

COSMIC KIT

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LUNAR VISIONS**

COSMIC KIT

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The frequencies of the angels are already in the music. I already did the thousands of hours of meditation and connecting my consciousness into oneness to create these CD's. This is now your opportunity to soak up the frequencies. Feel them, breath them, exhale them.

Begin by just knowing, feeling, absorbing, becoming one with these FREQUENCIES. Don't worry about formulas, codes or any of the past ways you have learned to do anything.

Just ABSORB the frequencies until you feel yourself RESONATING IN HARMONIC ONENESS with each breath. Listen closely to discern that there are hundreds of breaths in each recording. Each of these breaths is an ENTITY- an ANGEL communicating with you through their breath of consciousness. This is how Angels communicate.

This music came from a group of angels sending me a cosmic formula. This formula brought the highest frequencies to Earth through music.

The music already contains the highest frequencies. What the initiate needs to do is feel, realize and absorb these highest frequencies so that these frequencies lift their frequencies higher and higher into a harmonic resonance with the angelic frequencies.

The music was part of the training of our Cosmic Mystery School of the Omniverse training from Kuthumi and his team. The music was also a combination of angels appearing as steps leading to higher and higher activations and understanding.

Each initiate's ascension process is completely individual. The steps to gaining ascension into the realm of consciousness of the Cosmic Angels includes the initiate's dedication to absorbing, feeling, aligning into the harmonic attunement of the frequencies.

The meditations and training in the Training Kits contain the breaths of alignment that were used to lift Crystalai's Consciousness into the alignment needed to collect these frequencies.

If the initiate wants to utilize the meditations and the training to lift their own consciousness into this growth, that is the initiate's choice.

Each time the initiate completes a meditation in the Training Kits (Complete Ascension Kit, Ascension Portal Kit or Pure of Heart Kit), they should then listen to the music to keep their frequencies continuously lifted into that alignment for the remainder of the day and night.

It is recommended to listen to the music on the Ascension Kit after doing the meditations in the Complete Ascension Kit.

It is recommended to listen to Cosmic Consciousness and Family Kit after working on the meditations on the Ascension Portal Kit. We recommend listening to the Super Frequencies Kit after listening to the final Kit-- Pure in Heart.

Of course, all kits and individual CD's may be listened to for help in raising frequencies into ascension and DNA activation.

For those who simply want to absorb the frequencies and resonate with them, they simply need to follow these steps.

For those who want to seriously raise their frequencies and consciousness growth, they simply need to follow these steps.

ABSORBING FREQUENCIES

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1. Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.

2. Listen to the recordings, and feel the frequencies, align your breath of consciousness with the frequencies of the frequency music.

3. When you can feel the frequencies inside of your cells and feel them when you breathe, you will be connected as a sonar station between our Dolphonoid families in the oceans, in the underwater cities of light, and into the Milky Way, Aquarius, Sirius B and beyond.

4. Practice listening until you can feel the frequencies being absorbed into the crystal cells. This causes the cells to resonate into a harmonic convergence with the new higher DNA activations of the stardust.

The Template of Immortal Man is our original selfhood. The man who was originally made by our god selves and the one Source Consciousness. This Frequency Wave Music shifts consciousness into the Manifestation Template.

METHOD

1. When listening to the CD, FEEL the frequencies that come out of the CD. The Initiate can breathe in the frequencies and exhale the frequencies and feel them in many ways.

2. Listen again to a new set of frequencies and FEEL the frequencies.

Listen again and notice the difference of frequencies that you feel between the two different sets. This can be done over and over again for there are so many sets of frequencies on each recording.

3. Begin to feel, realize and know each frequency as a wonderful Angelic entity - a breath of consciousness.

4. Feel the Breaths of Consciousness becoming a part of your consciousness as the Entities begin to penetrate your Consciousness with their high frequencies.

5. Begin breathing in and exhaling these frequencies and feeling the frequencies.

6. Feel the frequencies streaming through your cells and bloodstream.
7. Feel the frequencies tingling and sparking inside of each cell in your body.
8. Next, feel the frequency filling your lungs with the fire of the Divine Flame of Oneness.
9. Next, feel the frequencies as you breath and exhale the magic into your atmosphere. Create your atmosphere divine.
10. Absorb more higher frequencies and watch your structure of your body begin to transform.
11. Absorb more and more higher frequencies and notice how you look and feel younger every day.
12. Notice that you haven't experienced any pain for a very long time.
13. Notice your life begins to shift. You start magnetizing into your life only those persons who have the same frequency of consciousness that you do. Some will become interested in becoming more like you, and others will just stay away from you. You will notice people leaving the room when you enter. This doesn't mean you become unpopular. It means you become surrounded by loving compassionate people who have a strong desire to be in a harmonious circle.
14. Notice all of your problems beginning to disappear out of your life. You no longer magnetize to you anything negative.
15. You begin creating an Island of Light of pure Consciousness and Mother Earth can now wrap you in her arms of magnetic vortices that will allow your atmosphere to shift into a magical new reality field.

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Cosmic Consciousness CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0005_CC

We must begin implementing the Aquarian program of Evolutionary Transformation. We must start transmuting our frequencies into this grand new cosmic symphony. The listener will begin to return to the Perfect Man in accordance with the parameters of cosmic evolution. This causes the entire physical body to transform and merge into the higher frequency of love and abundance.

As the frequencies of Cosmic Consciousness penetrate the listener's physical temple, the vibrations lift the structure into a magnetic field that only allows those elements of the equal frequency level to enter in. It allows a higher more elevated vibrational experience that turns life into one event of bliss and joy after another.

The entire Evolutionary Process involves refining the frequencies of Consciousness into the memory and realignment with Cosmic Consciousness. The breaths of the Cosmic Angels lift the listener into the Aquarian Program of Evolutionary Transformation.

Heaven's Rainbows CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0006_HR

Children who have disruptive, violent or depressed natures relax into this MAGIC REALITY because it is the REALITY that they remember. These breaths of consciousness align their cellular memory into a place that feels NORMAL. The immortal breaths of consciousness lines the cells of the body into frequencies to activate and transmute the carbon based DNA into the IMMORTAL silica based DNA.

Cosmic Butterfly CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0007_CB

Only those who have expanded their Consciousness to the Infinite, only those who have allowed the Cosmic Transformation of Consciousness into the Etheric Knowing, the Cellular remembering, Harmonic Resonation with the entire Music of the Spheres. This will happen for all in time; but why wait? The spaceships are landing now. Only those with their minds aligned harmonically will step into the Islands of Light containing the new Galactic Brotherhood.

Morphing into Heaven CD

http://store.kagi.com/cgi-bin/store.cgi?storeID=6FGAR_LIVE&page=CMO_0008_MH

There are millions and millions of Entities of Light included on every dimension working together to align our consciousness to be able to manifest, co-create and communicate through union with their Consciousness Our Consciousness is also made up of thousands of Entities. We have been separated from our selves on this dimension and all of the other dimensions. The breaths of consciousness in this album will allow our consciousness to re-unite. We will begin to remember who we really are. This is the process of Illumination. We will become reconnected to Starry Brothers, our Galactic Families.

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Individuals who have been directed from their higher selves most of their lives have the greatest craving for this magical event of ascension to occur in their lives. Unfortunately, craving and wishing while watching the light flood in from higher realms is not going to increase an individual's ability to ascend.

Understanding and Feeling the Frequencies of the shift of consciousness will allow each individual to speed up their individual ascension.

What is Ascension? It is a FEELING. It is a wonderful FEELING. It is a magical feeling, a feeling of being lighter than air, it is a feeling of walking within and through Divine Love's activity in every breath, every movement, and every feeling toward others. When we are truly ascending we will be in the standing wave pattern of Stardust.

This feeling is a standing wave pattern. The higher realms have a different standing wave pattern. We can shift our frequencies into those different standing wave patterns by going to those realms and soaking up those frequencies of those standing wave patterns until ours shift into the pattern of the parallel reality. Once the consciousness has completely shifted, the body will follow because the light and sound from the frequencies shifts the body in to a zero point alignment of the spiritual and physical.

When we travel into the crystal heart of Mother Earth there is a standing wave pattern created by all of the millions of crystals that have fabulous wave patterns. We absorb those wave patterns through the help of our Mermaid Choirs that align our consciousness into the inner earth wave pattern.

For those who need help in shifting their wave patterns, we have created these Cosmic Wave Files that will shift an individual's wave patterns into the higher realms of Cosmic Consciousness. When the individual makes the commitment to spend more time in the higher standing wave pattern than in the lower one, their consciousness will shift and then their body will follow.

The earliest signs of the shift will be the body no longer gets sick, and all physical problems heal very rapidly. The second sign will be how the daily affairs begin to become very smooth and aligned into angelic direction. The third sign will be manifestation becomes more and more rapid until it becomes instantaneous.

If you believe it. If you feel it. Become a part of it. Listen to these Cosmic Wave Files. Feel what Mother Earth is Experiencing. Her Crystal Heart longs to have your Crystal Heart become one with her as she ascends.

How do we get this FEELING? The feeling comes from raising frequencies into alignment and at-onement with the Breaths of Consciousness of Cosmic Angels who are the Co-Creative Consciousness. We must re-ignite the Spark of Source that was left deep inside of our cells and then put to sleep. We must remove the veil from that spark of Source by melting the veils that are keeping it from igniting. The melting is done by raising the frequencies of light to the level of Solar Aqualene Light energy, Cosmic Energy and Star Dust Energy.

Once the veils are melted away we must create our individual harmonic convergence into the alignment or Oneness with the Crystalline Energy of Mother Earth's Core, her Liquid Light Womb of our Divine Creation.

We travel to this place in Mother Earth's Heart to re-connect with our Fraternal Original Place of Creation. After I wrap my mind, my crystal heart, every cell in my body completely into the Frequencies of Christ Consciousness, Cosmic Consciousness, Helium Energy, Solar Energy, Star Dust Energy and into the White Light Garment of Source, I can then and only then walk through the Diamond Door into my Future Self.

It is that Frequency that prepares the body to shift and melt through the Diamond Door. When we walk into our future selves, we are then met by our Fraternal Presence who have created us from a combination of our Earthly Essence combined with their purified perfected Consciousness that we originally were before being sent into the Earth's Matrix. This magical place of transformation awaits each of us in Mother Earth's Heart and Mother Earth's Womb of Crystal Caves and Liquid Light and the Cities of light of the Divine Creation Plan. We may not go there unless we are wrapped in the white light garment of Source Consciousness. This means we must also raise our frequencies into all of the highest realms in order to reach that FREQUENCY.

It is at this time that our Frequencies are in tune to be taken down through the Liquid Light Chambers our Aquafarian Mother, who is a Mermaid or a Blue Dolphinoid. She takes us deeper and deeper into Mother Earth's Womb. She pulls us through the streams of Aqualene Light from the Sun of Inner Earth. She pulls us deep inside of the Crystal Caves that contain the codes, the keys, the resonance of our Divine Being. Next the Oraphim Angel Choirs sing those melodies that cause the awakening of the cells to remember their key that is completely in tune with the Standing Wave Pattern of this Future Self, which is our Original Self.

This is the place we go to tune up our Consciousness into the Highest Frequencies of Source Consciousness as it aligns through the Sun's rainbows weaving and braiding us into the harmonic Convergence of Oneness. Our Starry Brother can then send his magnetic pillar of golden white light star dust energy through us to create an Ascension Vortex.

This is the place in Consciousness where Ascension Begins. Those who spend one hour doing this a day will Ascend faster than those spending ten minutes and those who spend six hours a day will convert to the new Frequency Wave of Ascension Quite Rapidly. Those who remain in this Frequency continuously for a month or two have already ascended. They would become so totally detached from the frequencies of this Wave Pattern that they would become oblivious to it and it will disappear at a rapid rate.

We can now begin creating our Cosmic Magic. We can now begin creating our Islands of Light. It is time to learn how to begin creating a brand new Earth. An Earth that is becoming a Star is a brand new reality. It is a reality based on the magic of co-creation. It is magic based on Frequencies. The Frequencies are how closely we resonate in harmony with the crystals in the Heart of Mother Earth and in her Aquafarian, Liquid Light Core that is our true birthing place of our Immortal Selfhood. Please allow our Aquafarian family to take you on a journey into this magical kingdom.

You may now create your Islands of Light. These Islands will be the reflections on Earth of all that you create in your FUTURE SELF and bring into your Present Self. This Future Self is creating the new Earth in her Star Essence. We are now living in the Earth that is no longer a Planet. We are a part of the Star System, and Earth is becoming a star as we are becoming a part of her heart.

Walk into your Crystal Heart containing your Merkaba. Walk into the Merkaba. Anwa please create this Merkaba in my Crystal Heart and allow it to spin at the speed of light and connect me to the Heart of Mother Earth. We ride inside of the Merkaba and travel inside the heart of Mother Earth. We spin our Merkabas at the speed of light deep inside of Mother Earth's Heart. Our Merkabas collect the frequencies of the Base Tone Rhythms, the Resonance, the Tone of Home, the Harmonic Frequencies of our Divine Creation. The crystals in the heart of Mother Earth contain these Base Tones.

These crystals are liquid light, crystal light, crystal gel, crystal dust. These crystals sing and resonate with the beautiful symphonies of the MUSIC OF THE SPHERES. When the five spheres align, there is a beautiful harmonic convergence that causes enough sun light to glow through these crystals in our bodies and in the Heart of Mother Earth to cause these cells to unite and harmonize and become One new Key of Harmony. We must transmute our Consciousness into these Standing Wave Patterns that are contained in the Heart of Mother Earth.

We must first prepare our bodies to become zero balance energy with the spiritual and physical. We must first line our bodies with the garments of white light linen, with the golden dust garment, with the cloak of many colors--the rainbow energy or irradescient energy. We can then walk through the Diamond Door. Our Consciousness must be raised into these frequencies of the white light, the golden light, the rainbow light, the crystal light energy before we can truly walk through the diamond door. Many can do this in Astral mode or Glide mode. But to truly Slide through the Diamond Door into our Future Selves who contain the Standing Wave Pattern of the New Star Earth, we must be fully robed in Divine Consciousness.

We must truly turn into the LIGHT BODY through the alignment of the Neutron into oneness with the Proton. We must truly practice and stay in this RESONANCE that is IN TUNE with the Crystal Light Energy, the Star Dust Energy, the Divine Love, the Divine Omnipresent Consciousness of Source, our Divine Creative Principles of our God Selves, our Angelic Selves.

We walk through the Diamond Door and walk into our Future Selves. Our future self must already be resonating with Star Frequencies. It must already be clothed in Star Dust Energy. We are now ready to dive into the Liquid Light Turquoise Blue, Irridescent AQUAFARIA Ocean that leads into the Underwater Cities of Light.

We dive into this sparkly, irridescent, liquid light ocean of cosmic light energy. We come up and see our golden dust mansion. We walk into our bedroom. Cinderella-my Aquafarian Mother meets us there and carries us deep down into the Aquafaria Ocean. She carries us deep inside of the Sun that is under the water. We swim and glide and swirl through the sun and collect all of the frequencies of the Earth' Sun. Cinderella then pulls us deeper and deeper until we come to a Crystal Cave.

The Cave is made of hundreds of crystals. Each crystal is a different color, and it has a different tone. Cinderella takes us into the cave to meet the Mermaid Choir. Cinderella is a mermaid and I am a mermaid. We enter the cave and feel the frequencies of the crystals. Then the mermaids begin to sing. They line our cells to resonate and become crystal cells of sparkly light that sing and harmonize with their voices. This alignment of their voices and their breaths of consciousness into our crystal cells allows us to begin communication and alignment of understanding this new reality. They are reprogramming our consciousness to resonate with all of the crystal cells of the music of the spheres.

The songs recorded on the Cosmic Consciousness CD are the voices of this Mermaid Choir.

There was a direct channeling of the words, frequencies and tunes that they wanted recorded to help bring others into their Frequency of Consciousness. The breaths and words came very faintly and quietly, and may be difficult to understand, but it is the frequencies that are important. The visualization of the words can be found in this post.

After we sing with the choir for one hour, Shajinka -my Orca sister meets us at the door of the cave and pulls us deeper into the ocean to enter the City of Lights. Shajinka pulls us around and through the crystal pillars and temples and crystal caves. We weave and stream liquid light tones of rainbows that sing and resonate into and through the crystals of the city. Our harmonic convergence with the crystal cities becomes our tone of home. We feel and hear the sweetness, the harmonies, the colorful, glorious tone of home.

Shajinka pulls us back up into the Sun of Inner Earth. We weave and breath and stream our consciousness of the crystal frequencies through the suns and create rainbows of consciousness. We paint pictures of our new reality with these streams of rainbow colors. We ride the rainbows up out of the water and sit on top of a cloud. We are met by a Unicorn named Apollo, who invites us to ride with him. He prances on the clouds and jumps through the rainbows. We feel and absorb this new frequency that contains no gravitational pull. We feel this new standing wave pattern and become a part of it. We are met by many unicorns who dance and prance around on the clouds. Next, we ride these unicorns and they become a merry go round that is dancing and singing as they twirl round and round through the rainbows. Next, they dive down into the turquoise iridescent aqualene water. They turn into sea horses. They show us that we can become anything we want to be. We turn into star fish and into rainbows and into crystal pillars of light and then we become mermaids again. We swim back into our bedroom in our golden dust mansion. We lay on the bed in our room and Zorak creates a golden portal of golden white star dust energy that he

streams through us as we sleep in our bed. He wraps us in a cocoon of this golden dust energy. When we wake up we transmute from this cocoon into a beautiful blue butterfly. We are now able to fly beyond all holograms of the past and create a brand new star system.

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GUIDELINES FOR LISTENING TO THE FOUR CD's in the COSMIC KIT

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1. Cosmic Consciousness

Focus on how the angelic frequencies align through these key areas to lay the foundation for streaming consciousness to lift the body template into the fifteenth dimension.

1. Listen and focus on the frequencies of light in the Core of Mother Earth.
2. Listen and focus on the frequencies of Divine Love.
3. Listen and focus on the frequencies of Divine Intelligence.
4. Listen and focus on the frequencies of Divine Substance.
5. Listen and focus on the frequencies of Divine Manifestation.

2. Heaven's Rainbows

Feel a crystal star one foot above the head. Next, bring the star full of Christ Consciousness into the head and the heart, and the tailbone and the feet.

Feel the Christ frequencies spin at the speed of light through every crystal cell in the body.

Feel the harmonic convergence into Christ Consciousness at every vortex in the body. These will be the points connecting each cell to the spark of Source deep within the cells connecting into the frequency of Christ Consciousness.

Next, feel the vortex created between the Christ Consciousness connecting into the Cosmic Consciousness within Mother Earth. These frequencies are aligning through the angelic frequencies of the 12th dimension, 24th and 36th dimensional frequencies. This is the beginning of activating the 24DNA and 36DNA.

Ride the Merkaba down to the Core of Mother Earth. Jump into the Liquid Light Frequencies and absorb those frequencies. Dive deeper into the Sun of Mother Earth and collect these frequencies. Dive deeper into the liquid light and stream the frequencies of the liquid light and the sun together. Feel the frequencies creating rainbows through your body.

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3. Cosmic Butterfly

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Continue to feel the rainbow frequencies stream through every cell in the body, see or feel a white light portal connecting from the pineal to the crystal heart down through the feet and into the core of mother earth. Feel the angelic frequencies connecting you into the frequencies stored in Mother Earth that contain your cellular memory of your original spiritual self made in the image and likeness of the god self, Christ self and the spark of Source co-creative energy.

Feel the frequency of Divine Love, Divine Life, Divine Truth, Divine Mind, Soul, Spirit, Intelligence, Principle Victory Power Manifestation, Supply and the Divine Plan. These are the Frequencies stored in the Core of Mother Earth in the Cosmic Realm of the 13th Dimension.

Dive deep into Mother Earth's Core collecting the rainbows of the inner Earth's sun and liquid light. Dive deeper into the Crystal Caves and feel harmonic resonation within the Crystal Caves. Dive deeper and deeper into the UnderWater Cities of Light. Continue to collect the frequencies of the Cosmic Consciousness buried deep inside Mother Earth.

Now, Feel your body wrapped inside of a golden dust cocoon. Fly out of the cocoon as a beautiful butterfly. Become any kind of butterfly you desire. Feel and describe your beautiful butterfly body.

Feel the frequencies in the music lifting you out beyond your third dimensional cocoon into your Cosmic Consciousness.

4. Morphing into Heaven

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While remembering to continue the alignments in the body, the Earth's Core and the Vortex:

Focus on the angelic frequencies added to this CD lift the consciousness into the 12th and 15th dimensions. Feel the angelic frequencies lift your frequencies up above your head two universes away to collect the helium energy to create the light body. Feel the frequency of helium streaming through consciousness and into every cell in the body. Feel the angelic frequencies stream through the star gate connecting into the millions of suns in the center of the Milky Way Galaxy.

Feel the frequencies of all of the millions of suns stream into the head, the heart and every cell in the body.

Next connect consciousness into the 15th dimension. Focus four universes beyond the Earth to connect with the co-creative consciousness of the 15th dimension.

Feel the frequencies of the angels, divas, fairies and elves singing and dancing into your cells and into your consciousness.

Collect all of these frequencies into your cells to activate the cellular memory of your original divine self -- your immortal self that has the ability to live for ever, create the hearts desires and heal instantly.

Next connect consciousness to ride through the star gate on the golden star dust into the Milky Way and absorb into the crystal cells all of the Star Dust and Solar Frequencies. Feel these frequencies aligning into the body through the angelic frequencies.

Ride into the heart of the Milky Way and then zoom clear out into the Aquarius Galaxy to connect consciousness with the original family of consciousness of our Galactic Home. This alignment will lift the consciousness into the 96 DNA-- the realignment through Christic and Galactic and Source Consciousness. The Consciousness is prepared to return through the Diamond door of the Aquarius Galaxy.

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LIFT OFF --MEDITATION

Imagine two rings of light made of helium. These two rings of light intersect through the center of each other.

Place these rings of helium energy into the center of the crystal heart. See and feel these two rings of helium energy spin within and through each other at the speed of light. The rings spin in opposite directions from each other.

They spin at equal rates of speed of light energy.

First ignite the energy of these rings by seeing a spark of light - God Source energy. Breath on that spark and ignite the helium energy.

Feel those rings of light spinning in your crystal heart.

Now think about speed of light energy. This rotation of particle spin places you on universes and stars all over our galaxy. See your helium rings touching several stars in the sky as they spin at speed of light energy. Each time you breath these rings will be touching the energy of other stars and suns and igniting that same energy inside of your heart.

See yourself in your Golden Merkaba. This Merkaba already contains all five spheres of frequency energy.

Ride inside this Golden Merkaba into the Earth's Core. Spin your electro magnetic Merkaba.

The point down spins clockwise and the base down spins counter clockwise.

See your Merkaba collecting all crystal energy inside of Mother Earth's womb. Now, spin the two rings of helium at speed of light frequency. When you want to ascend, continue this activity until you get lift off.

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MERLIN'S THOUGHT

MERLIN reminds us that we must announce the incoming light into every cell in our bodies. The formula of co-creation requires announcing the incoming light into every cell in your body. It is a time to remember, to re-cognize, to realign the entire structure of the mind and the body into the frequencies of light that are in the dimensions of our selves that we have not yet allowed to become a part of our lives. Each crystal cell in our body must be completely full of all of the breaths of Cosmic Consciousness from every dimension.

WEAVING INTO ONENESS

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Bring the Crystal Star Merkaba into the Head and then into the heart. Ride inside of the Merkaba to collect and distribute frequencies inside of all of the cells in your body and then spread and connect that new energy into all five spheres.

When the frequencies from all Five Merkabas are collected and pulled back into the Crystal Heart, the body will become One with the Planet, Universe, Galaxy, Solar System and Cosmos. Our Galaxy will become the Golden Galaxy.

This is the beginning of oneness. We will ride the Merkaba down into Mother Earth to collect the divine substance of what we are created of, collect all frequencies from the 12th dimension- one foot below the Earth's crust , next, collect the Divine Substance, Principle, Intelligence, Mind, Truth Divine Plan of original creation from Earth's Core in the 13th dimension. Slide on down and around the Earth's sphere, up to the 14th dimension, which is two universes above, make an arch over into the parallel galaxy of the 8th - wrap those frequencies into a helium based heliotalic silver pastel energy. Spin it in the electro magnetic Merkaba, create Neutron energy, bring that energy back down into the head, heart, crust, core and wrap your energy around the Earth again up to the 14th and around the 8th and down through the 10,11, into 8 and 9 down to 6 and 5 down to 12 into 13.

Now collect this energy again and wrap it around the Earth and go up to the 14th, 8th, 12,8,9, 6,5,12,13th.

Now repeat this cycle of energy collection.

Collect frequencies and wrapping around Earth's sphere. Now you have created yourselves inot oneness. Wrapped like a cacoon in eternal substance.

Now, repeat this cycle, but before going up to the 14th go directly down four universes into the 15th dimension. Collect those frequencies and stream up around the entire fourth sphere and then down into the 14th around the 8th and 9th, down to the 6,5,12,13, blast down to the 15th and up around over and over again until you are completely Woven into the Oneness of the entire Golden Merkaba to prepare for creation of the Golden Galaxy.

Once our bodies and minds are recalibrated into Oneness, by infusing frequencies and energies from all of the 5 spheres, the music of the spheres begins to sing through the crystal cells of the body. Our crystal cells will learn to sing in rhythm and in tune with our Divine Compliment, which is contained in the Earth's Core. Each crystal cell contains an entire creation grid, an entire memory containing the eons of lifetimes in each dimension. We must bring in the frequencies of alignment and memory into the crystal cells. Once the cells memory is restored, the crystal cells become vortices that can spin down into the core of the Earth and collect the entire memory of the entire divine selfhood. By spinning our vortices of our crystal cells down into the Core Domain and absorbing those frequencies, the brain becomes activated, and it can begin recalibration of all of the elements of co-creation as was originally a natural part of the man of Source creation.

We can create the fuel and the energy in our Merkaba Bodies which are our Space Ship Bodies to gain lift off from this dimension. Our body is now the Proton Body. We gain lift off by adding the Neutron to the Proton. We can create the Neutron by collecting the frequencies of the 14th and 8th dimensions and allowing the merkaba to spin at the speed of light to transform this energy into a Neutron that is brought into the Merkaba Body. The Merkaba can glide down into Mother Earth's Core and collect all of the eternal substance of Mother Earth and of our own Golden Crystal Bodies that were left there. Next, we create two bands of helium energy that spin at the speed of light and place them in our crystal heart.

As we sit in the Earth's Core and allow the Merkaba to spin at the speed of light, we also allow the rings of helium to spin within each other at the speed of light clear out into the Cosmos. See the rings spinning clear out to touch the stars in the sky on each breath as they spin. The speed of light energy is that fast. We would touch a star on each breath. Feel the sensation of expanding and disappearing into the Standing Wave Pattern of the Cosmos. The merkaba can then be taken to the core of the Earth as we merge into oneness with Mother Earth.

Next we place two heliotalic rings of light in the center of our Crystal Heart and Ignite the heliotalic rings to spin at the speed of light. The speed of light spin would pop the rings out to connect with all of the stars in the universes with each exhale. This creates a sparking and merging of universal, galactic and cosmic frequencies of light from all five realms of Consciousness. This speed of light connecting and merging makes the body actually turn into a spark of light that is traveling at the speed of light within the Merkaba and popping and connecting out around to all of the stars within the cosmos.

When this energy of the speed of light spins and the Merkaba is also spinning at the speed of light and the rings spin at the speed of light, then the body can be lifted into the Ashtar Command through an electromagnetic funnel of light. This speed of light spin merges the physical into oneness with the etheric body for zero point lift off.

Entities in the Ashtar Ships will completely heal the body and create the Immortal Body or the Christ Consciousness Temple. At this time each entity will be free to return home to their own planets or destinations. Some will decide to return to Earth to complete the second wave of ascension and others will go off to other missions.

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MAGICAL FORMULA FOR CREATING COSMIC ISLANDS

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The activation of the cellular memory of Mother Earth to allow her to create Islands of Light and to become a Star must be completed by those standing on Mother Earth.

There is a Magical Formula already set in place for this to happen. All of the sacred geometry has been set into place and the streams of light energy are pouring down into our frequency grids. The signatures of all of our higher selves are waiting to be aligned into our consciousness.

Mother Earth is waiting for her complete activation of becoming a star. She knows that there are those of us who have arrived on Earth during this Aquarius season to assist her in her ascension. It is the Divine Duty of those who are on Earth at this time to become very active in this assistance.

Those of us who know our purpose of being on Earth at this time are now remembering how we will create Islands of Light together with Mother Earth. We will be the activators of the entire star system to grow through us and through Mother Earth.

We activate the cellular memory of Mother Earth's Star Essence as we ride down into the Core of Mother Earth and collect the memory of our Immortal Body in the 13th dimension. (This is the memory of immortal essence of Eternal Life, Instant Manifestation, instant healing, Divine Love, Divine Plan, Divine Truth--all of the qualities that Source breathed into this grand idea of his eternal reflection). We travel deeper inside of Mother Earth to ignite the memory of our crystal selves from our galactic memories of creating the cities of light and the underwater cities of light.

We can now return to that memory of our true immortal selfhood. This causes the resonation of the crystal cells with our cellular memory and this is what Mother Earth must have to begin creating the atmosphere of divine Love Consciousness that will stream from her cellular consciousness back into ours as we become one with Mother Earth. When we raise our frequencies in Cosmic Consciousness, we can become a Star as we walk through the diamond door and merge into oneness with star dust frequencies from our Milky Way Star Selves to ignite that star dust memory into the Soul of Mother Earth.

Mother Earth will assist us in creating these magical islands of light where we stand upon her surface and connect our feet into her Christ Consciousness grids and connect through a pillar of white light energy through all of her magnetic veins of love and light. The funny part of the formula is this: We are the ones who must accomplish the transmutation of consciousness. Mother Earth

cannot transmute us into a higher consciousness. Only those who are streaming their cellular memory into hers can transmute their own cellular memory into her frequencies.

The Islands of Light that each of us creates in the area of the 54 foot radius around our bodies will be the Islands of the Frequencies of our present consciousness.

Those of us who have activated their magical 15th dimensional co-creative consciousness of angels, devas, fairies and elementals will begin to live in this Magical Kingdom, and our bodies will become extremely etheric. We will have direct moment by moment direction by our higher selves and instant manifestation ability that is in direct alignment with the Divine Mind.

Those who continue to focus their frequency structure into the 3.5 dimension of a better social structure with a few less politicians and fewer wars to end will create those islands of light. They will magnetize to them those of the same frequency and the same mission.

Their islands of light will probably be much larger than ours. Only those who sincerely dedicated to the mission of becoming a star will be magnetized into our island of light. This is a mission that only a consciousness that can understand raising frequencies into the etheric realm of light and sound can enter into.

Those who are on Earth at this time who feel like this is their mission will be drawn to this frequency activation work. They will be drawn to hearing the breaths of the angels that have prepared the DNA activation that will allow them to create these Cosmic Islands of Light. They will be drawn to take workshops on raising frequencies and creating islands of light. They will most likely come to Nepal with us and create an entire city activated by Cosmic Consciousness that will grow into the city of lights as the first spark of returning home into our Golden Galaxy.

For those who know that they truly want to rise above and out of the old world--the Cosmic Wave files will lift your frequencies to levels where your Island of Light will be created through Cosmic Consciousness.

What do I need to do to create an Island of Light?

Everyone will be creating Islands of Light. It just depends on what kind of an island you want to live in. The higher you raise your frequencies by listening to and absorbing the angelic breaths of consciousness in the Cosmic Wave File CD's, the higher your DNA will be activated. The level of the DNA activation determines the type of island that your frequency resonance will create.

If you follow all of the guidelines of the Cosmic Magic School, you will create a magical kingdom of Co-Creative Consciousness. I am an angel sent by Zadkiel's co-creation team to create this island on Mother Earth. Those who know they are here to fulfill this mission will be magnetized to this angelic frequency and will dedicate themselves to supporting this mission.

Learn more at:

<http://www.cosmicwavefilesdnaactivation.com/>

<http://www.cosmicmagicschool.com/>

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