the 6 Pointed Star symbol first. Spin these energies in your heart and blast them out into a horizontal plane around your body. Personally, I like sending my body down in a Merkaba to the Earth's Core, collect all of that lovely high frequency love energy from the Earth's heart, see my self standing in a large crystal egg and then blast the energy from my heart clear out through the Earth and connect it to all of the stars in the universe. I am Crystalai. I am most interested in the Core Domain level of Creation. I like going into the deep energy structures of the universe. The heart of the Earth is the key to this entire universal system for us on Earth.

Utilize this fuel source for take off - simultaneously, spin your Merkaba body counter clock wise and clockwise. I do counter clockwise on the outward spin and clockwise on the inner spin simultaneously. It is actually the 6 Pointed Star symbol that is spinning. Think of two triangles - one inside of the other. The inner triangle is spinning clockwise-it has the pointed end. The outer triangle is spinning counter-clockwise - it becomes a circular spin of the flat end of the upper triangle.

This actually creates a space ship body. This is what a space ship is. Many light beings sometimes unite their Merkaba bodies together into larger space ships of light.

When your Merkaba spins fast enough with the help of your blast off fuel in your heart you can have planetary lift off.

What your body is programmed to do when you get your coding back - Akashic records opened and 12 DNA restored - is to become this space ship - think where you are going and you immediately appear in that place.

Your body changes angular rotation of particle spin - you flash into this mini-me of yourself - it sits in your heart. When you arrive, your

mini-me can re-expand into your body's shape with the angular rotation of particle spin that needed in the next dimension you go to. Dimensions are differentiated by having a different base frequency and a different angle of rotation of particle spin. All of this happens at the pre-atom level and that is controlled through and by your consciousness.

We now have help from Adamantine Particles, Hydrogelezic crystals, the ring and spanners and a host of other beings who are working with Crystal Light Entity - this is our Main Guy/Energy central to all of this transformation process with us and the entire universe. This Entity - this Being of Light has asked me to give you this information. St. Germain and Zadkiel and Metatron asked me to give it to you also.

Crystal Light Entity (CLE) has bestowed a fragrant crystal garment over my body by the hands of Lady Mary. CLE has handed me three crystal spheres created from Crystal Light Energy - a sphere of dust for healing, gel to reform the soul, and light to remove anger and fear. And Angelic Knights of Light said that they will carry the Light anywhere I ask.

These energies of light are here to ease the pain in the transformation into the New Earth. We can ask these Knights Templar to place this energy anywhere it is needed.

Next CLE swirled these three forms of crystal light in an alchemical process to create a New Crystal. This light was placed in my heart and transformed my crystalline energy in my heart and in all the cells in my body. The body must be transformed into crystal light energy in order to ascend or travel through light.

Next CLE said to bring this orb of Cosmic Light out in front of me.

You see, the body itself contains the Cosmic field. Think of your body standing in 5 circles. There are three dimensions in each circle. Your body in reality contains all of these. This is why we can

travel from dimension to dimension. This is why we are coded by these dimensions. We have an actual compass in our cells telling us how to get there. We contain and are God Consciousness, the source of all dimensions.

CLE asked the Beings of light (they have names - but lets just call them beings of light for now) to form 5 circles around me. These 5 circles are the rings holding the five Spheres - our 15 dimensional reality. These rings of light encircled my body placing me in the multidimensional frequency band of all of them. Between each circle of light is a span - the span is another being of light - a particle spin energy that allows the rings to expand and contract.

I was directed to breath very slowly and as I breathe the circles and spans inhale into me and exhale out of me. It is like an accordion that is having air pumped in and the music flowing out at a higher and higher frequency.

These guys - these wonderful beings of light are creating a Vortal for my ascension. They are placing my body in a MutliDimensional Particle Spin that re-ignites the spark, the light of Oneness to pull me into a spark of light that can be transported through their Vortal to the New Earth.

Not only do I have the help of these little guys, the hydrogelactic critters of light who look like little jello like snowflakes are creating, creating, creating everything in my consciousness, transforming it into the mini-me so they can reform me when I get there. See, we never do anything alone - we are interconnected to everything and every entity. We have so much help at every level. We are so loved. :-)

We were originally created from a spark of light then a light transforming into higher beings and then later into lower and lower rates of particle spin. We were already at the highest rate - we were already the Elohim and the Sirian frequencies, we then lowered down to experience this density of consciousness and now we can

return back to everything we were before. We can do this by raising our frequencies back to that level.

Our cellular memory has remained dormant for a very long time. This memory contains in it future time manifestations that allow us to be anywhere in the future we desire - that means one minute in the future or one hour in the future or 10,000 years in the future. It means we can create our day - our next moment in any way we want it to be. It means we can create our castles on the New Earth now.

## **WHERE IS NEW EARTH?**

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There was at one time long ago, when Earth had a different Angular Rotation of Particle Spin (ARPS), but existed in the same place it does now. This original Earth was much larger than the physical planet we stand on now. That original Earth expanded out to where we think of the Van Allen Belt exists in today's science books. That Van Allen Belt area was originally the Spiritual or Etheric Earth in all of it's spiritual splendor until the dark forces placed a net over it and placed the Time Vector Rod in the Earth. This Time Vector Rod created a reversal of energy fields in and around the Earth. This is how the Earth shrunk.

The Earth that used to be here - is actually still here - up in the Etheric layers - but presently it is being harnessed by the Nets used to keep us under control and manipulation through Reversed Angular Rotation of Particle Spin (ARPS) and lowered Base Pulse Rhythm.

The Nets caused by the implantations of grids and negative shields are now being completely removed and the distortions are beginning to clear out of our planetary system by all of the work being done by our Beloved Guardians and the help of the Light Workers.

The New Earth is actually the Old Earth - the way it was before all of the distortions were set in her grids to create a distorted ARPS and lowered Base Pulse Rhythm (BPR).

The New Earth is about 10,000 feet above Sea Level. We can't see it Now because our Angular Rotation of Particle Spin is distorted. The Guardians have created a platform in the Aurora fields that allows them to connect this place to that New Earth.

This will bring us into a time continuum shift as we move into the slide zones that lead to the New Earth, which contains the frequencies of both Earth and UrSa - the Hosting Star Shield around Earth. This Hosting Shield is called Aquafaria.

Aquafaria is only one part of the entire Cloud City structure that will allow us to slide back into our original home. The Aquafairan host was created by Blue Dolphonoids from Sirius B- the twin etheric matrix of Sirius. The original Sirius is still in the Aquarius Galaxy (what we know as Andromeda) The Blue Dolphinoids created a shield to allow for consciousness to acculturate into the third sphere of the Galactic Stars and Cosmic Consciousness resides.

These Consciousness acculturation zones are already complete and have actually already aligned into the Earth's field. The only thing that is awaiting the shift is our own Consciousness aligning into this new reality.

Some will be able to shift up into the highest level of this New Ascension Earth and continue on up into UrSa and go into Star Burst with UrSa. Others will stay in the lower 5D fields of the Ascension Earth Zone that is almost identical to this earth with all of the darkness removed. This darkness will be transmuted gradually. Each individual must take responsibility for transmuting their lower frequencies into the higher frequencies or they will just stay in a 4.5 field that never rises into the 5D field. Eventually they will desire to be pulled up by those with higher frequencies.

The dark elements will not be able to attach to the New Ascension Zone. These distortions - these grids, shields, funnels - tools used for controlling the Earth and those on it- won't exist in the New Earth.

What we have experienced as Mother Earth creating our wonderful spring times was a glimpse of how she will be continuously when her nets are removed. We will experience uncountable colors, fragrances, multitudes of new species that breath both air and water. The visions that we have not yet seen are beyond our present comprehension. All of the Nets that were placed on Mother Earth and her inhabitants that have resulted in pollution and oil spills will be finished forever.

The reason the guardians are able to help align planet earth and the entire system at this time is because of the presence of the Photon Belt and the high intensity of light available. They have been acquiring sun energy from Sirius B and turning it into Aqualene Healing Energy. The waves of Aqualene Liquid Light Pouring in on the Earth and on us is our healing agent.

The Earth drinks this healing aqualene liquid light and sends it back up as Liquid Light Energy through the Earth's body and through our Spirit Body. The Earth has a physical and Spiritual body side - so do we.

Mother Earth was originally in the Aquarian Galaxy. Her name was Ajaho. Ajaho was blown up and scattered into the Milky Way Galaxy. Now our galaxies are realigning into Oneness so we can all go back home. This is the Earth that shifted out of Natural alignment. The Ascension Earth is the original Earth that did not get pulled into the time vector of control. Aquafaria is the hosting shield that will look something like this Earth to those who will still only see that reality. To those of us who see the true Aquafaria, it is magical resort land where dolphins can shift into any reality they prefer. We can create anything we wish with our minds. We have no desire to do anything except create through Love.

Those of us who are the star seeds of Aquafaria will begin awakening to the memory now. We are the ones who will lead all from Earth back home again. We maintained our original divine blue prints from 18 million years ago in the Aquarian Galaxy.

The Guardians opened fields of energy so they could connect this place to that place that is still being hosted inside of UrSa – Earth's star shield. They are bringing us into a Time Continuum Shift that will slide us into the New Ascension Earth frequency and rhythm.

The Ascension Earth will appear as part of Earth and part of UrSa. It will hold qualities of both places, but it is the original Earth - the original pattern that will allow Earth to re-evolve into its Natural Structure.

The patterns of the Cloud Cities, the Aquafarion Under Water Cities, the Winterlands and the Inner Earth Cities of the original Gaia, Tara - that have lived in perfect harmony for eons exist in this Ascension Earth area. There are also areas that will look exactly like this Earth. The old patterns and beliefs will disappear from minds eventually.

There are 15 Light Bands connecting all dimensions of the Earth together. These are a part of the Music of the Spheres that contain the frequencies and rhythms of light and sound that transform us into our higher frequencies of ascension.

To complete total activation into the Immortal Body, the Crystal Heart must be connected into Oneness with mother Earth's Crystal Heart which is in her Crystal Core domain.

This is the area in Mother Earth where Cinderella- my Dolphinoid Mother takes me to soak up the frequencies of Mother Earth's Crystal Heart and to create harmonic convergence with this frequency of the Crystal Heart.

She breathes her Aquafarian Dolphonoid Frequencies through my breath on the CD's Her breaths are combined with many other Cosmic Angels and Entities including Zorak, Merlin, Uriel, and hundreds of others on the Co-Creation Team.

This is how the music connects the voice of the Dolphinoid family from the Inner Earth cities of Light--Aquafarian Realm into our Bodies and into the starburst frequencies, of the parallel 8th dimension, aligning us into the original sparks of source, the golden dust body of transformation that is ready to step through the diamond door into the Future Self of Immortality.

## **FROM GAIA TO URSA**

Here it is. The Story you've all been waiting for. HOW TO ASCEND.

I will give a very short history of how we descended into this density, the big plan of how we will ascend and the micro-story of

my personal ascension formula. I am Crystalai and aDolphino is my partner and husband in this ascension quest.

Where do we go when we ascend?

First I'll tell you where we came from so you will know where you are going back to. We raise our frequencies into the next dimension up. We move up into the next Sphere. We move from Sphere 1, SPHERE 1 (dimensions 1, 2, & 3) and go up to Sphere 2, SPHERE 2 (dimensions 4, 5, & 6) and then later up to SPHERE 3 (dimensions 7, 8, & 9) and SPHERE 4 (dimensions 10 , 11, & 12), etc.

Originally, over 500 million years ago, Tara was in Sphere 2 (SPHERE 2) and Gaia was in Sphere 3 (SPHERE 3) and this earth was in Sphere 1 (SPHERE 1). This earth is the 3D density, Sphere 2 is 5th, Sphere 3 is 7 and higher. These are dimensions or levels of consciousness. We need to know this history of how it happened so we can understand the importance and power of the grid system in the earth, and how the entire ascension process revolves around these grids, and removing the mutations that were planted in us through the grids. It is the recent removal of the dark force grids that is allowing us to finally ascend.

When some extraterrestrial and metaterrestrial races served as gaurdians of Tara this was called the Turaneusiam experiment. This experiment was founded by Lyrans from SPHERE 3. It was overseen by Sirian council members from SPHERE

2. This is why some of us from the Sirian council and Elohim council are back here on Earth at this time.

There were 12 sub-racial dimensions of the Turaneusians, yet each of these had the unique 12-strand DNA passed down from the other god beings. After millions of years of interbreeding with unrelated ET strands this group began to deteriorate. After years of manipulation the Turaneusian race divided into the Alanians and the Luminas --the Adam-Kudmon.

Note that DNA that is spoken of in relational to reality is quite different than the very limited definition offered to us by Medical Science and the Controllers (you can easily understand why the Controllers want us to have such a limited understanding of our DNA). DNA is basically the physical representation of the level of consciousness within form within a person's 3D body. The 3D carbon-based body is part of the overall spiritual body (it is not separate) when one lives in a 3D environment. Basically, as one raises her/his consciousness, one's DNA increases. In the 5th dimension, the 5D carbon/silica based body is part of the overall spiritual body (it is not separate) when one lives in a 5D environment. A person's 3D carbon based physical body changes to a more Silica based body as one's consciousness and frequencies are raised - there is a direct relationship. This is why it is important to always be searching to learn more and to run frequencies through our bodies from the Ascended Masters, Archangels, Angels, Light Entities, Cosmic Entities and other being of light.

These races deteriorated because of the original mutations. Finally Lunian race petitioned help from SPHERE 2 Sirian council and the SPHERE 3 Elohim. At this time the Elohim interbred with the Lunians creating a race called Ceres. This purified the race of Tara. This race - overseen by the priesthood of Mu centered around the teachings of the sacred Law of One and the Unity Consciousness.

Next, the Alanians ran power Sphere energy and employed subterranean grid technologies to over power the Mu. The Templar Solar Initiates were appointed by the Sirian council to oversee the Alanians. The Sirian root race Annunaki rebelled against the Sirian Council.

What the Alanians and Annus were planning to do would cause an implosion of Tara's planetary grid. The Ceres interbred their SPHERE 3 genetic line into the Alanians to try to stop their destructive genetic code.

The wars didn't stop and the Sirian Councils and Elohim prepared for the grid implosion. Many were evacuated to other star systems at this time where they could re-evolve with other races. The power generator crystals exploded and created a chain of explosions that blew apart Tara's grids. The planet stopped revolving for 10,000 years. The Tarans still on the planet went underground.

Because of the damage done to Tara, she could no longer evolve to the third SPHERE . Tara was trapped in the 2nd SPHERE . The planet fragments were pulled into a sun in Tara's universe, vaporized and the morphogenetic field was pulled into our sun and re-emerged into a galaxy within SPHERE 1. This created a mini-solar system. These planets all carried imprints from Taras grid field. So, Tara didn't ascend into her 3rd SPHERE - instead she fell into this SPHERE 1.

Now, after 500 million years, Earth, which is the lowered SPHERE 1 version of Tara is ascending back to Tara's original SPHERE 2 Sirian form and then on up to her SPHERE 3 Elohim form we call Gaia.

This was the fall of man that was interwoven with several other dramas including Adam and Eve, the Draconian infiltration, flood of Noah, etc. into what was written as the Bible and then totally distorted by the Draconians who created the Roman Catholic Church during the Roman Empire to further eliminate the light that was returned to Earth by Jesus, Lady Mary and Mary Magdalene.

This present time period is the first time the Cosmic Shift alignment is allowing the frequencies needed to totally realign this planet back to its original Divine Frequencies of SPHERE 2.

Earth - the fallen SPHERE 1 planet of will now rise into its Pristine State of SPHERE 2 and begin where she left off 500 million years ago. This time, all of the genetic mutations will be removed from this race forever. It is the Indigo 3 children being born now and

over the past 4 generations who are breeding the distortions out of the Angelic Sphere man DNA. Indigo 1's are here to realign the grids through their frequencies of light and Indigo 2's have been our translators. We are in a new stage of development right now that is all about frequency realignment, communicating through frequencies and remembering the frequencies that we originally contained.

Our 12 DNA strand of our original selves will soon be restored. This year and next year for many of us lightworkers, and will be restored to all between 2012-2015.

Part of this return to SPHERE 2 requires our SPHERE 1 form of Carbon based matter to return to the Silica based SPHERE 2 form of less density. Our bodies will appear the same, but our angular rotation of particle spin is being changed to that of the 5th Dimension and our frequencies must be raised to match that of the 5th Dimension.

I learned to understand this science of changing particle spin, increasing oscillation and increasing consciousness by studying my voice as I channelling and recording consciousness from the SPHERE 2 and SPHERE 3 and higher harmonic fields of consciousness over the past 20 years. I kept listening to the difference in my voice frequencies as I allowed these higher beings to sing through me.

The Ascension Vortal album (download is free) is an example of how my voice and my consciousness totally changes to the higher frequencies of the higher dimensions by allowing the higher dimensions to be connected through a faster oscillation and by combining all of the dimensions into one and then interweaving all of the frequencies carried by these great Beings of Light who have been working non stop for 500 million years to lift us up.

Some of us who are here on Earth now were sent as the re-seeding of the original 12 DNA blueprint. Some of us came again from the

Elohim levels of 48 DNA and the Sirian lines of 36 DNA to help restore the 12 DNA to the present race on earth.

This seeding is not done exactly through biology. Some were born and then replaced by a higher form immediately after birth. Some had walk-in replacements later in life and some of it is done by just implanting higher frequencies into our consciousness. The light and sound frequencies that are realigning our chakras and our DNA at this very moment are being encoded in us.

We can speed up this activation merely by asking. The Eternal Beings of Light that are all around us always there to help us, but we must ask. They must have your permission before they can help you because that's how the path to the Light works.

Remember - it's raising our consciousness and our frequencies that increases our DNA and that changes our body into a 5D carbon/silica based physical body so we can evolve and ascend to our beautiful Mother Earth's new SPHERE 2 body - the New Earth (Mirror Earth # 2).

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# ASCENDING WITH MOTHER EARTH

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Those who are standing on Mother Earth are also a part of Mother Earth's Body. We are in the same Sphere. We contain the same Frequencies. Mother Earth's Frequencies are our frequencies. Mother Earth also has a Sun deep inside of her Core. Her Sun is deep inside the Etheric Chambers, the Liquid Light Mantels. Mother Earth has braided and woven her Sun's Frequencies up through her body and into three spheres to connect with and unite with all of the other Suns in the Third Sphere or the Galactic Sphere.

As our bodies stand on the Earth's Surface, we are conduits of all of this Liquid Light Energy of the Inner Earth's Sun Frequencies and the Sirius B Sun's Frequencies. Sun's Frequency streaming up out of Mother Earth from below and from the Galactic Suns streaming down from above. Mother Earth needs us to become a part of this process. She needs us to be ascending with her. As we flow together Mother Earth is very happy to feel all of her family rising with her.

We can absorb frequencies from Mother Earth's Crust where the Divine Christ Consciousness is stored. We can also absorb frequencies of Divine Love, Unconditional Love, Intelligence and many more Divine Qualities from her Crust.

When we travel down into Mother Earth's Core we can absorb qualities of Divine Creativity, Divine Substance, Divine Principle. We can ask AnWa to send the Crystal Star Merkaba down into the Heart of Mother Earth to collect all of these Frequencies of our Divine Substance- our Divine Essence--our Divine Plan-- all of the Divine Consciousness that we share with and reflect through Mother Earth.

We can send our physical bodies down deep into the Earth's Core and beyond into the Liquid Light Chambers and absorb our original Complete Body. This etheric dust body contains all of the keys and codes or remembering all that we really are. We can journey down and collect this sparkly rainbow spiritual body.

As we combine our physical body with this irradescant crystalline silica based body, we can then allow the Suns' energies to remove all that is unlike the original self hood from our physical body and become one with our true Divine Self Hood.

When the physical and spiritual unite into Oneness this is Zero point energy of Oneness. We must unite into Mother Earth's Body and Frequencies to return into this Oneness. This process of obtaining Oneness with the original Divine Self will happen naturally when there is enough light frequency brought into the body as the

body absorbs the Sun's Aqualene Frequencies of the Galactic Suns and Mother Earth's Ultra Violet Blue Suns frequencies.

Once these two bodies become one, then the crystal cells that contain the eternal memory of the Immortal Self Hood Cells are the Crystal Dust Silica Based Cells of our Original selfhood.

Mother Earth shares the same planetary body that we do. We share the same Merkaba Body with mother Earth. We are both in the Earth's Matrix of Five Spheres. These are the spheres of the Planetary, Solar System, Galactic, Universal and Cosmic.

We must merge our Frequencies into the earth. The Earth's Core contains our Divine Principle, our substance, and deep inside the Earth's Etheric Core is our spiritual Body. There is also grids of Love, Unconditional Love, Atmosphere Divine, Truth, Intelligence and the streams of Divine Alignment from our Etheric Twin Matrix.

All of these energies of source consciousness are woven into the Earth from above. The original Fifth Dimensional Essence of the mother Earth's Body is where our Scientists have placed the Photon Belt in our Science Books. This photon contains the frequency that shifts our entire matrix into the home frequency or the fifth frequency. The original Etheric Galactic home of Aquarius is contained where the Van Allen Belt as been drawn in our science textbooks. This Etheric Galactic home has remained in this location as the Ursa of our Mother Earth. Ursa contains the Divine Image and Likeness of Mother Earth, just as our Crystal Dust Spiritual Body in the Earth's Core contains our Divine Image and Likeness.

As Mother Earth returns into her Divine Selfhood, so do we return with her.

The Cosmic and Galactic Entities of Light have been streaming Stellar Wave infusions into the Earth's plane to raise her frequencies back into these etheric realms of Consciousness.

The photon belt contains fifth dimensional home frequencies of transformation to be drawn into Mother Earth.

When Mother Earth rises into the Van Allen Belt of frequencies, she will completely be one with her Ursa, her Original selfhood. She will then be at the Zero G level of transforming into the Golden Galaxy. Mother Earth's Sun, deep inside of her Core Domain is also streaming energy upward through pillars into her Crust. This liquid light energy flows up as the stellar and Aqualene Energies flow inward.

This Liquid Light cleansing of Mother Earth and our bodies is transforming us together to rise into our original Divine Tone of Home. We help raise our frequencies together with the help of the Sun's Energy Streams, through the Earth and through our Crystal Hearts. We spin our Merkaba from our Crystal Heart down into the Earth's Core - deep down inside where the Earth's Sun resides.

Collect this energy, Walk into the Earths Sun and absorb the Frequencies. Bring those frequencies into the Crystal Heart. Now ride the Merkaba to the 8th and collect the Sun's Energy. Ride up to the 14th and Collect all Etheric Frequencies and all Galactic Sun Frequencies. Bring them into Crystal Heart. Become one with all Suns Energies.

When we absorb the Frequencies of Mother Earth into our Crystal Cells, we awaken our Crystal Dust memory, - the Crystal Dust Memory of all that we really are.

These records of our Eternal Being are stored in our Crystal Cells in our Spiritual Body.

Our Spiritual Body is in the Etheric Core of Mother Earth, which is in at one ment with our Crystal Heart. We bring in the essence of our immortal body into our Crystal Heart to ignite our Immortal Being of Oneness.

When our spiritual Body is aligned into our Physical Body our memory will be restored.

Before we can slide back and forth between Earth and Aquafaria we will be pulled through a funnel into the Ashtar Command Star Ships of co-creativity. We will be completely transformed into our 12 Original Blue Print of our original Divine Selfhood. At this time we can live on Earth and sleep in Aquafaria. We have already committed to living on Earth for doing the Cosmic Mystery School of the Omniverse. We made the commitment for this assignment. This is our mission. We are firmly convicted to this mission.

To become the fully Christed Being we must take a slightly different path to the New Earth. We must first go to Andromeda to receive full retrieval of Akashic Records which allows us to return to Source before our return to New Earth. This path can be taken on our way to New Earth this time or sometime later. Most of those who have gone to or originated in the Aquafarion Frequencies of the New Earth have never left for thousands of years. They couldn't imagine wanting more than this. There is a much larger path associated with the Christed Being. It is a personal choice.

MOTHER EARTH is happy to announce her re-connection of her Sun to all of the Suns' of her galaxy and all other galaxies. This complete merging of the Suns' energy hasn't been possible for millions of years.

There is a grand celebration going on in the Earth's atmosphere of the Cloud Cities. All of the entities of the fifth dimension that have lived in the Inner Earth Cities of light have now completely merged with the Cities of Light in the Earth's Aura.

The Cloud Cities, the Aquafarian Cities, the Winterland Cities of Light and the Inner Earth Cities of Light are all connected together and they are having one grand celebration. These Islands of Light are Now creating Zones where those who are still in the third and

fourth can be pulled into the Islands of Light at a little lower resonance. The Islands of Light are being formed by those who already have the Christ Vision of the Fifth Dimension. We already took the trip to Source through Andromeda.

The fifth dimensional frequencies can no transmute those who are lower into the tone of home at various different frequencies.

The completion of the tonal alignment and the electrical Circuitry for the New Light Energy of our New Home base has been prepared for us.

THE CHRIST 12th dimension is the leading tone that pulls and connects the fourth sphere into the fifth. This is the connection to the Lost Chord. The final harmonic connection, the 12th dimension is in the fourth sphere. The Galactic Suns have completed their unity in the third sphere. This means the fourth harmonic convergence has been completed. From the Cosmic level looking down, the four diamond doors are complete. From Mother Earth looking up two harmonic convergences--the first sphere has been pulled into the second the second sphere pulled into the third sphere.

Once all of the suns of the galaxies connect their Frequencies into one grand new galactic frequency, this new rhythmic resonance permeates everything below it--the fourth sphere - the third and second and first sphere all resonate with this new tone of home.

The Earth's Sun also braids into and combines into the Oneness or allness of the Sun's of her galaxy of all galaxies. This harmonic resonance of unity and oneness of all we once were in the Aquarian Galaxy has now been woven together through bonds or wave lengths of sound and light streaming and braiding through every dimension, every entity in every dimension, every elemental in every dimension.

This stream of crystal light energy braids the electric circuit completely into Christ Consciousness. The 12th dimensional Christ

Grid is one foot below the Earth's crust and it is the leading tone or over tone into the fifth dimension which pulls into the completion of the five spheres the harmony of the music of the spheres.

Source Consciousness is the Music of the Spheres.

All that originated from the spark of source placed in our crystal hearts can now grow into a flame. This flame is the Amorea Flame of violet, gold and blue. These colors grow into a rainbow of colors not yet seen by eyes lower than the fifth dimension.

When the crystal heart becomes fully ignited with the light and sound of all dimensions including the Christ Consciousness, the flame will grow into the pure of heart that allows the eyes to see the miraculous of the fifth dimension.

The miraculous is the harmonious alignment of the music of the spheres allowing a new earth a new creation, a new song for God to sing. We become the pure in heart by resonating our crystal heart into the light and sound of the frequencies of all dimensions by weaving and braiding together into one grand frequency of harmonic alignment.

First, understand what and where the crystal heart is.

The crystal heart has been called the azure, the Luxor point- the zero point of where our original spark of light was placed.

This spark of light is God. It contains all that is in Source Consciousness. This spark is ignited by breathing into it the memory the feeling the frequencies of all of the spheres of Divine Consciousness.

The 12th dimension leads to and connects to through a harmonic convergence. This means a raising of frequencies.

What is a frequency? It is the rate of the vibration. It means we are oscillating our consciousness faster and closer to the source consciousness.

How do we connect our Light Bodies into that harmonic resonance in the Earth's crust--or in the 12th dimension or in the suns of the galaxies including Mother earth's Sun?

We connect to this through the crystal Heart. There is no other way to connect to Christ Consciousness except through the crystal Heart. The crystal heart must have its frequencies raised into the five spheres. The crystal heart must be connected into the crystal heart of the second sphere, third sphere 4th and 5th sphere.

Only those who are pure of heart may enter the kingdom of heaven.

The kingdom of heaven is the tone of home, the harmonic convergence. The resonance of the crystal cells of the body into all of the grids of earth including the Christ grid the love grid the unconditional grid intelligence substance eternal life, principle mind.

We become one with source or all that God is by becoming one with all frequencies in all five spheres. The final stage of the alignment awaits the pure of heart.

It will be the pure of heart whom join the fifth dimensional island of light. As the crystal heart absorbs more and more frequencies of all spheres and aligns into all crystal hearts as one crystal heart, the heart grows in purity.

When complete resonance of oneness is established the crystal heart rings in purity. This causes the new language, the frequency of oneness. multidimensional communication.

This purity of heart creates the cells of the heart, the head the entire crystal cell structure of the body to sing in resonance with the spirit body.

The etheric body is deep within the earth's core inside the etheric liquid light of the parallel spiritual matrix. These two matrices are blending together or resonating together into oneness of the physical and spiritual. This results in the pure of heart singing the tone of home where we can see the miraculous new 5D home.

# **HELP MOTHER EARTH BECOME A STAR**

--Creating a Magical Atmosphere

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It is the atmosphere that each of us creates through our breaths of consciousness that determines the outcome of Mother Earth rising into her Star Self. Those who claim to be light workers are responsible to create the atmosphere that will align the HIGHEST FREQUENCIES of Consciousness into and through Mother Earth's Heart.

Let tomorrow be created in the highest image of Divine Mind. Those who desire to live only in the Highest Frequencies of Crystal Light will be the ones creating the Islands of Light that will transmute all lower frequencies of lower dimensions into the Golden Reality.

Once Consciousness is transformed through a continuous streaming of light energies into the pineal gland and amygdala gland, the light streams of the brain may begin to flow through the body. At this time, the individual may begin exhaling their golden frequencies out into their atmosphere three feet around the body and out the surrounding area of their light bodies and then they can begin to create Islands of Light.

My full time occupation is collecting the Highest Frequencies of angelic consciousness and streaming them through my breath so that others may feel, breath and accumulate these frequencies in their Consciousness. The individual must still take the responsibility to raise their frequencies to the level of the angelic breaths in the recordings. Once the frequencies are raising through streaming light energy, the individual can begin to Exhale the Magical Frequencies of the Stardust and Cosmic Rays that transmute the DNA into 24,36 and 48 DNA.

It is the raising of consciousness that causes the DNA to shift into the energy that is streaming into the brain area from the galactic or cosmic realms. The spin rate of these frequencies is the speed of light. The only way the Cosmic Frequencies can be brought into the Earth's atmosphere is through One who already has Cosmic Consciousness.

Zadkiel appeared before me to tell me that I had been on his Cosmic Council in 1954 before I volunteered to come to Earth to bring the Highest Frequencies through music. This healing technology was explained to me by Lady Mary, Raphael and Zadkiel. They introduced me to our Entity Elohim of Hearing who placed a golden pillar in my left ear and connected my ear to the Choir of Elohim Angels.

Next, the angelic team grew larger and larger with the Melchizedeks over looking the process. St. Germain and AA Michael joined in and told me that my wisdom is greatly needed on Earth right now. After

thousands of angels entered the room, Raphael introduced me to three Knights who bowed on their knees and handed me three spheres of light energy.

The spheres were crystal light energy, crystal dust energy and crystal gel energy. The angels explained to me that these spheres of light energy would allow me to sing the angelic consciousness into the atmosphere of Mother Earth. They told me that this energy was needed at this time to Transmute the Frequencies into the atmosphere needed to raise consciousness on Earth.

They said these were the energies that were given to Mary Magdalene by the Templars. She used this light energy to stream the Cosmic Rays from the stars in the Milky Way into her amygdala gland (named after Mary Magdalene). This Cosmic Crystal Light Energy allows the oils and essence of the magical liquid in the brain to flow through the entire body and allow it to shift into the magical Cosmic Consciousness of the 48 DNA. This magical energy fluid that is a natural part of the body once it is realigned with the Cosmic Rays, allows the body to heal instantly, live eternally and manifest the kingdom of heaven on Earth. The angels directed me to create INDIVIDUALIZED IMMORTALITY CD's by streaming crystal light energy through the client or patient's amygdala and pineal glands and aligning whatever rays of cosmic energy were needed for that specific individual's needs. This resulted in instantaneous healings for many of those individuals.

A few months after I received these instructions, another team of angels appeared to me to sing on the recordings. These were the Seraphim angels with Serapis Bey, and then Goddess Hathor's angels appeared. Before reaching my third initiation my family of consciousness of Oraphim angels joined in, bringing the most refined energies of all.

The frequencies pulled me higher and higher into my final initiation of ascension. My team has given me all of the formulas and tools to guide others in these activations that raise the frequencies into the Cosmic Realm.

It is the frequencies of the co-creators in the fifteenth dimension of the Cosmic Realm that allow me to Exhale the Magical Island of Light that contains the Star Dust energy of co-creation.

This is the magical substance that we exhale our Heart's Desires on to as we lift our subconscious into Oneness with our Higher Self of the Super Duper Duper Consciousness of Instant Manifestation.

Where does the Instant Manifestation come from? It comes from becoming Normal. When we return to our normal Immortal Template, that is only obtained by Raising our Frequencies into the Highest Cosmic Realm of Co-creation, we become co-creators of our desired manifestation.

Those who desire to create chaos and destruction may also have their hearts desires--but they will never obtain the Magical Kingdom of those who desire to fill their hearts and minds with the Highest Frequencies.

Those who are exhaling these lowered frequencies out into their Islands of Light will be aligning that reality into and through Mother Earth's Grids. Mother Earth is here to accommodate all who stand in her atmosphere. She will create the atmosphere that resonates with our Consciousness. Those who resonate destruction or even thoughts about destruction into their atmosphere will create more of that atmosphere.

She would also gladly accommodate those who desire to exhale the magic into their Islands of Light. Those who acquire the frequencies of light from the Cosmic Realm and desire to be transmuted into this etheric magical consciousness will be granted this wish by Mother Earth. She will align her grids of consciousness through those standing in her atmosphere into the Oneness with the Highest Frequencies that those transmute into.

The frequency collections on Cosmic Butterfly, Crystal River Flow and Ultra Magic Blue contain this alignment of the Cosmic Rays

streaming through these three magical spheres of light into my breath and aligning through Mother Earth's grids and into her Crystal Heart. The entire Super Frequency kit was created for this complete alignment. My Crystal Heart becomes one with her Crystal heart in the exact harmonic resonance of the crystals frequencies streaming through my cells as the Oraphim angels breathe their magical consciousness into my crystal heart and I exhale onto the magical microphone created by the three spheres of light energy.

This is the greatest gift anyone can give to Mother Earth. Allow her to become a Star as you align these Cosmic Frequencies through your heart into hers and breathe this kingdom of heaven into her atmosphere.

# **MANIFESTING OUR MAGICAL KINGDOMS**

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The reformation is done from the inside. The crystal cell structure of our temples is becoming more and more etheric as the carbon energies of the physical form are transforming into silica based properties. The transformation is completed through the music of the spheres. All must be connected to all. Our harmonics will transpose into a symphony aligned into the Heart of Mother Earth through the Cosmos and out through the Omniversal Structure of our Golden Galaxy.

The entire elemental chart of 144 elements of structure are being replaced and transformed as each dense form changes into

thousands of new silica based forms of etheric energy. All forms will realign into grander entities than our galaxy has known before. We will become galactic families and omniversal friends. The teachings of the Cosmic Mystery School of the Omniverse are the minds of all great teachers from the past eons creating the greatest teachings of the present eternity.

Our eyes have been dimmed by disbelief and the help of the chemicals placed in us by food, doctors and pollution. Our minds have been dimmed by the stupidity of education and religion.

All of these miasms that were planted inside of our cells that cause our bodies to rot into dust are now being totally removed from those who choose to REMEMBER who they really are.

This is the first step. To truly desire to remember who we really are. We are the spark, the light, the sound, the foundation of the Divine Mind. As we reconnect our minds into oneness with this divine belief system, the third eye, the rishi eye, the eye of Divine Mind opens into its full connection and alignment with the eye of the spiritual self that contains all that is in Divine Mother.

Our eyes become movie projectors of all that is in Divine Mothers eyes. Our movie cameras can only work when our entire being allows its crystal cell structure to realign with the allness of Source.

This means a structure based on belief structures of stupidity will have a hard time aligning into Intelligence. We have searched for ways to dissolve these structures through believing. But, what are we believing? Are we believing that we will have more money, a better car, a fun job?

All those beliefs will do is add more energy to the control mongers who put us here in the first place.

What we must desire now is to realign into our Cosmic grandness. In this complete integration of our 12 dimensional selves we become the true creation of Source, where we create universes,

not a tiny farm hut. We need to see our crystal cities inside of our heart grow into mansions in every room where we swim and fly with fairies. We must remember our Oraphim families of dolphins, whales and mermaids.

When our minds are aligned into the Future Self that has been refined through the Diamond Door, the magnetic frequencies will pull to us our grandest heart's desires. This frequency is strong enough to transplant the lotto numbers of our heart's desire onto the winning lotto screen. Why ask for a better job, when we can project the winning lotto numbers any time we desire to win?

We can't do any of these things until we truly remember who we are and align into the frequencies of our Cosmic grandness. Our true immortal template simply creates the heart's desire in the crystal heart, aligns crystal light energy to stream the movie projector from the Cosmic Co-Creator's magical movie into the pineal gland, stream the light into the medulla oblongata of our original immortal template, and then exhale onto the screen of the golden stardust movie screen--the substance of all things hoped for.

# ACTIVATING THE LIGHT BODY

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When the body is aligned into the frequencies of consciousness, the light factor of starburst energy lifts the physical to transform into a more etheric form. This is caused by the heliotonic energy from the Cosmic 14th, the sun's energy from the parallel 8th and the star energy from the Milky Way. The magical stardust streams through the frequency wave files from Ursa Major.

The stardust frequencies are the magical essence that was used for magical creation of anything the heart desires. It was called prana. This prana is streaming into the Earth's Matrix through the consciousness of my starry brother Zorak, who is on a very large co-creation team with other great light workers such as Zeena, Uriel, Zadkiel, Merlin to name a few.

All of these entities have breathed their magical consciousness frequencies into these Cosmic Wave Files. Merlin's Magic CD contains the magical formula of white magic.

The Neutron shifts the body at a subatomic level. When the neutron unites with the portion of our molecular structure, the body shifts into a light body.

When the frequencies shift to this level, we can then connect two rings of helium from our crystal heart and spin them at the speed of light out to the 24th dimension of Zorak's Star Dust Frequencies.

This wraps the body in golden stardust. The body then begins it's incubation period before the listener can begin flying out as a butterfly into the normal immortal body template.

The stardust transmutes and transforms the body into the immortal body template that has instant healing, instant manifestation and eternal life. These stardust frequencies will be pouring down on Earth in Spring of 2009. In order to connect into the frequencies of this stardust energy one must align their frequencies into the highest crystal light energy streams of connection.

The Lunar Vision Frequency Kits were created to prepare the consciousness for this alignment that will allow dramatic shifts in consciousness as the stardust frequencies pour in. Most will not even notice anything is happening. The frequencies must be felt. The frequency kits are to help feel the highest frequencies and to align into the even higher frequencies as the come to Earth.

The Ascension Kit, Cosmic Kit and Super Frequencies Kits prepare the body to absorb the new stardust frequencies. Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.

Listen to, and feel the frequencies, align your breath of consciousness with the frequencies of the frequency music. When you can feel the frequencies inside of your cells and feel them when you breathe, you will be connected as a sonar station between our Dolphonoid families in the oceans, in the underwater cities of light, and into the Milky Way, Sirius B and beyond.

Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.

The Template of Immortal Man is our original selfhood. The man who was originally made by our god selves and the one Source Consciousness. This Frequency Wave Music shifts consciousness into the Manifestation Template.

# **MAGICAL FORMULA FOR CREATING COSMIC ISLANDS**

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What do I need to do to create an Island of Light?

Everyone will be creating Islands of Light. It just depends on what kind of an island you want to live in. The higher you raise your frequencies by listening to and absorbing the angelic breaths of consciousness in the Cosmic Wave File CD's, the higher your DNA will be activated. The level of the DNA activation determines the type of island that your frequency resonance will create. If you follow all of the guidelines of the Cosmic Magic School, you will create a magical kingdom of Co-Creative Consciousness. I am an angel sent by Zadkiel's co-creation team to create this island on Mother Earth. Those who know they are here to fulfill this mission will be magnetized to this angelic frequency and will dedicate themselves to supporting this mission.

The activation of the cellular memory of Mother Earth to allow her to create Islands of Light and to become a Star must be completed by those standing on Mother Earth.

There is a Magical Formula already set in place for this to happen. All of the sacred geometry has been set into place and the streams of light energy are pouring down into our frequency grids. The signatures of all of our higher selves are waiting to be aligned into our consciousness.

Mother Earth is waiting for her complete activation of becoming a star. She knows that there are those of us who have arrived on Earth during this Aquarius season to assist her in her ascension. It is the Divine Duty of those who are on Earth at this time to become very active in this assistance.

Those of us who know our purpose of being on Earth at this time are now remembering how we will create Islands of Light together with Mother Earth. We will be the activators of the entire star system to grow through us and through Mother Earth.

We activate the cellular memory of Mother Earth's Star Essence as we ride down into the Core of Mother Earth and collect the memory of our Immortal Body in the 13th dimension. (This is the memory of immortal essence of Eternal Life, Instant Manifestation, instant healing, Divine Love, Divine Plan, Divine Truth--all of the qualities that Source breathed into this grand idea of his eternal reflection).

We travel deeper inside of Mother Earth to ignite the memory of our crystal selves from our galactic memories of creating the cities of light and the underwater cities of light.

We can now return to that memory of our true immortal selfhood. This causes the resonation of the crystal cells with our cellular memory and this is what Mother Earth must have to begin creating the atmosphere of divine Love Consciousness that will stream from her cellular consciousness back into ours as we become one with Mother Earth. When we raise our frequencies in Cosmic

Consciousness, we can become a Star as we walk through the diamond door and merge into oneness with star dust frequencies from our Milky Way Star Selves to ignite that star dust memory into the Soul of Mother Earth.

Mother Earth will assist us in creating these magical islands of light where we stand upon her surface and connect our feet into her Christ Consciousness grids and connect through a pillar of white light energy through all of her magnetic veins of love and light.

The funny part of the formula is this: We are the ones who must accomplish the transmutation of consciousness. Mother Earth cannot transmute us into a higher consciousness. Only those who are streaming their cellular memory into hers can transmute their own cellular memory into her frequencies.

The Islands of Light that each of us creates in the area of the 54 foot radius around our bodies will be the Islands of the Frequencies of our present consciousness.

Those of us who have activated their magical 15th dimensional co-creative consciousness of angels, devas, fairies and elementals will begin to live in this Magical Kingdom, and our bodies will become extremely etheric. We will have direct moment by moment direction by our higher selves and instant manifestation ability that is in direct alignment with the Divine Mind.

Those who continue to focus their frequency structure into the 3.5 dimension of a better social structure with a few less politicians and fewer wars to end will create those islands of light. They will magnetize to them those of the same frequency and the same mission.

Their islands of light will probably be much larger than ours. Only those who sincerely dedicated to the mission of becoming a star will be magnetized into our island of light. This is a mission that only

a consciousness that can understand raising frequencies into the etheric realm of light and sound can enter into.

Those who are on Earth at this time who feel like this is their mission will be drawn to this frequency activation work. They will be drawn to hearing the breaths of the angels that have prepared the DNA activation that will allow them to create these Cosmic Islands of Light. They will be drawn to take workshops on raising frequencies and creating islands of light. They will most likely come to Nepal with us and create an entire city activated by Cosmic Consciousness that will grow into the city of lights as the first spark of returning home into our Golden Galaxy.

Those who will be drawn to us will be creating Islands of Light where their starry children can live in the Golden Galaxy. Those who know that their children are the starry children and the golden race will be drawn to creating this Magical Kingdom in Nepal. This is a city of angels. A city of golden children who will be learning sacred geometry and the music of the spheres in a musical atmosphere of creativity. These children will be breathing the atmosphere of the divine creation and Mother Earth will ignite a divine atmosphere of co-creativity where magic will appear. This will be the Cosmic Magic School just outside of Kathmandu.

For those who know that they truly want to rise above and out of the old world--the Cosmic Wave files will lift your frequencies to levels where your Island of Light will be created through Cosmic Consciousness.

# **TRANSFORMING INTO GOD's MOVIE**

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The time of the reverse spin is over. Mother Earth is spinning forward now. Those who are in the flow of ascension with Mother Earth and with the accomplishment of her Star System will contribute through raising frequencies. The new time of Cosmic Energy will only allow lower frequencies to become transmuted into higher frequencies. Those who continue to drag down angelic messages and angelic frequencies will simply be left out of the movie of the ascension until they decide to join it.

Please remember that it is not the individual himself who is choosing not to ascend. It is only the lower frequencies who are

not ascending. When the lower frequencies become transmuted into higher frequencies through the stardust frequencies wrapping Mother Earth in a blanket of Cosmic Frequencies, all frequencies will be lifted. When the angels look at us they see us all transforming into the light spectrum. It is only us who can't see that we are already mostly etheric and it is only our eyes who do not perceive our immortal body is present. The magical reality is already here. And it is not a Phantom movie as some are claiming.

We can all hear the reality through the breath of consciousness. As one's frequencies shift into this magical movie, their voice shifts. It is the breath that can tell you if one is in a dark movie or a light movie. When I go into the crystal caves with Cinderella- my mermaid mother and she breathes through my voice, my voice is totally altered into the magical etheric sound of the cosmic realm. It is the breath that is the indicator of ascension. When my breath stays the same as it is when I am in the Mother Earth's Heart when I return to this realm , this means I have completely ascended. I have received many glimpses of this ascension. It is simply a matter of spending more time in the higher frequencies than in the lower frequencies. When we actually make the decision to just stay in the frequencies of the Crystal Cities or the Crystal Caves for hours or days on end, this is when our complete template will shift into this new standing wave pattern. When I leave the Cosmic Wave Files on my ears continuously day and night for a week at a time I can make this shift. However, now with the stardust frequencies absorbing my Island of Light, I can get there much faster.

We are now creating Islands of Light. We create these Islands of Light by allowing the movies of the co-creators in the Cosmic Realm together with the Christic Light energy and the Stardust energy flowing through the movie projector's light streams to imprint their movie of the highest frequencies into our third eye movie screen. Those who allow those streams of frequencies to enter into their consciousness on a permanent basis will be living in the magical movie of their God Movie. Only those of the same frequencies will be in that movie, because that is the new rule of

ascension. All of those who choose to stay on a lower frequency channel will not be in the movie. They will have to go make their own movie from their lower frequencies some place else. Those with reverse spin ideas will just have to go create rocks out of their movie screens because they will keep spinning backwards until they have no movie screen. Everyone has the divine right to be in whatever movie they wish to be in. This cannot be prevented.

A major part of the Ascension process is the transformation of bodies into a new silica based form that is much more etheric than the carbon based form. We have already had our bodies transformed as a result of continuously absorbing frequencies of the music. Our bodies actually know which frequencies they need. When you listen to Cosmic Wave Files you will feel if the cells in your body are resonating with a certain CD album. This will be the level that your body needs at the time. The transforming of cells into crystal cells is the beginning of the complete transformation into the silica based body of Immortality. The frequencies also align the consciousness into the Crystal Light Energy channel streaming into the Third Eye projector that allows us to create GOD's MOVIE.

Some frequencies feel abrasive to those who are not ready for them yet. This means they should probably go down a few levels in frequency channels until their movie channel adjusts into the God Movie. Some of the frequencies from the Dolphin Magic album are much higher, and yet very smooth and easy to listen to all night long. The channeled words from this album were directly from Dolphonoids and Mermaids in my Aquafarian family. The frequencies are to help your cells resonate with the Aquafarian Crystal Cities. The coded God Language and Angelic Breaths in the Ascension Vortal and Christmas Ascension are probably the easiest for a beginner to listen to. The entire Ascension Kit contains a step wise frequency tolerance ladder from the Vortal, to the Portal to the Vortex and finally the Magic. Cosmic breaths of angelic consciousness can easily be absorbed in order to cause the body to transform into the silica based form from the carbon based form.

There is an obstacle to overcome that might be blocking our light of cosmic wave frequencies from entering in because of the continuous reversed spin placed on technology. It is the reverse spin that has been placed in most technology on Earth by the dark forces. The technologies include music technology, energy technology and medical technology. We have always had access to our silica based body. However, the medical industry, advertisement industry, all government assisted industries base their reality system on the carbon based body. The carbon based body can't be healed. The medical industry knows this. They know that as long as they keep the body lowered into that three dimensional reality system, the body will not be able to align into it's light energy that transmutes it into the silica based body that will heal instantly. For example, when Joseph's body (my husband) was ran over by a truck and three cars last year. The doctors first said he wouldn't live unless they operated on his brain. I refused. Then they said he would never walk again. And they said he would have pain forever. Each time a doctor brought me this unenlightened information I turned around and gave them an hour lecture on how the reverse of their belief is just as true if they would base the reality system into the Christic realm instead of the carbon based three dimensional realm. Then they argued that they were a Christian hospital and that their beliefs already aligned with this reality. I said, great. Then you can know as I do that Joseph's body is a silica based body and doesn't need the types of remedies that you provide for a carbon based body. I told them that all Christic bodies are already silica based and can be healed instantly and we do not need to worry about all of their analysis. The doctors believe that their methods are advanced and proper and they are based on all of this research, and they think that the work of light is ancient because it was used thousands of years ago.

I removed Joseph's body from the hospital and he was thinking clearly and walking within two months after being removed from a reality system based on a carbon based body and woven completely into the frequencies of the angelic breaths of consciousness on the Cosmic Wave Files. Our frequencies of a

silica based IMMORTAL BODY that was originally created by our Source Consciousness and our Galactic Godselves have never stopped being the reality that we can step back into. However, it was very, very difficult because of the reverse spin placed on our minds through this very medical education that is reinforced in every aspect of our lives. This reverse spin mentality of medical science is most firmly implanted into us through the reverse spin frequencies of education and the lowered frequency spin of all music technology, radio and t.v. stations and all other electronic technologies placed on Earth by the dark ones blocking our stairway to heaven. Each time I placed our earphones onto Joseph when he was in the hospital the doctor's technological readings would shift. One hour they would say he couldn't eat or swallow, and then one hour later after he listened to the music he could. Each time they did a test, the results would shift dramatically. This was because the light of the angel's frequencies was transmuting the technology in the hospital.

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