SUPER FREQUENCIES KIT

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Table of Contents

SUPER FREQUENCIES KIT

ABSORBING FREQUENCIES

SUPER FREQUENCIES KIT

CDs - Dance to the Stars, Heavenly Dolphins, Crystal River

CDs - Mother's Day, The Rod and the Staff, Merlin's Magic

LISTENING TIPS

MERLIN'S CRYSTAL MANIFESTATION MEDITATION

GUIDELINES FOR LISTENING

INSTRUCTIONS FOR LISTENER

THE IMMORTAL BODY IS FORMING NOW

INSTRUCTIONS FOR LISTENER

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SUPER FREQUENCIES KIT

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The frequencies of the angels are already in the music. I already did the thousands of hours of meditation and connecting my consciousness into oneness to create these CD's. This is now your opportunity to soak up the frequencies. Feel them, breath them, exhale them.

Begin by just knowing, feeling, absorbing, becoming one with these FREQUENCIES. Don't worry about formulas, codes or any of the past ways you have learned to do anything.

Just ABSORB the frequencies until you feel yourself RESONATING IN HARMONIC ONENESS with each breath. Listen closely to discern that there are hundreds of breaths in each recording. Each of these breaths is an ENTITY- an ANGEL communicating with you through their breath of consciousness. This is how Angels communicate.

This music came from a group of angels sending me a cosmic formula. This formula brought the highest frequencies to Earth through music.

The music already contains the highest frequencies. What the initiate needs to do is feel, realize and absorb these highest frequencies so that these frequencies lift their frequencies higher and higher into a harmonic resonation with the angelic frequencies.

The music was part of the training of our Cosmic Mystery School of the Omniverse training from Kuthumi and his team. The music was also a combination of angels appearing as steps leading to higher and higher activations and understanding.

Each initiate's ascension process is completely individual. The steps to gaining ascension into the realm of consciousness of the Cosmic Angels includes the initiate's dedication to absorbing, feeling, aligning into the harmonic attunement of the frequencies.

The meditations and training in the Training Kits contain the breaths of alignment that were used to lift Crystalai's Consciousness into the alignment needed to collect these frequencies.

If the initiate wants to utilize the meditations and the training to lift their own consciousness into this growth, that is the initiate's choice.

Each time the initiate completes a meditation in the Training Kits (Complete Ascension Kit, Ascension Portal Kit or Pure of Heart Kit), they should then listen to the music to keep their frequencies continuously lifted into that alignment for the remainder of the day and night.

It is recommended to listen to the music on the Ascension Kit after doing the meditations in the Complete Ascension Kit.

It is recommended to listen to Cosmic Consciousness and Family Kit after working on the meditations on the Ascension Portal Kit. We recommend listening to the Super Frequencies Kit after listening to the final Kit-- Pure in Heart.

Of course, all kits and individual CD's may be listened to for help in raising frequencies into ascension and DNA activation.

For those who simply want to absorb the frequencies and resonate with them, they simply need to follow these steps.

For those who want to seriously raise their frequencies and consciousness growth, they simply need to follow these steps.

ABSORBING FREQUENCIES

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- 1.Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.
- 2.Listen to the recordings, and feel the frequencies, align your breath of consciousness with the frequencies of the frequency music.
- 3. When you can feel the frequencies inside of your cells and feel them when you breathe, you will be connected as a sonar station between our Dolphonoid families in the oceans, in the underwater cities of light, and into the Milky Way, Aquarius, Sirius B and beyond.

4. Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.

The Template of Immortal Man is our original selfhood. The man who was originally made by our god selves and the one Source Consciousness. This Frequency Wave Music shifts consciousness into the Manifestation Template.

METHOD

- 1. When listening to the CD, FEEL the frequencies that come out of the CD. The Initiate can breathe in the frequencies and exhale the frequencies and feel them in many ways.
- 2. Listen again to a new set of frequencies and FEEL the frequencies.
- Listen again and notice the difference of frequencies that you feel between the two different sets. This can be done over and over again for there are so many sets of frequencies on each recording.
- 3. Begin to feel, realize and know each frequency as a wonderful Angelic entity a breath of consciousness.
- 4. Feel the Breaths of Consciousness becoming a part of your consciousness as the Entities begin to penetrate your Consciousness with their high frequencies.
- 5. Begin breathing in and exhaling these frequencies and feeling the frequencies.

- 6. Feel the frequencies streaming through your cells and bloodstream.
- 7. Feel the frequencies tingling and sparking inside of each cell in your body.
- 8. Next, feel the frequency filling your lungs with the fire of the Divine Flame of Oneness.
- 9. Next, feel the frequencies as you breath and exhale the magic into your atmosphere. Create your atmosphere divine.
- 10. Absorb more higher frequencies and watch your structure of your body begin to transform.
- 11. Absorb more and more higher frequencies and notice how you look and feel younger every day.
- 12. Notice that you haven't experienced any pain for a very long time.
- 13. Notice your life begins to shift. You start magnetizing into your life only those persons who have the same frequency of consciousness that you do. Some will become interested in becoming more like you, and others will just stay away from you. You will notice people leaving the room when you enter. This doesn't mean you become unpopular. It means you become surrounded by loving compassionate people who have a strong desire to be in a harmonious circle.
- 14. Notice all of your problems beginning to disappear out of your life. You no longer magnetize to you anything negative.
- 15. You begin creating an Island of Light of pure Consciousness and Mother Earth can now wrap you in her arms of magnetic vortices that will allow your atmosphere to shift into a magical new reality field.

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Dance to the Stars CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0010_DS

The music of the spheres has aligned into a brand new harmonic conversion allowing those who listen continuously to: Raise Frequencies to a level where you become a harmonic convergence into the grand Aquarian motif. We sing the cosmic symphony of evolution through our breaths of consciousness. As

we harmonically align with the Cosmic Breaths of Consciousness our entire cellular structure sings in harmony, and becomes completely transmuted into this Cosmic Symphony. We each contain a melody of fraternal essence and our angelic co-creative consciousness. The light streams and sound of the breaths of angelic consciousness are streaming through our minds, our cells, our atoms, our molecules. All of the Suns of all of the Galaxies are singing in magnificent rhythmic streams of crystal light energy of aqualene texture. Our crystal heart glows and dances as it wraps the stars beyond this matrix into the zero point of the spark of source. The ignition of Oneness takes place and it feels like the tone of home, the stardust energy, the radiance of omnipresent Divine Love.

Heavenly Dolphins CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0011_HD

The Oraphim Blue Dolphinoid Family originated from the Aquarius Galaxy, Sirius Etheric Realm. The family that remains here now is Sixth Dimensional. They are the electronic circuitry of this entire system. They continuously run currents of connection up through the Cloud Cities. Now our Starry Family is connecting that circuitry to align us with the entire five spheres of this matrix.

Crystal River CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0012_CR

The crystal cells become awakened from the crystal cell center outward into the pineal – the crown and down into the feet- the body lights up like a light bulb and we become the new energy on Earth. We become the light bulbs of our new pranic creation

of energy as we connect to the Starry Brother's electromagnetic funnels lifting us into our Islands of Light We can now begin spinning forward into our new realities of our immortal selfhood.

Mother's Day CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0013_MD

Thousands of entities shared their vibratory energetic codes in this creation of a re- dimensioning and aligning through strands of liquid light energy to bring all of their consciousness vibrating in synchronistic union to help the listener expand into a higher experience of the galactic form of Being. We have recorded 48 and 96 DNA from all of the stars of the galaxy and braided them into Mother Earth's Heart where she has stored the Immortal Templates of our ORIGINAL SPIRITUAL ESSENCE in order for us to retrieve our True Selves and to be REBORN into our NEW GALACTIC SELFHOOD.

The Rod and the Staff CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0014_RS

This is the memory of all we really are. We have even recorded 96 DNA from ULTRA MAGIC SUN ALCYONE and expanded these frequencies out into the Star System of Zorak and through the Stellar Frequencies braiding with all of the Galactic Stars. This is an ULTRA 96 DNA BOOSTER.

Merlin's Magic CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0015_MM

We begin to create with White Magic as we shift into the standing wave pattern that one places their Consciousness into is the one that the body will realign to. If we continuously focus our Consciousness into a higher realm of frequencies that we can clearly feel penetrating through our cells, our blood stream, our atoms, our air, our water, we can complete shift into this parallel reality of a higher consciousness. As we continuously walk into the frequencies of our FUTURE SELVES, we are living in the parallel reality of the Magical Kingdom.

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LISTENING TIPS FOR THE SUPER FREQUENCIES KIT

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ROD AND THE STAFF

Feel, imagine, as you listen the experience of the Rod within Mother Earth which was placed in a reversed spin to throw Earth completely of balance, becoming straighter and straighter until it becomes completely aligned and balanced along the Earth's axis and then rises into the balance and harmony of the Dove.

Imagine this much balance being restored inside of the Earth. Feel the balance and alignment as the breaths weave and braid and stream into stronger bands of light energy merging and pushing and bending light energy into perfect harmony.

Imagine this much balance being restored within the time period you listen to the music.

As you are listening to the hundreds of angels singing from the Cosmic and Universal Galactic Realms, feel how their consciousness is blending and working together in harmony to restore balance and oneness. Feel them realign and stream the balance of uprightness into the Earth's matrix and feel the same metamorphosis taking place inside of your own body.

Feel the streams of light and photon sound being ignited in the DNA in your body.

Feel the DNA in your body being filled with this photon sound that is balancing your pyramid of light around your DNA just as it realigned Mother Earth's Consciousness back into the harmonic resonance with the universe.

CRYSTAL RIVER

Feel the Crystal Rivers flowing down as streams of liquid light energy from Sirius and from the Suns of the Milky Way.

Feel the liquid light filling the pineal gland until it runs over with Cosmic Consciousness. Imagine the pineal gland being the cup that runneth over with love or the Holy Grail.

Feel the pineal gland become activated to spin forward and begin playing the Cosmic Movie of the All knowing Consciousness.

The pineal has been spinning backwards because there were seals and veils placed over it causing it to get stuck in reverse.

All of the holograms of negativity are now melting away. Feel the old holograms drop away from your pineal permanently.

Feel the liquid light streams penetrate the crown chakra into the pineal gland. Feel the crystal river flowing into the pineal until you sense a tingling and vibration in your ears. Keep filling the pineal with light energy until the DNA is completely activated by the crystal river frequencies.

MOTHERS DAY

This music was created on the day that all of the suns of the Milky Way sent their streams of light energy into Mother Earth.

The frequencies in this music contain the DNA activation of the violet flame of ascension.

Absorb these frequencies until you can see a blue aura around your body.

You will see your skin take on a golden glow and if you look out the corner of your eyes, you will see a blue aura.

HEAVENLY DOLPHIN

These frequencies came from Oraphim Dolphinoids in Sirius B streaming down and the frequencies from Oraphim Dolphonoid Mermaids in Aquafaria in the Core of mother Earth streaming frequencies up.

Feel the cleansing of the Aqua Violet flames streaming through your DNA and wrapping and braiding them together into a chord with the frequency streams of turquoise streaming upward.

Feel the shift in your consciousness as your DNA is pulled into the heavenly consciousness of Dolphonoids who live and breath for the purpose of love and creating new rainbows of reality. These streams of light energy are generated from the Highest Frequency of UnConditional Love created by Source.

DANCE TO THE STARS

The rhythm of Mother Earth's Heart is aligning into the drum beat of our heart. The new Base Resonate Pulse of the Earth's Matrix including the Milky Way Galaxy, Universe and Cosmos is the Sacred Circuit that returns us to the TONE OF HOME.

We are now aligning our vibrations into oneness as we dance through the stars aligning our harmonic vortexes with all of the angelic consciousness streaming and braiding in a unified drum beat.

Feel the rhythm of the streams of light and photon sound that the angelic consciousness is streaming and braiding into a new base resonate pulse.

Feel this pulse in your heart.

Feel the alignment of your heartbeat into the heart beat of Mother Earth.

Our body, the Earth's Body and the Universes Body all respond to the Electromagnetic Pulse called sacred circuit.

Feel Electomagnetic pulse in the music.

Feel how your body responds to that rhythm.

Feel your body share this pulse with the entire existence of the Cosmos.

Feel your body become a magnet for the Electormagnetic Funnel aligning this new energy and rhythm into you. Feel the love and trust building energy from the Cosmos to yourself.

Feel the Love, Trust, Gratitude and Bliss drawing and aligning the balance and rhythm of the entire universe to you.

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MERLIN'S CRYSTAL MANIFESTATION MEDITATION

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MERLIN reminds us that we must announce the incoming light into every cell in our bodies. The formula of co-creation requires announcing the incoming light into every cell in your body. It is a time to remember, to re-cognize, to realign the entire structure of the mind and the body into the frequencies of light that are in the dimensions of our selves that we have not yet allowed to become a part of our lives. Each crystal cell in our body must be completely full of all of the breaths of Cosmic Consciousness from every dimension.

Merlin said we must announce the light into the crystal cells in our bodies. He did not say the angels would announce the light. He did not say that the sun would announce the light. He said that we must announce the light into the crystal cells of the body.

We announce the light energy into the crystal cells through the Breath of Crystal Light Energy in our CD albums and meditation kits. We use Merlin's formula of White Magic, which is the alignment of every crystal cell in the heart, the brain area and the breath to be filled with the complete spiritual essence of the dimensional frequencies of the 12th dimensional Christ Consciousness, the 13th dimensional frequencies of the Earths Crystal Core Domain, the 14th dimensional frequencies of the etheric realms and the 15 th dimensional frequencies of the co-creative realm.

Now see your body and crystal body in sphere two. Inhale all of the frequencies from spheres one through five into the crystal heart in the body of sphere three.

The crystal sphere can be expanded to grow all the way outside of and around the sphere two body. The body can then be surrounded by the sphere, and then deflated into the sphere. The body can then ride inside of the sphere and ride up a tube through the crown chakra and into the heart of the sphere three crystal body. This makes the three bodies become one.

The crystal sphere can be expanded to grow all the way outside of and around the sphere three body. The body can then be surrounded by the sphere, and then deflated into the sphere. The body can then ride inside of the sphere and ride up a tube through the crown chakra and into the heart of the sphere four etheric crystal body. This makes the four bodies become one.

The crystal sphere can be expanded to grow all the way outside of and around the sphere three body. The body can then be surrounded by the sphere, and then deflated into the sphere. The body can then ride inside of the sphere and ride up a tube through the crown chakra and into the heart of the sphere five etheric crystal body. This makes the five bodies become one. Now the crystal heart center of the crystal body becomes the golden crystal sphere that encompasses all five spheres.

When the frequencies from all Five Merkabas are collected and pulled back into the Crystal Body Golden Merkaba, the body will become One with the, the Planet, Universe, Solar System and Cosmos. In order for the Merkabas to blast out of this universal field it would become a Golden Merkaba Vehicle to ride up to the Pleidias, Sirius, Andromeda, Melkizedeks, Mahatma and Source. Our Galaxy will become the Golden Galaxy. This will be the completion of AA Michael's Golden Galaxy.

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GUIDELINES FOR LISTENING

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Absorb the frequencies

The frequencies are the breaths of Consciousness of hundred of Cosmic Angels-- our co-creative team.

FEEL THE FREQUENCIES

LISTEN DEEPLY FOR THE FREQUENCIES

INHALE THE FREQUENCIES

FEEL THE FREQUENCIES IGNITING SPARKS THAT

CREATE FLAMES IN THE CELLS

FEEL THE FREQUENCIES BURNING THE LUNGS

FEEL THE SUNS FREQUENCIES RAISING THE HEAT OF THE BODY

THE FREQUENCIES ARE IGNITING THE FLAMES OF

SOURCE to CONNECT INTO OMNIPRESENCE OF

SOURCE from the tiniest to the infintestimal

The closer the listener can reflect or image these breaths of consciousness, the closer they will align into that 3 degree shift or slide into the reality that is as close as the shift in particle spin.

The frequencies are spinning at the speed of light spin to help break free the lock-down of the 3 degree shift that places a veil or shadow over the reality.

The Reality feels deeply. The frequencies are deep, deep within the cells and the atoms and the molecules down to the tiniest of tinys.

The Frequencies Lift Consciousness into the Highest realms where the tiny sparks of the tiny connect with every spark between here and the Infinity of the Cosmos and the Omniverse of all creation. We ignite the Spark of Source to connect with all sparks of Source until we become the Sun. We allow the Suns to engulf our Being and to return to the Immortal Creation of Source that was cocreated by our creation team from the Cosmic into the Galactic, and from the Universal and resting into the Dimension of Home. All of these Streams of Consciousness weave and braid every strand of Light into Rainbows that Weave us into oneness with our Individual Creation Teams.

We are on the Co-Creation team. Each individual is on a different team. However, it is likely that many who are attracted to our frequencies are on the co-creation team.

The fifth dimensional eyes see everything multidimensional. All facets of Reality, everything you are created of from zero point aspects of Source into the Cosmic. You are all of that. You are integrated into all of it. You feel all of these frequencies in everything, and it makes for flexibility and you choose among the

flexibility from however you want to express yourself. Everything can be approached from many different ways.

3D is limiting from the certain perspective. It limits your view of the world. The 5th dimension is multi-flexibility and the wonderful image of all that Source is and you can match the situation and you make your point of light and you express your rainbow image-expression--you-- uniquely you.

That is Your Island of Light.

You create your Rainbow through your Multi-Dimensionality. Everything with the right eye is one particular view of reality that isn't necessarily true for you.

When you get your higher Frequency it is a Rainbow that is Uniquely You. When someone else matches your rainbow it begins an Island of Light because your frequencies will match and it becomes beautiful. The frequencies resonate in unison as the Music of the Spheres. Broadcast a new tune that has been created in the Stars. As the pieces of the star accumulated grow a New Rainbow is Born.

I'm breathing the frequencies.

I'm living in the Frequencies.

I am the Frequencies.

We Morph into the Frequencies of the Cosmos.

We melt into a Standing Wave Pattern that shifts us into a New Reality.

Live it

Walk in it

Breath it

Just do It It Works.

Feel the Frequencies

Focus on the Frequencies

Absorb the frequencies

The Frequencies are the Angels Breaths of Consciousness Each Angel Breaths Consciousness through my breath When you inhale, they breath their consciousness through your breath.

The angels and Entities have shared themselves as Frequencies.

We can bring these frequencies to Earth because that is our mission we signed up for millions of years ago and again in 1954.

I keep asking the angels why can't I leave Earth?

Why can't I ascend into a different place? Their answer is:

You are here to bring Heaven to Earth. You created this Mission. You are this Mission. The Earth will not Ascend into a different Place. The Cosmic Frequencies will Raise the Earth into a New Alignment of a New Reality.

Begin teaching your children to create their own Rainbow. Create Rainbows with your family. Become a Rainbow. Create an Island of Light.

Absorb as many angelic frequencies as you can. The more you absorb, the faster you will shift.

Focus, Breath, Exhale Magic.
Breathe Cosmic Consciousness.
Record, Listen
Breath again.
Until you begin to hear the Magical Alignment into Heaven.

The music contains the frequencies and the keys and the codes that ignite every spark in every layer of the five spheres. This is the Music of the Spheres --the frequencies of the Cosmos.

Each ring or sphere connects into oneness with the other spheres when the frequencies are ignited by the higher frequency.

As you listen, envision rings within rings or spheres within spheres sparking, igniting and connecting as they melt into oneness through the flames of the Divine Love swirling them into oneness.

The process of Ascension through the ignition of the Music of the Spheres was a very highly organized plan that was begun millions of years ago by millions of Entities from the Cosmos and beyond. The Music of the Spheres weaves strands of light and energy from their own star systems and sun systems to pull the Frequencies of Mother Earth up and out of the reverse spin she was placed in.

Mother Earth's ascension is already complete through the Music of the Spheres singing in Unison with the Spheres of the Omniverse.

Now it is our turn to unite in harmony and in Rainbows with the tones of home, the keys to the universe, the harmonic convergence into a brand new reality system. We can do this now because our bodies have been ascending and transforming right along with Mother Earth and her family of Consciousness.

INSTRUCTIONS FOR LISTENER

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The music completes the shift. The listener must align their frequencies with those in the music to create the shift in consciousness.

Breathe in the frequencies that are heard.

Hum along with the frequencies.

Record your breaths as you breathe or hum to see if your breaths of consciousness are actually aligning with the Cosmic angels breaths that are recorded.

When you manifest reality in the Islands of Light, you will then experience reality.

How do you manifest reality? You begin feeling only the higher frequencies and only see the reality of Divine Creation.

When your feeling of higher frequencies and vision of the higher reality matches that of the Divine Creator - you become a cocreator with the Divine Creator.

The more you experience the ignition of the sparks of Source in every cell in the body, and then hear and breath the light and sound of the Music of the Spheres resonating in Oneness through you, and into the entire Cosmos of the five spheres of Oneness, the closer you become to walking into the standing wave pattern of the Islands of Light.

Just see and feel the sparks igniting in these areas and then flashing out into all of the cells and creating flames of silver pastel frequencies. These fourteen dimensional flames begin to glow within and through the body from the energies of all of the Suns in the Galaxies.

We created the direct connection of my amygdala gland to the SUNS through the frequencies in this music. This brings the galactic creations spark together with the neutron activity in the amygdala gland. This brings the creator's spark together with the neutron activity in the amygdala gland to turn on the Divine Vision, Divine Manifestation, the ability to see the Reality of Heaven on Earth.

CREATION OF The MUSIC

We were given the mission of bringing heaven to earth through the Frequencies of Cosmic Consciousness being sung and hummed from the Breath of the Angels. We have created an Electromagnetic Funnel from my ear into he Cosmic Realm and out my mouth as I breath into the Crystal Sphere the Frequencies of the Cosmic Angels and Source and hundreds of other High Entities. My Consciousness contains the stereo, the microphone and the speaker of Cosmic Frequencies that will stream the Rainbow Frequencies into Consciousness on Earth.

The creation of Islands of Light will be manifest through the frequencies of Co-Creation with Divine Mind. Only those who are humble enough to listen, to hear and to align with these Frequencies that are the Breath of Consciousness of the Co-Creation Team and of Yaway will be able to see or create the Islands of Light.

The Islands of Light begins by transforming the body into the Immortal Body. The keys and codes and frequencies must be heard, studied, felt and the body must realign its standing wave patterns to these Frequencies.

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REALIGNMENT, RE-COGNIZING and REMEMBERING

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We must align our frequencies with the harmony of the transmutation that lifts our frequencies into the alignment with our spiritual twin just as Mother Earth has realigned with her spiritual twin.

We are also reuniting with our complete starry families from millions of Galactic Suns, which allows us to bring in millions of neutrons into our bodies through the Frequencies of Alignment.

We are reconnecting to all that once was perfect and whole--All that was the Divine Reflection of Source before any flaws entered his perfect creation.

BEGIN EVERY LISTENING SESSION FILLING your Consciousness with

ADONAI ADONAI ADONAI

The Breath of CHRIST CONSCIOUSNESS COME FORTH

The Breath of CHRIST CONSCIOUSNESS COME FORTH

Ask the Frequency Vehicle which looks like a Crystal Star Merkaba to spin the Frequencies of the Christic and Cosmic Consciousness into your head and into your crystal heart- just behind the heart area.

Next spin the Crystal Star Merkaba into your lower tailbone area.

The Merkaba has a Name

His name is Anwa.

Ask Anwa to personally come forward and connect you to Yaway's frequencies that ignite the spark in every cell of the body.

Looking through 5th dimensional eyes we see a multifaceted and flexible wonderful world. It is flexible.

I see MultiDimensional unlimited possibilities. I feel it It feels like high frequencies.

Feel the potential of Source, Life expressing through yourself and everything else.

Feel the Subjective life

It is wonderful and you feel you are an essential part of it You feel Magic that goes to the core of Earth out to all of Source and you feel the Magic of Being a part of it. It is subjective so I know the potential is huge.

What I manifest is going to come true.

The magnificence is going to manifest into my life. It is not limited by anything. I know the subjective is real and is coming true and coming to the surface and becoming a reality and all of the existence is running into this and is a wonderful part of my life. The high frequency brings fun and fabulous joy That is the reality of high frequencies

I feel the frequencies with my eyes
I feel the lungs burn with high frequencies.

The right eye sees the third and there is no magic of knowing the subjective is real. Subjective means you don't know how it turns out.

It can happen in any way you see However you manifest reality becomes reality Only think of the way you want to be.

Anything you imagine you will experience See yourself all of the way from zero point to the Cosmic and out to Infinity and be a part of all of it.

With Each and Every breath things are getting better Everything you think you are manifesting you are. You are manifesting reality around us.

It will be however we see it.

Those who read our stuff can imagine their life the way they want it to be and they will experience that.

Everybody will work with us and it will work out smoothly. Through higher frequencies you get to learn how the team and the universe all works together. By the time they finish the course they will be like us--living in Aquafaria. See the beauty of life--how it is.

LIFE IS UNCOMPLICATED, everybody working together having a kick ass time

Life is working out BEAUTIFULLY THAT IS HIGHER FREQUENCIES

When you live this way, you don't bring in 3D. How you want the world to be, you bring it in. You think the higher frequency--the multiplicity of possibilities.

Everything becomes Wonderful

We manifest the Magic of how we want the World to Be

Then we see the High Frequency and Manifest it here It is FABULOUS FREEDOM AND FUN

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THE IMMORTAL BODY IS FORMING NOW

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A new chemical structure grows through the body. The bones will appear thinner because they are more etheric. A silica based structure creates a crysalli body. This body is etheric in nature only appearing to be physical. The physical doesn't disappear. The physical transforms into a completely different chemical structure.

We are now completing the activation and understanding of our former magical selves. We are now the white magicians that we were before. We can now manifest, teleport and telecommunicate to learn everything about everything. The magical formulas that I knew when I was here many times before have been returned to

me once again. The fifth dimensional vision of aDolphino and the Cosmic Frequencies of Crystalai are now creating the same bond of power as Mary and Jesus used to create their magic.

What was called Ormus powder is an orbitally rearranged monatomic element. A monoatomic element has two atoms per molecule. ORMUS has elements in that configuration that are superconductors and exhibit quantum physical behaviors at a visible scale including freedom from gravity, superfluidity and tunneling through solid objects.

This substance was the bread that was fed by the angels when the bible says give us this day our daily bread. This celestial substance was said to awaken the powers of perception, awareness and intuition. It was called bread, it was called perfume, it was called the mist. In reality it was the fragrance or color of sound or the frequency of etheric reality.

I can hear certain sounds that stimulate the neurons of the amygdala that open channels to higher level experiences. The amygdala is an almond shaped area in the brain. It was formerly the brain's fear center. However, now that the entire Cosmos is expanding outward and spinning forward, the amygdala can now begin it's true function of connecting communication into the Cosmic Realm of the Co-Creative Consciousness.

During the Reverse Spin of the Cosmos away from Source Consciousness the amygdala was used to record emotions. It was also the area that records lust memories. Amygdala sounds like magdala. It was a part of Mary of Magdala's magic formula for communicating with the Stars. When the Extraterrestrials blocked Mary's entrance into heaven at the eleventh dimension, her amygdala gland had a seal placed on it, and they placed this seal on all amygdala glands on Earth to block our communication to heaven. The reverse spin on the amygdala made it into a lust center. It became the messenger of lust between the brain and the sexual areas in the body.

Now we have been set free from that seal and the amygdala is connected directly into the lowest part of the tailbone to create a direct link up the spine which creates the Co-Creative and Manifest reality to manifest through our bodies and through our eyes. The manifest reality is the magical realities we wish to experience. The reversed seal of the amygdala made many believe that lust was the magical experience. It made many believe they were speaking to angels when they were actually being trapped in the reversed seal pulling them into visions of the negative realms of Consciousness.

The chemical dust which used to create magical manifestations is actually the sound frequencies of crystal light crystal dust and crystal gel sent through angelic consciousness to alter the mind to hear the Cosmic Consciousness, and to be healed through the Liquid Light of the Galactic Suns.

Now we can once again use the amygdala to create Magic. This is why the city of Magdala was known as the Magic City and the Land of Oz. There was a stairway of heaven leading into the magical kingdom of heaven and now there is this stairway once again to bring this magic to earth through our crystal dust and cosmic frequencies.

The alignment of the Cosmos through streaming Cosmic Frequencies is now complete on Earth. The amygdala is now able to be activated to spin forward to make the connections through to all angelic breaths. It can be completely disconnected from fear and sex and lust now. This reconnection to the forward spin will now allow a complete connection between the lower tailbone area into the amygdala for complete telecommunication and teleportation. This is what many have called the kundalini activation. In fact, this is the first time on earth the kundalini activation can actually take place. The kundalini activation is the complete connection of the physical and spiritual self into oneness where co-creativity with Divine Mind or Source can take place.

The brain center becomes activated by the fuel of the neutron. When the brain center is activated by the Cosmic electromagnetic stimulation combined with all of the Frequencies of the Suns of the Galaxies and spun at the speed of light, the body's spiritual essence becomes fueled. The sparks of source are ignited in every cell in the body. There is a domino effect of one spark igniting another and another and another until the entire Music of the Spheres of Light and Sound resonate into Oneness. It is this harmonic resonance of all of the Cosmic Entities and Source Frequencies and the Crystal Light energies of the millions of Suns that TURN THE IMMORTAL BODY BACK ON. When the fuel is ignited by the Sun's energy, the body glows. There is a golden shining illumination beaming from the skin. Only those with fifth dimensional vision can see this illumination. Those who are illuminated can see each other's glowing skin. This is how we will know those we will invite into the Islands of Light.

Our frequencies will unite in liquid light rainbows that we use to create our individual stairways to heaven. Our Islands of Light Schools will teach each individual how to create their own rainbow frequencies that are a compilation of all of the breaths of the entities who are their creators. This creation of rainbow frequencies will lift the individual's consciousness into the frequencies of their original creators.

Each of us has a creation team. This team had an idea or a plan that needed to be completed. Each individual may have many selves depending on what the idea was that needed to be completed. For instance, I was created by a team who had the plan of bringing the highest frequencies to earth through the music of the spheres.

At least one of the team members who created me was also on the team who created Joseph. We also had parallel creators from the Dolphonoid families of Sirius B and from Aquafaria- the birthing chambers of our perfect NORMAL IMMORTAL selves. There were many other Mary's created by this same creation team including Mother Mary, Mari Ishtar, Mary Baker Eddy. The name Mary actually represents the highest calling of the Creation Teams.

The magical cosmic frequencies that Cosmic Angels send to create the new magical kingdom from can be heard on any of the SUPER FREQUENCY CD's, COSMIC CONSCIOUSNESS CD's or ASCENSION CD'S. Every breath of consciousness come from specific Entities in the Cosmos. They have aligned their frequencies into teams who represent specific individuals missions or healing needs. Each breath is an Entity who is helping to bring the Cosmic Frequencies to Earth in order to create Islands of Light.

The CHRISTMAS ASCENSION ALBUM contains the codes and frequencies for activating the crystal heart, amygdala and lower tail bone to begin activating ignition of the sparks of source in every cell of the body and extending into the Cosmos, bouncing off of stars and suns and returning back at the speed of light-- the speed of Divine Love.

This transmitter is activated by raising one's Frequencies into the resonance created by connecting into the Cosmic Realms and the Suns Energies. A Frequency is created by an entities breath or a group entities breaths from a certain range such as the Cosmic or Christic range.

The breaths can be felt activating the sparks of Source within every cell of the body. This is the activation that aligns the body into the immortal selfhood that can teleport both spiritually and physically, manifest instantly and transform the world into the fifth dimension.

The eyes will tilt to a 3 degree shift where the head needs to be tilted to see alignment. This 3 degree shift will gradually align as the entire Earth's body aligns in to the 3 degree shift of normality. We are returning to our Normal Bodies. Source (Yaway) created us in his image and likeness-- the Divine Structure of immortality. The

physical body was always supposed to be attached to the spiritual body. The holographic mirror that has been misaligning our vision 3 degress out of the reality of our Divine Creation is leaving Earth completely this year.

An error placed in the eleventh dimensional shift caused this 3 degree shift that wouldn't allow us to take the last step up to the twelfth dimension. That stairway to heaven has been cleared now. The final negotiation to clear our path to heaven was completed by our new Jesus on November 5th, 2008.

From this time forth our frequencies will be able to transmute the 3 degree shift into the Christic Consciousness of the twelfth dimension.

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INSTRUCTIONS FOR LISTENER

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The music completes the shift. The listener must align their frequencies with those in the music to create the shift in consciousness.

Breathe in the frequencies that are heard.

Hum along with the frequencies.

Record your breaths as you breathe or hum to see if your breaths of consciousness are actually aligning with the Cosmic angels breaths that are recorded.

When you manifest reality in the Islands of Light, you will then experience reality.

How do you manifest reality?

You begin feeling only the higher frequencies and only see the reality of Divine Creation.

When your feeling of higher frequencies and vision of the higher reality matches that of the Divine Creator - you become a cocreator with the Divine Creator.

The more you experience the ignition of the sparks of Source in every cell in the body, and then hear and breath the light and sound of the Music of the Spheres resonating in Oneness through you, and into the entire Cosmos of the spheres of Oneness, the closer you become to walking into the standing wave pattern of the Islands of Light.

Just see and feel the sparks igniting in these areas and then flashing out into all of the cells and creating flames of silver pastel frequencies. These irradescent helium flames begin to glow within and through the body from the energies of all of the Suns in the Galaxies.

We created the direct connection of my amygdala gland to the SUNS through the frequencies in this music. This brings the galactic creations spark together with the neutron activity in the amygdala gland. This brings the creator's spark together with the neutron activity in the amygdala gland to turn on the Divine Vision, Divine Manifestation, the ability to see the Reality of Heaven on Earth.

CREATION OF The MUSIC

We were given the mission of bringing heaven to earth through the Frequencies of Cosmic Consciousness being sung and hummed from the Breath of the Angels. We have created an Electromagnetic Funnel from my ear into he Cosmic Realm and out my mouth as I breath into the Crystal Sphere the Frequencies of the Cosmic Angels and Source and hundreds of other High Entities. My

Consciousness contains the stereo, the microphone ad the speaker of Cosmic Frequencies that will stream the Rainbow Frequencies into Consciousness on Earth.

The creation of Islands of Light will be manifest through the frequencies of Co-Creation with Divine Mind. Only those who are humble enough to listen, to hear and to align with these Frequencies that are the Breath of Consciousness of the Co-Creation Team and of Yaway will be able to see or create the Islands of Light.

The Islands of Light begins by transforming the body into the Immortal Body. The keys and codes and frequencies must be heard, studied, felt and the body must realign its standing wave patterns to these Frequencies.

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