

# First Wave of Ascension

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary  
Magdalene

<https://CrystalMagicOrchestra.com>

The more we practice Raising and Expanding our FREQUENCIES of our bodies and of our Merkaba, the easier and faster we spin out into the Cosmic Consciousness that frees us completely from the lower frequencies of the third dimensional realm. We learn to spin our Merkabas at the speed of light out into the solar, the galactic, the universal and the cosmic spheres. The speed of light is Divine Love. Divine Love is the Activity of Divine Consciousness that sets us free from all holograms of Mortality.

Those of you who have already been following the teachings of the Cosmic Mystery School of the Omniverse will have experienced the REALITY OF THE FREQUENCY.

The more we practice raising frequencies of consciousness into the activity of igniting the spark of Source inside each

cell in the body, the closer we become to Immortality.

Joseph and I have already completed the merge of Oneness of our Spiritual and Physical Selves. Our bodies are much more etheric now. Pain seems to bounce off. Things in the world just seem to evaporate.

This is the First Wave of Ascension. It began the day the Christ Child entered our bodies on November 5th and we began our rebirth into a brand new body. The new body is transforming as a result of our work with FREQUENCIES. It will be completed by Christmas. What it means is those of us responsible for the first wave will transmute and transform all that is around us into the HIGHER FREQUENCIES that we live within now.

The Ascension is not for us to leave the world of form, as many of us had expected. It is now the responsibility of the ascended ones to transform their own Islands of Light and lead others into their own Rainbows of Frequencies where they will also merge with their Spiritual Half and Spiritual Teams.

The reformation of our body and Mother Earth's Body is done from the inside out.

The crystal cell structure of our temples is becoming more and more etheric as the carbon energies of the physical form are transforming into crysalli based properties.

The entire elemental chart of 144 elements of structure are being replaced and transformed as each dense form changes into thousands of new silica based forms of etheric energy.

All of crust that has been covering our cells and glands are dissolving now. The miasms that were planted inside of our cells are now being totally ignited into the spark of Source where we glow from the inside out into the Immortal Body that we are. This is happening to those who choose to REMEMBER who they really are.

This is the first step. To truly desire to remember who we really are. We are the spark, the light, the sound, the foundation of the Divine Mind. As we reconnect our minds into oneness with this divine belief system, the third eye, the rishi eye, the eye of Divine Mind opens into its full connection and alignment with the eye of the spiritual self that contains all that is in Divine Mother.

We are gods and we can also change things in a moment as well. It does not matter about the past or how long something has been going on. We have the power to make radical change in our lives this very moment.

By doing so, you will start to see, know and experience the immortal god that you are.

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