

INSTANT MANIFESTATION

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary
Magdalene

<https://CrystalMagicOrchestra.com>

COSMIC MYSTERY SCHOOL OF THE OMNIVERSE

TEACHINGS

Learn how to manifest a new reality.

The INSTANT MANIFESTATION WORKSHOP will teach every thing that needs to be known about our true, divine ability to instantly manifest our visions into form. Learn how to manifest a new reality.

Learn about divine inheritance, money, infinite supply, infinite manifestation, instant manifestation, continuous,

fabulous wealth, wealthy, becoming heirs to infinity, how to manifest new reality.

Learn how to MANIFEST a NEW REALITY

LEARN MORE

The way that I will approach this workshop is by guiding you through the manifestation process one step at a time. You will keep a journal of the steps you go through until you have completely re-written your reality within your cellular memory.

I would like you to try your best to answer the questions, and ask questions about the questions to your self. By the time you get to the end of one section, you will have written your own understanding of that section of manifestation. We will be using these questions to identify what it is that you are doing wrong. What is keeping you from manifesting.

Manifesting is our natural mode of life. There is a reason why each of us is not partaking in our natural reality. We must live in the I AM THAT I AM REALITY. We must be willing to admit that we are actually the MIND OF GOD MANIFEST in this dimension of reality. God is the divine

template of manifestation. We plug into that template because we are that template.

1. VISION
2. DESIRE
3. BELIEF
4. ACCEPTANCE
5. INTEND
6. ACT
7. ALLOW

I'm sure you have heard about these steps to manifestation before. The problem is the background knowledge that we have of these terms do not correlate with the background knowledge of their true meaning.

Let's take VISION

We could put Vision at the end of the list, because AFTER we learn how to manifest correctly, we will SEE the Manifestation.

The First Vision must be within the consciousness, or within the dream state. We must see that Vision. The Vision is given to us in the dream state by our Soul Matrix or our Higher Selves, who already know what it is that we want to manifest better than we do.

Next is DESIRE.

After we see that reality in our dreams that we want to become, we must create such a strong Desire to become that reality that we begin to put some energy and excitement into making that dream come true.

We must BELIEVE so strongly that this Vision that we saw in our Dream is a Reality that we can SLIDE into by shifting our Frequencies in our Consciousness into that Reality.

We feel the ACCEPTANCE of this new Reality when know that we have attuned to the same frequencies of that Reality. We feel and accept that feeling of who we are in that dream as MORE REAL than your old reality. As long as you continue to believe you are living in your old reality, you have not ACCEPTED it.

If we INTEND something is true, every action, every thought, every motivation comes from the Intension that you are bringing to life that reality. You have no other intention than to live in that new reality.

ACT We take action by living in the reality field of the Consciousness that has already created the reality that was already given to us.

ALLOW the new reality to become Perceived. Now we get the VISION of the new reality that is placed in our radial field around us as a result of our Soul Matrix showing us the dream that we will achieve and then aligning with the Frequency of the Reality by tuning into the Funnel that Connects to the Mind of God and manifests millions of multitudes of reality. We are just tuning in to one of those realities that already existed.

PROGRAMMING THE MIND WITH REALITY

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When the frequency is received through the mid brain, it is the 3d brain that must process this idea through the recess of background knowledge that it has. If it doesn't have the back ground knowledge of how everything was created from the breath of source, igniting a spark to form an idea into the atmosphere, the sky, the stardust to form the realities we live within from the Omni particle of all creation, the yellow brain cannot process the information that it receives from the mid brains frequencies.

If the yellow brain can make the pictures while we create a dynamic inner force field and an outer force field. That is consciousness and energy create reality. To move energy up and to activate the frequency bands, first we must understand the frequency bands. The music of the spheres. The frequency waves of the hertzian level of this earth, the infra red of the parallel earth, the visible and invisible light spectrums, the ultra violet blue body that we have been many times before, the x-ray band that allows all light to stream into the sound bands and create the soup of heaven, the gamma waves that connect our wave bands, to our highest light of Alcyone and all crystal suns light.

We cannot connect our mortal mind picture frame into the ultra violet blue frequencies that bring us immortal 6D bodies until we can fully visualize and understand this realm of Aquafarian consciousness and the dolphinoid who brought the seed of our 6th dimensional bodies to this earth millions of years ago.

We must understand how our soul has returned to this 6th dimensional realm of the blue body thousands of times and how it has remained there for many lifetimes in between. We must have the background knowledge before our yellow brain-personality will allow these frequencies

to be help permanently in the neuronet and then allow the body to turn into 6th dimensional blue body which contains the mind of god, which contains immortality, which continues co-creating.

These are just all words that are immediately misunderstood and then dissolved by the yellow brain and the replaced by former old school knowledge that was formerly placed in the yellow brain-upper cerebellum, until the yellow brain has spent enough time experiencing Aquafaria, the life style of the immortals who live in the Blue realm and the actually frequencies of this glorious heavenly realm.

Crystalai and aDolphino spend all of their days and nights in this magnificent blue body realm. we breathe it into our atmosphere. We live in Aquafaria in our Lucid Dreams. We allow our Aquafaria families to swim through the neuronets of our chromosomes in order to crate our 12 DNA that links us to this world permanently.

At Cosmic Dolphin Magic we provide the tools the frequency signatures, the wave bands, the music of the spheres, the codes of manifestation, the visual and frequency journeys into Aquafaria, the tools for lucid dreaming. We provide everything needed to remove all resistance from the yellow brain and to create a brand

new back ground knowledge for the yellow brain to process information from when it receives the frequency signatures of the ultra violet blue light from our glorious 6th dimensional realm of immortality.

We were given this extremely valuable message from mother marry and Cinderella our cosmic mothers of co-creation.

We asked them when we can move to Aquafaria continuously.

They answered this way. When we are consciously in Aquafaria more than we are in our third dimensional reality. WE will be in the 6th.

They added this important fact. They said we will not move to Aquafaria, we will move Aquafaria to Earth. The Healing of Temples of Aquafaria will move to Earth in2011.

This is exactly what we are doing every minute of every day. We are spending more and more time in our Aquafaria home absorbing the frequencies of this sixth dimension realm and learning everything there is to know about it. This is the realm where there are millions of elementals show help redesign our bodies into the Omni particles of our original creation from the breath of god. These breaths of Source frequencies are breasted in to

our etheric chromosomes to realign our DNA at the Omni level into a New Form of consciousness.

We take the frequency from the sphere and load them into the physical. We load higher and higher frequencies into the atomic structure. The Omni has frequency fields, they sure textured realities. They are frequency signatures of entities consciousness, dimensional levels, sixth dimensional blue body consciousness field. They are particles realities they all have a frequency signature and code. When we put the picture in our brain. We create a picture that represents the code.

The mid brain opens up the picture because the picture has been translated into frequency. So, I can see Aquafaria because I first make it a reality strong enough in my yellow brain. That the yellow brain would not resist it and erase it. Second, I become so familiar with the frequency of the ultra violet blue Aquafarian Reality that knew it as on frequency signature as well as all of the many individual frequency signatures that exist within this reality. I become familiar with the frequency signature of all of the family of consciousness of my Aquafarian family, and the atmosphere and frequencies of the crystals, the water, the temples the mansions, etc. I become familiar with their frequencies of trans formation

that allowed them to change form from dolphins to mermaids, to fairies to stardust and to create rainbows from light and sound. I become so familiar with that tone of home that it became my own breath of consciousness. I breathe these frequency signatures into the CD's in the Ascension Kit, Cosmic Kits, Family Kit and Super Frequency Kit. The Cosmic Kit contains songs sung by my Aquafarian Family that describe their Reality in their own words. The song, All is Love from Magic Dolphin describes the way of thinking of this reality the best. The Super Frequencies in Ultra Violet Sun are extremely important to feeling and understanding the Blue Body that exists within the realms of the Sun Alcyone, Aquarius and Aquafaria.

Each set of frequency signatures is a separate aspect of the entire Cosmic Realm of Angelic Consciousness being woven into my breath from my frequency bands after my wave bands have absorbed the frequencies of Aquafaria.

Each frequency begins its journey from my connection into the zero point of Source Consciousness. Where the Omni particles of all creations is breathed into the Spark of Source and ignited into a Flame to create a rainbow flame of energy to create anew reality from

That spark of Source is ignited from within the crystal heart of each cell in the body . The zero point of each cell

in the body contains that spark of Source. That Omni particle that created each soul on earth. That same spark of source created the Omni particles or stardust, rainbow, galaxies and universes.

When that spark of Source is breathed into the bands of light and energy to create the music of the spheres, that breath of Source raises the frequencies of the entire mass of the body. The body becomes lighter and lighter until it levitates, walks through walls and disappears.

That doesn't mean that you are no longer here. That means that you have allowed your blue body frequency to transform the 3d brain. The personality has become a believer because it understands it feels, it knows the reality of this frequency of Source, the frequency of Cosmic Consciousness, the Frequency of the Aquafarian Blue Body.

The Music of The Spheres can be heard within the body as a humming singing sound of light whistling through every cell in the body. It is felt as a light feeling of invisibility and weightlessness.

The mind must be re-trained to see, know and feel this new reality. The 3d brain hates NEW REALITIES. The 3d Brain must be trained to understand the reality of Cosmic Consciousness, angelic breaths of reality. The 3d brain must first believe that there is a Blue Body an Aquafarian

Reality that swims within our etheric DNA.

These are the realities that we are helping those who desire to experience those realities experience and create into their own reality of a sixth dimensional blue body living and moving and breathing on Earth.

This reality is frequency specific. This reality of the sixth dimension Aquafarian realm of consciousness lives deep within the heart of Mother Earth and deep within the chromosomes of our DNA. These are the frequencies that already exist inside of us as the Omni particle-the star see-the etheric frequency of our sixth dimensional substance.

This spiritual substance is flowing through our DNA as an ultra violet blue liquid light that allows all light from the gamma waves of Sun Alcyone and all Suns of Co-creation flow through our veins. This is the wave band that allows our immortality.

When we become the Lords of our own Yellow Brain personality who inform it of the Blue Reality that exists within us, we have regained the harmonic convergence into the Mind of God. We connect into the Multi Dimensional Mind of God to find we are free to live in all

realities simultaneously.

Our bodies are made of bands of light energy. These light bands or spheres of light and sound, are anchored in every cell, every chromosome, every muscle, every blood particle. These bands are at every level.

These multidimensional spheres are inside of the body and outside of the body. The 12th dimension light band is 12 inches above the head and 12 inches below the feet. This Christ Consciousness band or grid connects us into the Christ Consciousness of Mother Earth. This Christ Grid is also out in our atmosphere. When we connect our consciousness into this Christ Grid that is a band love light and wave frequency we can wrap our bodies in this 12th dimensional zone of protection and immortality.

We can also create a mini-me of the same reality by placing a mini me of your self inside of your Soul. The soul is a sphere of crystal light energy that sits right next to and behind the physical heart area. We call this the crystal heart area to remove confusion from what many think of as the soul. The soul is a sphere that weighs 13 ounces and sits inside of the body. The soul has made many journeys to the 6th dimensional blue realm where it goes through a light review of all light experiences it has

in the body each journey before leaving the body at death.

The Soul together with the Mid Brain records all experiences as frequencies. All experiences are either higher frequencies or they are the physical contractions from the high frequencies.

It is the Souls greatest desire is to remove all of these contractions from its light review. A contraction is like a resistance, a feeling like an intimidation or jealousy or fear or hatred, some type of reaction that isn't filled with the LIGHT OF THE HIGHEST FREQUENCY.

We remove these contractions by staying in the full spectrum of light and sound until we melt them away.

The body would transform into the blue body of the Aquafarian frequency signature.

This delightful, joyful, creative realm of frequency signatures that are woven into the highest realms of angelic consciousness through the neuronets of this body raise the consciousness fields of the body into a new light body connected fully into the physical body to create a new immortal template for the blue body.

The inner sphere is a result of all that has made us into a community of signatures presence made from within to without. When we put this picture up here in the frontal lobe that is all we need to do. The sub consciousness- the observer, holds it, can translate the picture into frequency.

The sensual areas in which the brain defines all that is placed in the body includes what food is , how to digest it, what qualities it has.. This mortal mind, 3D brain, that is defining our life and telling our body what will make it well or what will kill it, how our days are numbered.

You have been placed in the paradox of the polarity of who you are in the mid brain and who you are in the mortal 3D mind. The upper cerebellum mortal brain eats up or dissolves that which is placed in the mid brain, until you spend enough time in the candle or in the sun to melt it away forever.

Our Soul Matrix has returned to Earth watching and helping us remove all of the contractions or reactions that keep us from being filled with the light that turns our DNA back on. We turn our light on with the breath. We

breath in the frequencies of all of the spheres of light until we are only filled with light and there are no contractions.

The breath is the closest most tangible form that represents the will of God. it is the manifest code of the will of creation or the desire of God to Create a new reality from.

God made an atom from his breath and formed an Omni particle and created this body and breathed into flesh and the flesh was made man.

<https://crystalmagicorchestra.com/vortex-of-manifestation>

Namaste,

Crystalai

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INSTANT MANIFESTATION AND CREATING OUR NEW REALITY

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My main interest in teaching this Workshop is not so much to make you all rich. My main interest is to create a new world. That is my mission. There will not be a new world until someone gets to work and makes it. That is a Divine Law.

The world will stay the same until we change it. We must change it one by one. We can learn to change it into anything that we want. We can each have our own little divine reality of anything we want. We can live in a 3D world or a truly magical 5D world.

The process involved in this workshop is very time consuming. You will each need to spend a lot of time reading, doing activities, practice changing your daily routines. This process will take at least four weeks as you are going through the articles and questions in the pdf.

During that four weeks you can communicate with me directly. I will answer some of your questions, and I will create more activities for you from the questions. This is a group activity, however, you may remain completely isolated if you wish. It will be a group activity in that I will always consider the group as a whole as I put out new articles, new questions and new activities. The group helps to stimulate questions and answers that the individual sometimes doesn't realize that he also has.

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I know some of you are eager to begin the Instant Manifestation Workshop. I'm eager to begin as well. I have been working on this project for over five years. I have begun to offer this workshop in the past, and then I would realize that there were so many steps that a person needs to go through to get to the point of what I am explaining.

When my own DNA activated to a new level of understanding on September 22, I was given the wisdom to take my understanding down into a more practical level of explanation. It was required of me to go through the past five years of transcribing divine knowledge of fifty pages a day in order to get me to this place of readiness.

The fast activations that many of you have received from your ETERNAL LIFE ALBUMS, Ascension Kits and now the Parallel Universe Frequencies will stimulate your DNA growth at again another speed.

<https://crystalmagicorchestra.com/vortex-of-manifestation>

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Along with this DNA growth there must be a new reality at the visionary level and understanding level being printed on to the cellular memory and the DNA before it activates. DNA is actually the electromagnetic chip that holds the data that will be displayed on your movie screen of the future. If that microchip still holds the same old memory in it, your new fifth dimensional reality is going to look just like your old reality. The individual must begin to program their own microchips in their DNA.

Learn how to MANIFEST a NEW REALITY

<https://crystalmagicorchestra.com/vortex-of-manifestationI>

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THE ETERNAL LIFE INDIVIDUALIZED ALBUM is created specifically to interact with the body of individual who orders to album. All spiritual realignment work is done through light and sound and transferred into the

album for the individual to keep.

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program -

Personalized Frequency Realignment, Reattunement and Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

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(Teachings of the Cosmic Mystery School of the Omniverse)

The ETERNAL LIFE ALBUM is a personal HEALING SESSION. It could be likened to what would be expected if one of you went to a Reiki Healer or Sound Healer for healing sessions. It could be likened to having eight hours of healing sessions per day for a week.

When I create the ETERNAL LIFE ALBUM I first go to Source Consciousness field and ask Source to hold the 12 coded divine blue print of the individual (the name of the person who ordered the ETERNAL LIFE ALBUM) inside the flame of eternal life creation that the idea was originally made from.

It is the meditation with the codes and symbols that I mostly wanted you to have to work with together with the frequencies. The frequencies hold the reality of you being already healed. They are the frequencies of consciousness of the completion of going through this meditation and all that it activates. The frequencies are held in the breath from consciousness and then placed on the CD. You will learn that the entire CD is made of Breaths of Consciousness. Those breaths are attaching to your specific Soul Family in the reality of you already being

healed, whole, complete in every way.

We are each made in the image and likeness of Source. That image and likeness is a negative of the picture of the idea that Source is creating. That idea is held within Source Consciousness and rebirthed into creation every trillionth of a nano second. When the brand new image and likeness is imprinted on the idea, the idea is reborn as a brand new image with the new thoughts and ideas of the new experiences encoded within it.

I hold that idea within the Source Flame. That idea is already perfect and it contains the 12 coded divine blue print of angelic raceline.

That old idea that was created billions of years ago must go through a rebirth at this time. We are all being reborn into a new harmonic universe, a new space and time portal. Each time we are born we come into the planet through a stargate. Many of the stargates attached to Earth were destroyed and we were disconnected from many of them. Now, we are being placed in a different time portal where we are back in alignment with all 12 stargates, which allows us to obtain the 12 subharmonics in each of our chakras.

These 12 subharmonics comes from combining the spiritual coding from the chakras outside of the physical body with the chakras within the physical body. In order for an entity to return to a place in the universe, there

must be an essence or a frequency signature of that entity left in that place from the time the entity left the place in the universe.

In order for our bodies to become realigned into the eternal life domain of the harmonic universe, I take the idea or the image that is within the Flame of Source and create a light body image of that idea. I place that idea within a flame. I use a candle flame. Within the flame is the complete spectrum of light, the entire rainbow. The flame includes the hertzian, infra red, visible light, invisible light, x ray light, and gamma waves. The idea is held within the complete spectrum of light of Source Consciousness.

That idea that is whole and complete walks through the candle to the other side and returns back with the connection of frequencies of the spiritual side- the blue body self. The idea becomes complete as it connects with the blue body.

The idea must also be taken in to the Inner Earth realms of the Cosmic Domain. I take the idea into the Etheric Core of the 13th dimension and then into the 14th dimensional of the Spiritual Etheric Heliotalic Light Domain of the Cities of Light, the Inner Earth, and then down into the Crystal Liquid Light, the Mirror light of heliotalic frequencies. This is the location of the Etheric Star Formation that was placed around the area where Earth is located now. That Star Formation is called

Urtha.

This idea within the Source Flame must have its frequency signature implanted within the Cloud Cities, Cities of Light, the Star Formation, the Aquafarian Realm of Urtha. The idea does not exist there because most of us haven't been there before. This place was created by the Aquafarians from the Aquinos Matrix millions of years ago as a refuge and an escape chamber for this time. Since we were never there before, we must leave an imprint there so that in the future we can go there.

Crystalai and aDolphino went to Aquafaria to leave this seed of their frequencies. However, when they went there, they were met by a family who took them to a crystal palace. They were told that they built this palace for them long long ago and it has waited for their return. So, there are in fact, a few of us who have been there before. That is why it is necessary to link frequencies of those who haven't been there before through the frequencies of those who have been there.

When the client is being put through the eight hour healing sessions, the old damaged codes within the chakras are transformed by having the frequency signatures of the individual returned to the original perfect divine imprints. This coding is imprinted in each of the chakras to align the 12 subharmonics of the perfect raceline back into the individuals template.

Each cell in our body is supposed to contain this divine blueprint that was created in the image and likeness of Source. As the clients idea body is taken into the crystal liquid light of Inner Earth and into Urtha, the heliotalic frequencies emerge from the skin and the skin becomes the shining.

The healing takes place from the within, beginning with the blood crystals transformation, the bones turn into sound frequencies and the skin turns into light.

Each one of these steps of transformation takes a great deal of focus, alignment into the allness of Source Consciousness, a continuous holding of the idea within the flame of transformation. Each time I focus on one specific aspect of the entire healing of the body, there is one tiny little breath involved. Each time I can feel and hear that the breath is perfect and the healing is complete, I record that breath.

I layer each of the breaths of transformation for that one specific individual into my recording mechanism. By the time I am finished, I usually have five hundred or more breaths. Next, I weave these breaths into the formulas and frequencies of codes of attunement that the Guardians and Source direct me to. Each individual is given a different set of codes and formulas. These codes come as frequencies and I breathe them. Some times they are heard as tones of God Language and sometimes they

are pure breaths. Each recording comes out very different.

I was given this guideline to help my readers understand why this item costs the price it does. I am sure that there are not any Reiki healers out there of any reputable nature that would give you eight hours of healing sessions for five to seven days in a row for this price.

Once a client returns from a Reiki or Sound Healing clinic, that healing will sometimes last a day or a week, if the client is lucky. That is because the old Reiki technologies are based on the Chi of an energy that has been blocked from Source for eons of lifetimes. Taking an energy that has been broken from Source at the Cosmic level and trying to do the repair work at the Planetary level just does not fix the problem.

This problem that is blocking our eternal life system happened billions of years ago, and the guardians have been working on fixing it for billions of years. There are many problems in each level of creation, far beyond the chakras within the body. The frequencies must be realigned clear out into the Universal Spheres, Cosmic Spheres, pre sound and light realms and the allness of Source's original idea of creation.

So, we are talking about a healing that would last as long as a band aid, or one that is complete and lasts for eternity.

Ascension -Connection between Consciousness and the

body. Ascension isn't just about being a good person, going to church and getting forgiven by Christ and then going to heaven. It isn't that easy because there is a direct link between the consciousness of your spirit and the atomic structure of the body. The part of the spirit that is embedded into the atomic structure of the body is called the JARI. It is a part of the spirit body. If the JARI is trapped inside of the atomic structure at death, the body will not ascend. It will continue to be trapped on the Earth and will continue to return. This is what we did for the last ten million life times. Our JARI has been stuck inside of our atomic structure.

We must make sure our Jari is free from the atomic structure in order to ascend out of here.

We must transmute our spirit body out of the atomic structure in order to ascend. So, we take this perfect formula of creation and rebirth that was given to us by the Guardian Races and we record it because it is made of Frequency Signatures. The breaths carry the frequency signatures and they are recorded in perfect harmonic convergence. Each of the frequencies transmutes into the highest frequency of Source Consciousness in order to hold that reality of the divine code for ever.

Individual Eternal Life

(Immortality Album)

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

I recommend you begin with the ASCENSION KIT to begin the raising of your frequencies within your chakra system. We do not use the internal chakra system of the old sciences. We use the chakra system that aligns with the axiotonal lines of the entire Cosmic Matrix, Universal Matrix and into the Music of the Spheres of Source Frequency. The frequency alignments are done from zero point from within the etheric center of the quarks within the cells out through the music of the spheres into the pre sound and light field connecting with the spark of Source Consciousness that ignites the crystal liquid light to flow into every cell in the body.

THE ASCENSION KIT

<https://crystalmagicorchestra.com/purchase-2>

RETURNING TO YOUR PERFECT SELF
AS CREATED IN THE IMAGE AND LIKENESS OF
GOD

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Many have asked questions about the ETERNAL
LIFE/Immortality Albums about what happens when they
order their Individualized Album.

My Omniversal Team already knows everything. They

begin communicating with me about you the moment I receive your orders. These Entities know you at your highest, most divine state. They were your original creators. They are the Entire Music of the Spheres-meaning they are the Consciousness of Oneness containing the Infinite Frequencies of Oneness. They only see your most perfect divine state of being, and they realign all frequencies of all of the spheres of the galactic, universal and cosmic back into the original divine state. They have known you for billions of years. They are very excited to know that their frequencies will once again be permitted to become at one with your Consciousness because you have made it so.

When I align my consciousness through the Elohim of Hearing to connect your personal frequency signatures through the music of the spheres your personal frequency signature is being transmuted into the Full Spectrum of Light. As that light and sound spectrum becomes your new frequency signature, the Omniversal Consciousness Team can lift you into Oneness of the Divine Template beyond this Earth's Matrix. The music of the spheres contains the 12 dimensions of consciousness of the 12th level avatar. However each harmonic universe must be transmuted up from the base tone of the harmonic universe above. So it is the Cosmic Universe, or the 13th dimensional consciousness which transmutes the

Universal into the Cosmic. As the full music of the spheres combines into the new tone of home, this new Cosmic Frequency can be lifted into the base tone rhythm of the Omniuniversal Consciousness. This is the Consciousness Team of all Universes. This is the Omniversal Team that creates the new baby universe at the time of Ascension.

Remember, we are still in the process of Evolution which will prepare us for the Ascension. The cellular structure must be transformed from the inside to the out for ascension. This evolution is happening at such a microscopic level so far beyond anything man could measure, that it can only be felt through the Breath of the Angels. This transformation is happening as the divine substance of crystal light, crystal dust and crystal gel of the silicate matrix of the Star Essence of our Divine Selves.

The difference between the other albums, and the Individualized Immortality CD is the difference in Mass Ascension and Individual Evolution. If the body does not go through the cellular transformation from the inside to the outside, which will transform it into the same star essence that Mother Earth is returning to, there would be this three dimensional body trying to exist in a Starry Atmosphere. It could not exist in that atmosphere. The body must evolve into a new form that can live and move

and breathe in the new starry atmosphere.

In a Star's atmosphere there is no need for electricity because the energy and light come from the inside. Since this is true of a star, there will be no electricity on planet Earth by 2014. So, you see, the body must transform to be prepared for the Earth's ascension into the form of a star. The changes happening on Mother Earth are her ascension into a starry substance that is also silicate crystal based as any Star is.

My starry brother Zaurak has created an entire star system with a team of co-creators. He has taught me how each starry frequency is realigned from the morphogenetic field of the inner Star and woven out into all of the stars and suns of the Universe and then transmuted into the highest Omniversal Consciousness. This is how every star system is created and maintained.

I am learning a little more each day about how to create a star and how we are created from the tiniest of tinies from the micro-level of our crystal cells.

What we are doing with these Individualized ETERNAL LIFE Albums is acting as the surgeons on Earth who are aligning and streaming the light bands of frequencies into the crystal cells at a level where the elementals of each

team of creation can connect directly into the music of the spheres from the aqua crystal sphere that is connecting us into their morphogenetic field of consciousness.

My breaths are always channeled into the crystal spheres microphone through the Elohim of Hearing, and the alignment into all of the points of intersection with all Frequency Signatures of your Divine Consciousness is done through the direction and the alignment from my Omniversal Team. I am the one who must always keep my Consciousness in a perfect state of Oneness and calmness and perfection in order to achieve the perfect frequency alignment. You don't need to do anything until after you receive your album. At that time you need to start working on aligning your Consciousness into the Frequencies that they have sent to you. These frequency signatures are the communication lines into all of your higher selves or your Divine Consciousness network.

We are each made in the image and likeness of Source. That image and likeness is a negative of the picture of the idea that Source is creating. That idea is held within Source Consciousness and rebirthed into creation every trillionth of a nano second. When the brand new image and likeness is imprinted on the idea, the idea is reborn as a brand new image with the new thoughts and ideas of

the new experiences encoded within it.

I hold that idea within the Source Flame. That idea is already perfect and it contains the 12 coded divine blue print of angelic raceline.

That old idea that was created billions of years ago must go through a rebirth at this time. We are all being reborn into a new harmonic universe, a new space and time portal. Each time we are born we come into the planet through a stargate. Many of the stargates attached to Earth were destroyed and we were disconnected from many of them. Now, we are being placed in a different time portal where we are back in alignment with all 12 stargates, which allows us to obtain the 12 subharmonics in each of our chakras.

These 12 subharmonics comes from combining the spiritual coding from the chakras outside of the physical body with the chakras within the physical body. In order for an entity to return to a place in the universe, there must be an essence or a frequency signature of that entity left in that place from the time the entity left the place in the universe.

In order for our bodies to become realigned into the eternal life domain of the harmonic universe, I take the idea or the image that is within the Flame of Source and create a light body image of that idea. I place that idea within a flame. I use a candle flame. Within the flame is

the complete spectrum of light, the entire rainbow. The flame includes the hertzian, infra red, visible light, invisible light, x ray light, and gamma waves. The idea is held within the complete spectrum of light of Source Consciousness.

That idea that is whole and complete walks through the candle to the other side and returns back with the connection of frequencies of the spiritual side- the blue body self. The idea becomes complete as it connects with the blue body.

The idea must also be taken in to the Inner Earth realms of the Cosmic Domain. I take the idea into the Etheric Core of the 13th dimension and then into the 14th dimensional of the Spiritual Etheric Heliotalic Light Domain of the Cities of Light, the Inner Earth, and then down into the Crystal Liquid Light, the Mirror light of heliotalic frequencies. This is the location of the Etheric Star Formation that was placed around the area where Earth is located now. That Star Formation is called Urtha.

This idea within the Source Flame must have its frequency signature implanted within the Cloud Cities, Cities of Light, the Star Formation, the Aquafarian Realm of Urtha. The idea does not exist there because most of us haven't been there before. This place was created by the Aquafarians from the Aquinos Matrix millions of years ago as a refuge and an escape chamber for this time. Since

we were never there before, we must leave an imprint there so that in the future we can go there.

Crystalai and aDolphino went to Aquafaria to leave this seed of their frequencies. However, when they went there, they were met by a family who took them to a crystal palace. They were told that they built this palace for them long long ago and it has waited for their return. So, there are in fact, a few of us who have been there before. That is why it is necessary to link frequencies of those who haven't been there before through the frequencies of those who have been there.

When the client is being put through the eight hour healing sessions, the old damaged codes within the chakras are transformed by having the frequency signatures of the individual returned to the original perfect divine imprints. This coding is imprinted in each of the chakras to align the 12 subharmonics of the perfect raceline back into the individuals template.

Each cell in our body is supposed to contain this divine blueprint that was created in the image and likeness of Source. As the clients idea body is taken into the crystal liquid light of Inner Earth and into Urtha, the heliotalic frequencies emerge from the skin and the skin becomes the shining.

The healing takes place from the within, beginning with the blood crystals transformation, the bones turn into

sound frequencies and the skin turns into light.

Each one of these steps of transformation takes a great deal of focus, alignment into the allness of Source Consciousness, a continuous holding of the idea within the flame of transformation. Each time I focus on one specific aspect of the entire healing of the body, there is one tiny little breath involved. Each time I can feel and hear that the breath is perfect and the healing is complete, I record that breath.

I layer each of the breaths of transformation for that one specific individual into my recording mechanism. By the time I am finished, I usually have five hundred or more breaths. Next, I weave these breaths into the formulas and frequencies of codes of atunement that the Guardians and Source direct me to. Each individual is given a different set of codes and formulas. These codes come as frequencies and I breathe them. Some times they are heard as tones of God Language and sometimes they are pure breaths. Each recording comes out very different.

I am giving this guideline to help my readers understand why this item costs the price it does. I am sure that there are not any Reiki healers out there of any reputable nature that would give you eight hours of healing sessions for five to seven days in a row for this price.

Once a client returns from a Reiki or Sound Healing clinic, that healing will sometimes last a day or a week, if

the client is lucky. That is because the old Reiki technologies are based on the Chi of an energy that has been blocked from Source for eons of lifetimes. Taking an energy that has been broken from Source at the Cosmic level and trying to do the repair work at the Planetary level just does not fix the problem.

This problem that is blocking our eternal life system happened billions of years ago, and the guardians have been working on fixing it for billions of years. There are many problems in each level of creation, far beyond the chakras within the body. The frequencies must be realigned clear out into the Universal Spheres, Cosmic Spheres, pre sound and light realms and the allness of Source's original idea of creation.

So, we are talking about a healing that would last as long as a band aid, or one that is complete and lasts for eternity.

Ascension -Connection between Consciousness and the body. Ascension isn't just about being a good person, going to church and getting forgiven by Christ and then going to heaven. It isn't that easy because there is a direct link between the consciousness of your spirit and the atomic structure of the body. The part of the spirit that is embedded into the atomic structure of the body is called the JARI. It is a part of the spirit body. If the JARI is trapped inside of the atomic structure at death, the body will not ascend. It will continue to be trapped on the

Earth and will continue to return. This is what we did for the last ten million life times. Our JARI has been stuck inside of our atomic structure.

We must make sure our Jari is free from the atomic structure in order to ascend out of here.

We must transmute our spirit body out of the atomic structure in order to ascend. So, we take this perfect formula of creation and rebirth that was given to us by the Guardian Races and we record it because it is made of Frequency Signatures. The breaths carry the frequency signatures and they are recorded in perfect harmonic convergence. Each of the frequencies transmutes into the highest frequency of Source Consciousness in order to hold that reality of the divine code for ever.

Dear Crystalai ~

You absolutely can share whatever you wish to. You need to make sure to include the part about how what you're calling mass ascension material was leaving me wanting more and the individual album made me finally feel satiated. I think that explains it pretty well. It just *fits*. I may still pick up other Crystal Magic Orchestra recordings, and it doesn't mean I won't still listen to the ones I have, but this one is different than the others. Now

I have a place to go into whenever I need it, it's as portable as my iPod, and can balance me out again at a moment's notice. I just keep it on repeat and live in the frequencies and I love it.

~ Love and Light ~

Dear Crystalai and aDolphino,

Thank you for all you are and all you do---you have my greatest appreciation and gratitude

for the service you are providing for me and our "human Tribe". The way you describe it, making one of these Individual Immortality albums seems very intense and almost incomprehensible in its complexity!

The value and potential of this album is exciting and I am eager to begin listening to it however, I am having some anxiety whether I'm equal to the task of leaving behind all the old and create from the New, as your message of Sept.

27 clearly warns. I know, I know.....fear and nerves are Old Energy programs.....it just seems a big step (leap?) for this garden-variety- Lightworker-grounding-light-and-love-in-the-physical.

There, now.....I feel better having got that off my chest.....

Thank you very much for sending me the mp3 files. I would, however, like to request a CD be sent to me, please, as my access or ability to use a computer is erratic and limited----I can get much greater use out of playing a CD. I understand the megahertz business is greater with an mp3 but it's just not practical for me. Please forgive me for not getting my request to you sooner but I expected the album not to be complete for another week or so and just took too darn long in getting back to you.....please accept my apologies.

One more question, please: what is the optimum way to listen to this particular album? I listen to the Ultra Violet Blue Sun album every morn about 6 am, lying in bed, just before I get up for the day and sometimes listen again later in the day on my Bose Wavewhatever radio/CD player. Thank you for your advice.....

wow.....I am humbled and in awe that I'll be listening to sounds of my Soul Family(that's my understanding-----I hope it's correct). I am so grateful to have made it to be part of these most amazing and shining of times on Planet Earth.

Peace, love and gratitude,

Judy Phillips

Dear Crystalai and aDolphino ~

I want to thank you both for the individual album that you channeled for me ~ I have been listening to it pretty continuously since I received it on the 9th. I heard through the first six tracks before I went to sleep feeling very balanced. The next thing I knew, my husband was frantically waking me up thinking my apnea mask was leaking air. Although he was waking me from a deep sleep, he said I was very calmly looking at him like he had two heads. I knew everything was just fine. From where he was in the other room, he just heard air rushing and he thought my apnea machine was malfunctioning. Now he's heard the frequency files and knows what they sound like without Crystalai's voice on them, so he's not surprised. He said he was really struck by how calm I was when I was being woken up by him being all panicked. Well of course I was.

The second and third (and 3B) files in particular ~

Crystalai, you may remember my telling you that I have had astral dream state experiences with my guides where I have been taken to other realms. Those frequencies you sent in the second and third files are the same as those experiences. I was completely fascinated that the frequency files were the same! I still can't describe in words what those frequencies are, so if you have any more information, I would love it. I can remember everything about my experiences, but when I try to bring it to a 3D telling, I can't bring it down.

I love the whole album, and the intensity of how it builds, how it feels so right for me. Initially I was surprised that none of it has Crystalai's voice on it. But I can do that on my own. Somehow having the right frequencies for *me* connects in a more intense way. I still love the other music I have (don't have the complete collection). This individual album satiates though. If I listen to one of the ~ as you call them ~ mass ascension albums, and I still want more, the individual album is the real feast.

~ OM Shanti ~

Renee

wow.....I am humbled and in awe that I'll be listening to sounds of my Soul Family(that's my understanding-----I hope it's correct). I am so grateful to have made it to be part of these most amazing and shining of times on Planet

Earth.

Peace, love and gratitude,

Judy

I hope you didn't take my silence as disapproval. It was the opposite. I was fully experiencing and exploring. We had a long weekend here in Canada for Thanksgiving and I had my headphones out. I want to thank you both again for your time and love in putting the album together for me.

~ OM Shanti ~

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary Magdalene

<https://CrystalMagicOrchestra.com>

I've just ordered the Individual Eternal Life from your website. There are a lot of questions in my mind surrounding this process, but trust the universe and what I'm experiencing that what you are teaching is meant for my growth. I devoured a book today by Ken Carey - The Starseed Transmissions, things he touched on, I took as, exactly what you are saying about music/sound/frequency, direct assimilation of starlight and our ability to recognize the consciousness we are, as things shift and open up for us to access. As I was reading this it felt like I was taking it in through my third eye - as pressure in my forehead and that particular spot more intensely. One thing that clarified through the writing was that when a knowing comes it is very difficult to put it into words.

I've found since listening to the Ascension Kit, an effort to shift back into linear things such as typing and left brain activities. I understand this now, that so much of what society has us doing is a total diversion. For the last year or so, I feel things like shifts and pressures and almost like distortions in my perception of the outside world. Sometimes I'm driving down the road and it feels like something is coming in on a wave but I can't put a description to it, I feel it in my body.

But the music you make... oh my goodness...so B-e-a-u-t-i-f-u-l! I never tire of listening to it and now at times plays itself in my head. Especially - Heaven.

There is a joy bubbling up in me almost everyday since I started the Ascension Kit and my inner world is expanding.

I find the information surrounding this experience vast, deep and expansive. Your knowledge and descriptive analysis fascinating.

Thank you for your work! I look forward to what/who/how you connect with my families of light. The realization I long to gain is the insight into my mission here...questions I have about Mu, Nommo, Sirius... etc. or whether it pertains or not. Karma? There's so much... and with that,,it's time to fall into dreamtime.

Goodnite,

Aloha,

Dear Crystalai,

I manifested a job pay increase that was two fold. It

happened two days after I started listening to my Individual CD you created.

MANIFEST WINDOW

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary Magdalene

<https://CrystalMagicOrchestra.com>

<https://crystalmagicorchestra.com/vortex-of-manifestation>

I activate the third eye by focusing on the white light area

of the candle until it becomes blue and then ultra violet blue.

I can close my eyes in order to allow the diamond shape containing ultra violet blue to appear in my forehead.

I can connect to my hologram which is my Soul through this window. I can then send my soul hologram all the way to the field of Source through this diamond window of ultra violet blue.

When the frequency specific mid brain has made contact into the ultra violet blue, every thing around the candle flame will disappear. The room will be filled with the plasma of ante matter. This is the Source field appearing around you as you enter into the diamond window. You see your hologram appear in the diamond window, and you see the plasma filling the room.

The Source field of consciousness has come to you to create your new reality. This is the quantum field of invisible energy that contains infinite ideas and infinite amount of space and time to create within. There is also no space and time in this place. All creation is in the now.

The crystal dust is the plasma, liquid gel is mercury and

crystal liquid light is the waterfall of of the silver pastel with golden sparkles carrying the codes of creation. This waterfall streams down from source into Cosmos and streams all the way down through our Souls - our Crystal Hearts and then into the Crystal Heart of Earth - within the etheric realms of Earth Core are the Cosmic realms that connect into the zero point of Source. The waterfall stream of liquid light streams all the way down into the reservoir of Mother Earth's crystal heart and then erupts upward all the way back up to Source. When the Cosmic Stream of Crystal Light returns, it ignites the ultra violet flow of liquid gel. The liquid gel is the crystal gel of transformation. It is the energy that can transform our bodies into a completely new chemical structure, a completely new multidimensionality, a completely new divine blue print. All lower frequencies become transmuted into the higher frequencies. This doesn't mean that a part of us disappears, this means that all multidimensional selves exist at once through the frequency of the highest self.

Once the waterfall turns into the violet stream and streams through the soul and back down into the reservoir of the Cosmic Creation template, our bodies become transformed and the third eye becomes activated.

We create a tiny little mini me of the self and place it in the ultra violet diamond window. We see the diamond window surrounded by the crystal dust which is the plasma ante matter of Source. We see our tiny self standing within the window on the cloud. We see the tiny self dive into the waterfall to become saturated with the ultra violet frequencies of transformation.

Once the tiny self has dove into the waterfall and swims clear down into the Crystal Heart of Mother EArth where the healing waters of Kemlehotea and the reflective pond of the twin spiritual self reunite, the tiny self can erupt back up through the Cosmic Flows up into the plasma cloud in the Source Field.

Now, the third eye has become activated. The third eye can see through the violet window through the eyes of Source. The Eyes of God are activated behind the head because the spirtual self has stepped into the physical self. The eyes of God from the mid brain see into the window that connects to the all seeing eyes of Source Consciousness.

The Soul hologram is always observing the physical temple, which is no longer physical because the spiritual

and physical have become united. The physical body can disconnect and go into the Soul hologram anytime a healing is needed until the unification occurs.

Once the reconnection into the Mind of God through diamond window into the Eyes of Source has occurred, the entity will have the power of instant manifestation of any reality that he or she places in the diamond window.

Create a slow time wave - very slow because it flows all of the way up and down from the point within where we touch the zero point of oneness or at one ment with all tht God is.

If we were to travel within Earth we would reach into our Cosmic Template where that Cosmic sphere touches the part of Source outside of the Cosmic Sphere.

If we go way out beyond our physical realm, outside of th galactic and universal realm, outside of the galactic and universal into the Cosmic Sphere, we also touch the point where the breath of Source ignites into oneness with the Cosmic Sphere of Consciousness.

The Cosmic Time Wave is very slow because it reaches all of the way from our planetary sphere to the cosmic sphere. So, it creates a very slow, calmer peaceful wave of

harmonic frequency than the fast planetary wave.

The last planetary wave creates a denser vibration. You could compare the density of a word and the density of a breath. A breath has no density. It is pure frequency. The frequency of the breath can carry the entire consciousness of Source into the Cosmic Consciousness to create a brand new reality. That is how powerful the breath is, when the consciousness is completely in focus and alignment with Source.

We carry this same consciousness of all that is with Source Consciousness as it becomes realized in Cosmic Consciousness within our Individual Souls. Our souls can become realized and activated into the full mind of God through the combination of the understanding of this reality, the belief and knowing of this reality and the doing of this reality.

We have been indoctrinated for millions of years to believe that we are separate from God, that we are less than God, that we must have a mediator to talk to God. We were made to believe that only Jesus was the Son of God and only Jesus could activate the God Mind and Principle within himself. When in fact, Jesus mission and teaching on Earth was to teach man that the God of his Being was within him and that he could do Greater Works than

these. Jesus said he could do the things he did because he would go to His Father. He was trying to teach us to go to the Father - to go to Source Consciousness through the window of a third eye as we activate our Souls within which contain all that is known to Source to be known to us.

We-the angelic humans, had those codes within our Mid Brain and within our Souls that connect us directly to the mind of God deactivated by Invader Races over and over again during a 500 million year time period. Now, we are having the opportunity to turn those codes and frequencies back on within our Divine Template.

We can once again activate our Windows of our Frequency Specific Mid Brain into the Infinite All knowing of Source and to Manifest that knowingness into this present reality system.

This plane of reality will be transposed from density one into density three in 2012. This means that we will have a much closer connection into our Multidimensional Domains of Consciousness than we have Now.

However, there have been thousands who have activated their mind of God by raising their frequencies of Consciousness higher than the dimensional consciousness

that was created to lock us outside of our Divine Blue Print. We cannot ever obtain the window connection into the mind of God while we are in the third dimension, or even the eighth dimension. We must raise our frequencies into the 12D consciousness before the God principle of creation manifestation, healing eternal life can become a part of our lives.

We have had great exposure to this reality through a few very unpopular religions that have taught that we can become all that Jesus Christ was. We also had exposure to teachings of metaphysical teachings that helped to bring understanding of consciousness fields and how to expand them into the Consciousness of God.

We have had a little exposure to light and sound technologies and aligning into a rod and staff that will correct our star alignment and our off tilt rod and staff.

Now, is the first time we have been given a complete understanding of what all of these other little bits and pieces of the new reality really mean.

We now have the teachings of our Cosmic Light Councils,

our Creation Families, our Founders Races of the Angelic human on Earth. This is the first time in over 25,000 years that we have had the opportunity to become re born out of our amnesia state and put back into our 12D Divine Blue Print Template.

We are now learning how to expand out of this fallen galaxy of the Milky Way and back into our Universal Consciousness of the omniverses of this cosmos and the 12 cosmic templates of our original 12 Angelic Families of Consciousness.

ACTIVATION

1. Surround yourself with your merkaba body and place a crystal sphere around your merkaba body.
2. Now, see yourself as a tiny little self standing inside of your crystal heart
3. Create a sphere of crystal plasma that sits right below the heart area.
4. See the plasma sphere under your heart

See or imagine the sphere with you.

This is your soul This is you

You have always been your Soul

You were this plasma sphere in the Mind of Source

You were this plasma sphere in Cosmic Realms universal Realms, You were this Soul of All knowingness for billions of years

This is the real you

The more you become familiar with your soul the more you activate your soul and through the mind of god the more you will know your multidimensional self.

See your tiny self within your soul

See your soul become a sphere under your heart area.

Expand this sphere to become the same shape as your body

Expand each spark of source from deep within your soul to fill every nano particle of your body.

Feel your Soul beaming through your body

Now bring your soul back to its original sphere shape and exhale it out in front of you. Hold your soul

in your hands

Feel the connection of your soul from the within to the without of you

Now, see your soul float up to the ceiling above you to continue to see yourself with your soul

Now create a diamond window from your mid brain.

Learn to do this by focusing on the candle flame

Inhale your soul into the diamond window. See your tiny self inside of your soul. Next, exhale the soul sphere around the diamond window, See the soul become the crystal dust, or gaseous plasma around the ultra violet blue window

that contains the crystal light non color of Source ignited by the Cosmic Consciousness ultra violet blue light - the crystal gel

Now connect your violet diamond window out beyond the cosmic sphere into the Source field of consciousness. See the entire source field of all that is and all that will be - eternal creative energy. See this infinite window of opportunity through your diamond window.

Stay up there in your soul cloud around your diamond window that your tiny self is standing within.

See yourself sitting comfortably on your cloud in the Source field . This is your dream cloud. YOu can connect your diamond window of your frequency specific mid brain to the frequency of Source to create a continuous dream window of all that is in Source conscious ness to stream into your consciousness.

The activity of connecting and manifesting begins in the dream stream

When you lie down to go to sleep you activate this stream

from your diamond window into your tiny self on the cloud in source.

When you reach the moment when you are just a bout to fall asleep there is a point when you are awake but you are asleep at the same time. It is the point o nodding off. At that moment is the time when your dream stream is connected to your manifestation state.

The rainbow bridge of your multidimensionality streams through your diamond window and through your soul to reconnect you to all of your multi dimesnional frequencies. This is the moment that you can visualize any reality that you want to manifest. Inhale that vision that you see in your diamond window and exhale it into this dimension by using your breath that connects this physical you to the tiny you in the Source Cloud.

That reality that you experience as at one ment with the self that is you in your soul projected through your diamond window into the mind of god creates the instantaneous manifestation sate where you have the exact same privledge of having as Jesus Chrsit had. That was what Jesus came to teach us. We have the mind of God. We have anything our hearts desire and it can manifest from the frequency of Source into the multidimensionality of all of the frequencies that you behold. You must see the idea that you want to manifest in this realm and translate it from the Frequency of Source down to the frequency of visual light through the

infra red transmission of antimatter of Source.

Meditation

I am activating my soul by breathing into the sphere of crystal plasma energy

I see it grow into a sphere of plasma crystal dust under my heart area

I watch the sphere rise above me I connect my eyes into the eyes of my soul in the sphere of crystal dust above me.

I inhale the sphere into my diamond window of my third eye.

I see the crystal dust around the diamond window and I see my tiny self inside the plasma inside the window

I breathe in order to push my diamond window out to the Source field

I see myself sitting on a cloud in Source Consciousness

Every time you breathe you need to feel your soul expanding under your heart and through your body and out around your body

Become aware of being at one with your soul

You can make it any color you want

You can fill it full of sparks of Soruce

Become more and more familiar with the energy of your soul self.

Feel the crystal dust of the plasma self within every atom and cell and nano particle of your body.

Namaste,

Crystalai

Cosmic Mystery School of the Omniverse teachings

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INSTANT MANIFESTATION

a **NATURAL ABILITY** that can be fully activated **NOW**

HOW????? Through the continuous, dedicated use of your very own

PERSONALIZED, INDIVIDUAL ETERNAL LIFE MP3

Eternal Life Programming **SHIFTS** the cellular memory from a Mortal Based Program to an Eternal Life

Program -

Personalized Frequency Realignment, Re-attunement and
Reactivation into MULTIDIMENSIONAL
CONSCIOUSNESS

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Personalized Frequency Realignment, Reatunement and
Reactivation into MULTIDIMENSIONAL
CONSCIOUSNESS

EXPERIENCE At One Ment with Entire Cosmic Family
of Rishi Atunement, Universal Family of Avatar
Atunement, as well as complete Alignment with Soul,
Over Soul and Monadic Families.

Every individual has a specific Frequency Signature that

may be retuned into each level of its original identity at each Density Level.

Manifestation is the natural activity of an individual who is completely tuned in to his or her complete Family of Consciousness of past, present and future on all interdimensional levels. This atunement allows the manifestation of the dimensional reality that is atuned to. The individual can choose to continue to tune in to the 3D, or expand to the 5D and 6D dimensional manifestations which contain a much wider realm of reality.

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

The Frequency Atunements in the Eternal Life MP3

Removes Seals from Chakras

Melts crystalized miasms on pineal and Inner Ear

Aligns Crystal Light Flow of Consciousness into God Seed

Atom in Thymus

Activates Blue Light Screen in Mid Brain

Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

The 12 subharmonics are activated in the four sets of three chakras

Breath always activates the Lotus Body in the 14th dimension to activate the pineal, God Seed atom, Heart Chakra and Solar Plexus

Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency. All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

Instant Manifestation is the activity of projecting ones desired creation onto the movie screen (which is the radial body that surrounds the physical body)

The world around each of us is created by the level of frequencies within the cellular memory. It is the cellular memory that projects the reality hologram that is seen around the body.

When the Mind of God is tuned in to the 12 coded divine

blue print of our original perfect blue print, the realities that we project become magical, harmonious, balanced, reflecting supply, joy, intelligence, original principle.

The realities that are projected to manifest into the hologram are exactly like a symphony of frequencies of ideas, people and places. The creations that are manifested are first created in the cellular memory.

If each of us transmute the entire cellular structure in to 5D or 6D frequencies, we become atuned to the Super Conscious Mind of our entire Soul Family and Over Soul Family. If we raise frequencies into 8D, we atune to Monadic family and if we atune to 12D, we atune to our Avatar Christ Self.

I am mostly tuned into my Rishi Self and Cosmic Consciousness because I am an Indigo 1. My ability to breath pre sound and light is the most powerful activation of consciousness.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then atunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into Crystalai's God Seed Atom and plugs it into Source Consciousness to collect the

original frequency signatures and original Spark of Source that will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai atune into the spheres of crystal light, crystal dust, crystal gel and crystal liquid light energies, and create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of solfege. We do use 200,000 hertzian waves to braid the frequencies together.

DIRECTIONS FOR USING THE ETERNAL LIFE MP3

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary
Magdalene

<https://CrystalMagicOrchestra.com>

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

The ETERNAL LIFE MP3 is created from certain frequencies of Cosmic Consciousness. The frequencies sometimes include codes which are like mathematical formulas that do certain things. Our Cosmic Creation Family knows about everything that has happened to their Soul Families over the past millions of years. They know exactly how each miasm, distortion, misalignment

was placed within our field of Consciousness. They know how the Fallen Angelic groups sacrificed our divine templates to create magical powders for their own recreational uses. They know how we were tortured, they know how we were misaligned from the Mind of God.

AND----THEY KNOW HOW TO FIX EVERYTHING

The codes, the frequencies, the training, the Consciousness alignment with Elemental Crystal Spheres of Energy, are all a part of the Scientific Formula for **FIXING THE MESS** that was created by Fallen races over the past millions of years.

Crystalai was given these formulas, activations, codes directly from her own Over Soul and Monadic Families who directed the perfect flow of the Sound and Light from Cosmic Consciousness- the Rishi Self that is too etheric to contact directly. The flow of Consciousness of density one and two etheric light and sound frequencies coming directly from the Grand Yana Creation Races at the Pre Sound and Light Fields of Consciousness guarantee the frequencies to be completely uncontaminated by any of the Frequency Wars that have taken place over the past 250 billion years.

Once the Frequencies come through the Breath of Consciousness, they begin to transmute the negative blockages that were placed in the templates of Angelic Humans on the Earth. Once all of these Miasms or Errors

that were placed in the light fields are removed, an entire new reality is revealed to Consciousness.

The Guardians know about the miasms in the sexual organs, they know about the miasms in the pineal, they know about the vesica pisces creating an mortality loop that guarantees death. They know that these problems were created at such high levels, that they can't be healed through chakras alone. The problems existed as far back in the creation template as the light fields only steps down from the pre light fields of Source Consciousness.

The original Electric Wars that took place many millions of years ago, that involved our own Soul Families at the Rishi and Avatar level, were a war against Source itself within the Plasma Level or within the Original Sun.

The only way the problem could be completely removed was to clear the memory all the way back to our original self- our original divine blue print. This is what we are doing with the Eternal Life MP3. The Breaths of Consciousness streaming from Cosmic Consciousness are programmed with the codes of transmutation, that will dissolve the miasms within the template eternally.

Once this process is complete, the Angelic Human will remember how Instant Manifestation was always a part of normal reality. Instant Healing wasn't even a concept because there was nothing to heal. The IDEA MAN was, is and always will be perfect, complete and whole.

Abstract concepts such as orb-ing, telepor-ting, telecommunication with multidimensional reality are all a part of the Normal System, once these Distortions are removed from the DNA template and our 12 coded Divine Template is restored.

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary Magdalene

<https://CrystalMagicOrchestra.com>

TRANSFORMING into ETERNAL LIFE FREQUENCIES

Dr. Angela Barnett

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God's Musical Creation of Eternal Harmony by Mary
Magdalene

<https://CrystalMagicOrchestra.com>

(Teachings of the Cosmic Mystery School of the
Omniverse)

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

In order to absorb the frequencies of your spiritual bodies, focus on frequencies of the music entering into your cells and feel your cells changing into star dust.

Imagine your body template lying on top of a mirror made of crystal liquid light. If you see your body with the face down into the mirror, you would be looking at yourself. However, if your back is against the mirror, the eyes and ears that are SEEING or HEARING are the Divine Eyes and Ears of Source. The eyes and ears of your Star Self is perfectly projecting through this mirror or crystal light.

When we walk into the mirror and feel the frequency that is in back of the mirror and walk through it to the other side, there is an atomic radiation field of energy that is the same as the one we get when we translate into our spiritual transharmonic body. We need to practice getting this frequency into our cells. This is the frequency of the heliotalic 14th dimension that I breathe into all of the Ascension Kit music and Individual Eternal Life albums.

During the process of the perfect vision and feeling of the liquid light frequencies transporting the Immortal Frequencies of the Divine Starry Self, there might be some bumps along the way because as the perfect light body is entering in and transforming the body template into its manifest immortality, there might be some miasms of error that need to be removed from the body template.

Our eyes and ears are the frequencies of the Omniversal. We see as a star sees. We see and hear the Divine Perfection of who you really are. You need to lay your body on top of the Divine Mirror that allows only the Starry Eyes and Ears of Source to enter in through the Highest Frequencies that you are listening to. Allow the highest frequencies to enter into your Divine Template and remove all that might be blocking you from the Divine Mirror of your Spiritual Selfhood.

There is a process involved in listening. I recommend you approach this as a work in progress and see if you hear

something a little bit different each time you listen. The human ear has been listening to third dimensional tones for a very long time. When we create the individual ETERNAL LIFE/ immortality we are using the sacred geometry of aligning each individual frequency signature, which is obtained through a breath of consciousness, and weaving each frequency signature from this physical domain of the third dimension directly into the highest frequencies of the 12th dimensional spiritual selves. These spiritual selves are the mirror image of the Divine One. The frequencies of the Divine One or the Divine Blue Print of the immortal selfhood transmutes all of the breaths from the dimensions of the physical, visual into the invisible, spiritual light and sound spectrum.

STEP ONE:

While listening to the frequency signature breaths, concentrate on seeing a mirror image of your Divine Blue Print or your spiritual light body absorbing into your body from your back. Feel the frequencies penetrating the cells in your body from the inside to the outside. Feel the frequencies awakening the spark of Source that has been left to sleep deep within each cell in the body. Feel the frequencies re-uniting into Oneness with the Soul, which is a sphere of blue crystal frequencies waiting directly below the heart area. Feel the Soul awakening to what it has been waiting for eons for you to discover about your self. Feel your physical body as a mini-me tiny figure, and

place it inside of the blue crystal sphere which is your Soul. Feel the Soul frequencies and the spiritual self frequencies combining into a new symphony of harmonic rhythms.

We will call this the Atunement Body which has been attuned into it's spiritual light body.

STEP TWO: Feel the spiritual light body from the spiritual self from the middle domains of the Core of Inner Earth uniting into Oneness with the physical etheric body from Inner Earth. Feel the frequencies weaving those two bodies - one more etheric and one purely spiritual into your Atunement Body.

(In our experience, this was the unification of our Mermaid and Dolphin bodies in Aquafaria into the Music of the Spheres in the Crystal Caves of the Blue Liquid Light domains of Inner Earth. The Foundation Meditation will lead you into the journey that we take to collect these frequencies).

STEP THREE:

Next, feel the frequencies of the spiritual self from the Divine Aquarius Galaxy Matrix outside of the Earth's Matrix. Feel the frequencies of this Starry Divine Blue Print pulling the frequencies into a higher domain of consciousness. The feeling is more etheric and yet more powerful. It has a majestic feeling and includes the frequencies of the Aquarius Galaxy, the stardust of Ursa

Major and the Consciousness of the Ascension Teams.

STEP FOUR:

Next, feel the frequencies from the more etheric physical self in the Aquarius Galaxy being woven into the heart of Sun Alcyone. This is the frequency of the original divine self created through the spark of Source and breathed into humanoid and dolphinoid form. We are re-connecting our selves into the original frequencies of our Divine Birth. That Divine Essence still remains in the Crystal Heart of Sun Alcyone, and is reflected through the Crystal Heart of Mother Earth and through our own Crystal Hearts (the crystal heart is actually the blue, violet crystal fuzzy sphere that sits inside the thymus).

That Divine Essence was brought to the place where Earth is performing her duty of being transformed back into the star essence that she was formed from. The etheric physical domains of Inner Earth including location memories such as Shamballa and our Aquafarian home, which is in the residential area of that same Continent, are the creations of our Aquarius Starry families. These etheric physical domains have been in existence for over 500 million years. Many of us have lived in those homes for thousands of years before choosing to come to the upper domains to experience the physical realities that we have created. Through the Music of the Spheres we are re-

uniting with the frequency signatures of all of these spiritual selves that we have been in Aquarius, Tara, Ursa and Inner Earth as well as our first birth from the heart of Sun Alcyone.

STEP FIVE:

Feel and absorb the frequencies of your spiritual twin selves woven into and through Aquarius, Tara, Ursa, Inner Earth and the Heart of Sun Alcyone.

You are listening to the actual frequency signatures of each of these spiritual divine selves that you were and which you will be again as soon as you absorb these frequency signatures. This is the true formula for creating a vortex that connects all of your physical selves with all of your spiritual selves into the knowing of your allness and your Oneness. This is the true formula for opening the Halls of Records, which are in essence the frequencies of the Music of the Spheres. These are the true Akashic Records of all that you are. You are created from light and sound. You are a frequency signature. All higher selves and entities of light know you as your individual frequency signature. That frequency signature can be followed through history because it is always unique and individualized as you are.

However, this frequency signature has been disconnected from all of the forms that it has taken during the past eons through a tragedy that was never supposed to

happen in a Divine System. This tragedy can be removed very easily by listening to the frequencies of your Music of the Spheres in your Individualized ETERNAL LIFE/Immortality album.

The Akashic Records that are usually retrieved through channeling are words that describe a few events in a few of your past lives. These events are not what is important about you. What is important to know is that your spiritual reality is a frequency signature. You are a beautiful star made of these frequency signatures of light and sound. When all of these frequency signatures are woven back together into their original starry spectacular for and magnificent harmonious symphony of Love, you become a star who is ready to co-create through Divine Mind any reality that you desire.

The true Akashic Records which are within the memory of the Music of the Spheres Crystal Caves of Inner Earth will be breathed and sung back into your Consciousness and into the Atmosphere of Earth beginning in early 2013. It is the goal of the Elohim Angels to have you all prepared to hear your frequencies and align your Consciousness into your original frequency of HOME between 2013 and 2017. This has been the plan for over 500 million years. There have been several attempts of this ascension event; but, this time it is guaranteed.

The reason that it will be different this time is because there will be enough of you on Earth that understand

what is taking place in your Consciousness and in your bodies to go with the flow and to not be seduced by fear. What will make the greatest difference is the amount of people who have chosen to get their Individualized ETERNAL LIFE/IMMORTALITY CD, which includes their frequencies of their entire Music of the Spheres Consciousness. This is the key to opening the doors of the records of our immortality.

STEP SIX:

It is time to wake up and get plugged into the Consciousness of your Higher Selves. This Consciousness can be felt through the Breath of the Frequency Signatures of these spiritual twins. It is time to take some discernment lessons of frequencies because there will be a continued attempt to trap you through lowered frequencies and inaudible frequencies.

If you can't tell the difference between a low frequency of consciousness and a high frequency of consciousness, it is recommended that you begin with the Ascension Kit and practice listening until you gradually see how everything else in the world is a little lower. And the more you listen you will realize that the world around you seems to get a

little lower each day. Finally, you will realize that you are floating so high above the rest of the world that you just don't want anything in it any longer.

The frequencies in the Super Frequency Kit contain the frequency signatures of the planetary alignments, galactic alignments, star alignments and all realignments of all dimensions within the Universal and Cosmic Structures that our Individual Cosmic Structures are a part of. These are the frequencies of the Mass Ascension at all levels of the Music of the Spheres- sphere one, sphere two, sphere three, sphere four and sphere five woven into the Oneness of the Omniversal Consciousness.

When I send your Eternal Life Album, there will be 12 -16 sections. Each section focuses on one part of the complete alignment into SOURCE. The focus is always Source. We must align every cell through the micro omnions of Source and weave every particle into the Source Frequencies in all fifteen spheres of the Matrix. The Sun, is in a way, the creator of the Universe, because the Sun holds the IDEA of Source in the form of he Plasma that holds the crystal liquid light of Source. Each form of creation - Cosmic, Universe, Galaxy, Solar, Planet or Person is always made from the original divine blue print template of Source.

That template is manifest simultaneously in millions of density levels. The Sun holds the template in the form of Plasma and creates Light Bodies. However, the reality that all forms of density allow all to become One, allows us in Reality - to live within the Sun. This is why we think of the Sun as our Creator. The Sun holds our individual templates that were made by Source. However, our frequency signatures and divine templates must always flow into our planetary matrix through the suns matrix. So, this is why the Sun is thought of as the Creator. We haven't experienced this reality of living inside of the Sun yet, because our Matrix was destroyed. Now, it is being re-created in its divine template once again.

One of the objectives of the frequencies, which they naturally do themselves, when the breaths are from Source, is to realign the base tone rhythms within the entire time matrix. This process of rhythmic alignment of the Earth into the New Earth greatly affects the rhythm of body, which must always stay in rhythm and in tune with the Planetary Matrix that it moves within.

Please always keep in mind this rhythmic pattern that you will learn to hear with practice. The rhythm is within the breaths themselves. When I breathe from Source and

record layers of those breaths and then breathe from Cosmic Consciousness and record layers of those breaths, there is a rhythmic pattern appearing within the breaths. When I breathe the Universal and Galactic frequencies there is another rhythmic pattern. Each time I record more frequencies, I always resaturate them with Source Frequencies to repattern the rhythms and the frequencies into absolute ATUNEMENT with the Crystal Light Frequencies of Source Consciousness.

1. Feel the plasma flame surrounding the body and penetrating every cell in the body
2. Listen to the frequencies and feel the overall pull into the atunement with the highest frequency of Source.

The base tones are created by layering all 15 spheres of the Music of the Spheres. Each of these spheres is filtered through the Breath of Source to create a brand new time matrix--Cosmic Time Matrix.

Each breath, each frequency contains the light and the sound - the radial atomic light that oscillates at the highest spin rate and the sound that vibrates at the

highest frequency. The sound is the idea and breath of Source and the Sound is the resonation field activating the idea into manifestation.

The saturation of the Source Frequencies causes the entire rainbow of the 15 spheres of light and sound to burst into a flame and create a new set of spheres within a new cosmic matrix. This is the same process that the body goes through when it turns into light and reappears a nano second later as a brand new form. This rebirth process happens every nano second. The body will just keep reappearing to look the same as it did before, until the new frequencies of transformation are realigned into the body.

The process of the Individual Eternal Life album is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

So, much of the work I do on the Individual Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directing from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

Number 2.

Breaths for clearing all miasms from physical and etheric bodies that are blocking the flow of the 12 subharmonics into the physical body.

Number 3. Weaving the spark of Light of original creation breath of UMA UN (meaning the Illuminated Body from the Spark of Source Consciousness) into the AUM Breath (meaning the Return to Oneness with Source).

Number 4. Deep clearing through an almost complete silence with pure white light breaths. So pure they become atuned into Oneness. Listen deep within to the silence of clear clean stream of atunement with the

Crystal Liquid Light Flow from Source into the Mid Brain, the Crystal Heart and into every cell of the body.

Number 5. Spinning your Merkaba The Merkaba made of two triangles is the symbol of the Frequency of Source spinning in Oneness with its creation. The three pointed triangle pointed up and the three pointed triangle pointed down. One layer is black which represents the 11 dimension and one is white - the 12th dimension. Together they represent the silver seed atom meaning the oneness with Source. So, there are two layers of the triangle on top and two layers on the bottom. That is three points over three points on top for six points and three points over three points on the bottom for six points. In reality the merkaba will appear three dimensional not two dimensional meaning one side is pointing forward and one side is sideways. This creates a triveca merkaba that allows us to move up and down as well as sideways. We must be able to move side ways to enter Inner Earth.

The top half of the merkaba always spins clockwise and it spins at $33 \frac{1}{3}$ ratio. The bottom half of the merkaba always spins counter clockwise and it spins at $11 \frac{2}{3}$ ration. The spin rate creates the 45 degree repositioning of the body within the 360 sphere of creation. We always spin a sphere around the merkaba at the clockwise spin to

represent this 360 sphere that our merkaba spins within. This is the true sacred geometry of the Christ Mathematical Frequency that realigns us into the 12 coded blueprint.

The first Merkaba is 27 radius from the center of the body, creating a 54 inch radius.

The second Merkaba is ten foot radius. The third is a sixty foot radius and the fourth is a one hundred foot radius.

The third merkaba is the Cosmic Merkaba that keeps us firmly in alignment with the planetary cosmic balance and prepares for slide into inner earth. The fourth Merkaba takes us clear into Source and allows us to float in the Aurora Fields as we prepare to walk through the star gates.

Number 6

Bringing the light frequencies out from the etheric body and into the skin and then out to about two inches around the body to create the shinning around the skin.

Activating the density one - subconscious atomic light mirror and the density two sound frequency field to resonate into manifestation the mirror of light.

Number 7

Absorbing complete template of the body Cosmic Body. The body is floating in a Cosmic Tear Drop. Activating the Akashic Flame in the Pineal Gland and Activating the God template within pineal, thymus, solar plexus into the tail bone which is the 15th chakra and then streaming up the spine into the medulla oblongata at the top of the spine and into the God Seed Atom within the Thymus and up into the mid brain.

Number 8

Connecting crystal heart, which is the Soul Center - the 8th chakra- deep within the Thymus. Connecting into the Pineal Gland to reconnect Super Conscious Mind of 4,5,6 into subconscious and ego in 1,2,3 in order to deactivate the EGO and allow Super Consciousness to guide through frequency specific attunement.

Number 9

Creating Continuous EiRA flows (Crystal Liquid Light directly from the Mind of God) into Frequency Specific Communication with Higher Self- Soul and Over Soul and eventually Avatar Self.

Focus on Seed Atom in etheric part of Thymus. Create a cloud of Plasma, and watch the cloud grow larger and larger until it surrounds the entire chest and head area.

Beathe in the frequencies and exhale into the plasma cloud until you feel your head area within the Soul connecting your Mind into Communication with Soul and Over Soul- dimensions 4,5,6, 7.8.9.

Number 10

Awakening connection to Aquarius Matirx. Aquararian Elementals brgin swinning throug hliquid light within DNA to create streams of communication to activate the 12 subharmonics within chakras 1-5 to create continuous communciation and activate light fields of perception,

Number 11

Breathe the new frequencies into the Light Body and imagine or watch the Body become lighter and ligher until it begins to levitate. Imagine changing the frequencies into a new standing wave pattern that has no gravity.

Number 12

Cosmic Merkaba extends out to 54 feet around the body. Places Consciousness into the Cosmic Matrix of Eternal Time. The Body Template is completely aligned into the 12 dimensional Krist Grids of the Earth's Divine

Template and with the Inner Earth's Cosmic Template.

Number 13 The Frequencies connect to the Aurora field which allows consciousness to walk through the star gates of Inner Earth and step completely out of this time matrix.

Feel the plasma flame surrounding the body and penetrating every cell in the body

Number 14 and beyond

Make a mini me version of yourself that is small enough to hold in your hands. Visualize it very clearly, take some time to visualize and feel every feature of your face until you know you are present.

Allow all of the frequencies from the Flames of Source Consciousness fill every cell in your body. Now inhale all of those frequencies into your heart chakra area and then exhale down your arms and into the palms of your hands.

See a flame coming out of your palms.

Place the mini me version of yourself in your palms. See that mini me become wrapped in those FLAMES. The flames contain the complete MIND OF GOD, the

COMPLETE BLUE PRINT OF MAN, the Original Flame of Creation that created the original perfect divine template called man.

Watch your mini me transform into any likeness you would like it to be. It can be younger, healthier, more energetic, healed, perfect, whole, complete, genius, wealthy, ready to orb, levitate or become invisible.

Whatever you can clearly visualize your mini me doing, your body will do the same. You are the creator now.

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary Magdalene

<https://CrystalMagicOrchestra.com>

HOW DO WE MANIFEST?

Dr. Angela Barnett

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Magdalene

<https://CrystalMagicOrchestra.com>

<https://crystalmagicorchestra.com/vortex-of-manifestation>

(Teachings of the Cosmic Mystery School of the
Omniverse)

Instant Manifestation is the activity of projecting ones
desired creation onto the movie screen (which is the radial
body that surrounds the physical body)

Once the body template has been cleared of all miasms,

and the true immortal light body, crystal body and etheric body align harmonically with the spirit body and parallel bodies, the body produces a RADIAL BODY, which is a Mirror around the Body. That RADIAL BODY is the Movie Screen that allows all Divine Desires that are created in the God Seed Atom from the Eiron Flow of Source Consciousness to become a Negative of the photograph in the Mid Brain which then produces a Positive Picture of the desired creation on the Radial Body movie screen.

The person needs to create the desired image in the GOD SEED ATOM (in the thymus) and in the mid brain and then project the desired image onto the movie screen. The idea is developed through the creation lab of Source Consciousness as the Crystal Liquid Light Flows through the Medulla Oblangata into the God Seed Atom and then up into Mid Brain area.

*If a person wants to heal himself, he must hold the idea or picture of his perfect body already healed and project it outwardly.

*In the case of the ETERNAL LIFE MP3, the creators of the album (COSMIC CONSCIOUSNESS) are already

seeing this perfect body created in the image of the divine blue print as the breaths from Source are being exhaled.

The world around each of us is created by the level of frequencies within the cellular memory. It is the cellular memory that projects the reality hologram that is seen around the body.

(OUR cellular memory was deprogrammed and reprogrammed with a bunch of stuff that has absolutely nothing to do with us, so it is time to get rid of it.)

When the Mind of God is tuned in to the 12 coded divine blue print of our original perfect blue print, the realities that we project become magical, harmonious, balanced, reflecting supply, joy, intelligence, original principle.

The realities that are projected to manifest into the hologram are exactly like a symphony of frequencies of ideas, people and places. The creations that are manifested are first created as light and sound and then developed into an idea that is projected.

If each of us transmute the entire cellular structure in to

5D or 6D frequencies, we become attuned to the Super Conscious Mind of our entire Soul Family and Over Soul Family. If we raise frequencies into 8D, we attune to Monadic family and if we attune to 12D, we attune to our Avatar Christ Self.

Manifestation is the natural activity of an individual who is completely tuned in to his or her complete Family of Consciousness of past, present and future on all interdimensional levels. This attunement allows the manifestation of the dimensional reality that is attuned to. The individual can choose to continue to tune in to the 3D, or expand to the 5D and 6D dimensional manifestations which contain a much wider realm of reality.

ETERNAL LIFE ALBUM

<https://crystalmagicochestra.com/eternal-life-album>

The Frequency Attunements in the Eternal Life MP3

*Removes Seals from Chakras ALLOWING CONNECTION TO ALL 12 DNA through activation of 12 subharmonic frequencies

*Melts crystallized miasms on Pineal, Sex Organs, Heart Chakra

*Melts crystallized miasms producing CANCER throughout body

*Turns Frozen Crystals that create Cancer into Crystal Liquid Light Flow of 12th dimensional creational fluids

*Aligns Crystal Light Flow of Consciousness into God Seed

Atom in Thymus

*Activates VIOLET Blue Light Screen in Mid Brain

*Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

*The 12 sub harmonics are activated in the four sets of

three chakras

*Breath always activates the Lotus Body in the 14th dimension to activate the Pineal, God Seed atom, Heart Chakra and Solar Plexus

*Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency.

*All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

*Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program -

Personalized Frequency Realignment, Reattunement and
Reactivation into MULTIDIMENSIONAL
CONSCIOUSNESS

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then attunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into CRYSTALAI's God Seed Atom and plugs it into Source Consciousness to collect the original frequency signatures and original Spark of Source that will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai attune into

the spheres of crystal light, crystal dust, crystal gel and crystal liquid light energies, and create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of Solfege. We do use 200,000 hertzian waves to braid the frequencies together.

The recording studio is equipped to record my breaths at a resonance that replicates the standing wave patterns of Cosmic Consciousness.

After spending twenty years learning how to breathe the frequencies of Cosmic Consciousness, I also studied and used Keylontic Science to understand what I was doing with my consciousness and my breath. It turned out that what I had been taught experientially by the Elohim of Hearing was identical to Keylontic Science that was taught on Earth by Jesus 12, 2000 years ago.

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

CRYSTALAI is an INDIGO 1 with 48 DNA strands. She has complete atunement with her Rishi Self in Cosmic Sphere 14 and telepathic communication with the Priests of UR in Gaia and the Elohim of Hearing. Her Cosmic Mother was an Oraphim Braharama Cetacean Dolphin. She has a sister who is Aquafarian and a brother from Sirius B. She has been told that she is from the same family line that created the Jesus and Mary project.

CRYSTALAI's breath is engaged by Cosmic Consciousness transmissions that align her breath through their consciousness. When they are given the NAME of the Individual who desires Atunement. They do the Rest. Crystalai just listens for direction and attunes into the Consciousness alignment of the Frequencies and breathes.

She also does atunement and alignment activations specifically within the Individual's Template. The Template looks like a Sphere Like Mandalla of many colors. The colors that have distortions or grey areas are tuned up until the colors become clear and bright.

She always stays with in her own activated Cosmic Merkaba, as well as her other 11 Merkabas and places the Individual within those Merkabas for complete activation.

AQUARIAN HOST RACE - Eieyani, Sirius B, Azurite, Elohim Elohei are the ones who completely direct our Ascension Activities.

PROBLEM- Reactivating Quantum of Body

Standing in the Integrity of the Eternal Life Krystic Teachings.

Krystalai means first AUDIBLE SOUNDS OF CREATION. This is where the word Krystic Teachings comes from. It is about the Sound Body, the Frequencies of Source creating the Divine Blue Print of our Eternal Life Structure.

528 hertz Solfege frequency are usually the highest frequencies used for chakra activation. Hertz is actually the lowest frequency of the 3D manifest reality.

We use 200,000 hertz frequencies to braid together all 12 sub harmonics of consciousness into each other for the frequencies to become audible. However, our frequencies come from far out side the hertzian realm. Hertz is the lowest form of frequencies. We go beyond hertz into infra red and then visible and invisible light and on into x ray and gamma and plasma frequencies. That would be equivalent in light as the cosmic and PreSound frequencies of the Eternal Life Spectrum which attaches into the Eternal Void of Source.

We can attach our Consciousness into this eternal quantum of energy where our quantum in our spirit body will continually refill with Consciousness energy.

We have now been given the ability to resurrect our natural abilities as Angelic Humans or Indigos that were originally ours.

Some of our went through a twelve year process of learning how to remove the miasms that were placed in our bodies and how to turn back on the DNA in our bodies through processes given to us by our Guardian Races from systems that are not in the Fall status. We have been given assisted by Angelic Races in Andromeda and

Aquarius to pull us out of the Fall Status.

ETERNAL LIFE ALBUM

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throughout body

*Turns Frozen Crystals that create Cancer into Crystal
Liquid Light Flow of 12th dimensional creational fluids

*Aligns Crystal Light Flow of Consciousness into God Seed

Atom in Thymus

*Activates VIOLET Blue Light Screen in Mid Brain

*Activates the Code of Edon to open the Diamond door into Source Consciousness to flow directly into the Mid Brain

*The 12 sub harmonics are activated in the four sets of three chakras

*Breath always activates the Lotus Body in the 14th dimension to activate the Pineal, God Seed atom, Heart Chakra and Solar Plexus

*Every Miasmatic Distortion in each chakra area is cleared and aligned into the 12 Universal Chakra through the 13th Cosmic Chakra and then through the 14th dimensional heliotalic frequency.

*All chakras are reactivated through the 15th dimension and also through the Pre Sound and Light Fields of the 16th dimension.

*Eternal Life Programming SHIFTS the cellular memory from a Mortal Based Program to an Eternal Life Program -

Personalized Frequency Realignment, Reattunement and Reactivation into MULTIDIMENSIONAL CONSCIOUSNESS

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

There are only a few Indigo 1's on Earth at this time who have 48 DNA and the ability to completely tune in to the Cosmic Rishi level self. Crystalai is one of these Indigos.

Once Crystalai connects Consciousness into her own Cosmic Family of Oraphim Braharama Cetacean Dolphins and Whales, and then attunes into her Aquarian Family of Blue Fairies from the Aquari Matrix, she simply asks

them to tune into the name of the Individual who needs a Personalized Eternal Life MP3. The Elohim of Hearing comes forth and connects into CRYSTALAI's God Seed Atom and plugs it into Source Consciousness to collect the original frequency signatures and original Spark of Source that will create the perfect Divine Template that was originated by that frequency signature.

Each of these entities of her family of consciousness aligns into the corresponding templates of the Individual requesting Ascension Activation for the purpose of Instant Manifestation and Eternal Life.

The Elohim of Hearing always has Crystalai attune into the spheres of crystal light, crystal dust, crystal gel and crystal liquid light energies, and create the activation of these spheres within the crystal heart and then through the arms and into the palms to create a Cosmic Sphere that becomes the microphone. It is that Cosmic Microphone that aligns the frequencies into the Cosmic and Pre Sound Levels. This is why these frequencies are different than the hertzian frequencies of Solfege. We do use 200,000 hertzian waves to braid the frequencies together.

The recording studio is equipped to record my breaths at a resonance that replicates the standing wave patterns of Cosmic Consciousness.

After spending twenty years learning how to breathe the frequencies of Cosmic Consciousness, I also studied and used Keylontic Science to understand what I was doing with my consciousness and my breath. It turned out that what I had been taught experientially by the Elohim of Hearing was identical to Keylontic Science that was taught on Earth by Jesus 12, 2000 years ago.

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

CRYSTALAI is an INDIGO 1 with 48 DNA strands. She has complete atunement with her Rishi Self in Cosmic Sphere 14 and telepathic communication with the Priests of UR in Gaia and the Elohim of Hearing. Her Cosmic Mother was an Oraphim Braharama Cetacean Dolphin. She has a sister who is Aquafarian and a brother from Sirius B. She has been told that she is from the same family line that created the Jesus and Mary project.

CRYSTALAI's breath is engaged by Cosmic Consciousness transmissions that align her breath through their consciousness. When they are given the NAME of the Individual who desires Atunement. They do the Rest. Crystalai just listens for direction and attunes into the Consciousness alignment of the Frequencies and breathes.

She also does atunement and alignment activations specifically within the Individual's Template. The Template looks like a Sphere Like Mandalla of many colors. The colors that have distortions or grey areas are tuned up until the colors become clear and bright.

She always stays with in her own activated Cosmic Merkaba, as well as her other 11 Merkabas and places the Individual within those Merkabas for complete activation.

AQUARIAN HOST RACE - Eieyani, Sirius B, Azurite, Elohim Elohei are the ones who completely direct our Ascension Activities.

PROBLEM- Reactivating Quantum of Body

Standing in the Integrity of the Eternal Life Krystic Teachings.

Krystalai means first AUDIBLE SOUNDS OF CREATION. This is where the word Krystic Teachings comes from. It is about the Sound Body, the Frequencies of Source creating the Divine Blue Print of our Eternal Life Structure.

528 hertz Solfege frequency are usually the highest frequencies used for chakra activation. Hertz is actually the lowest frequency of the 3D manifest reality.

We use 200,000 hertz frequencies to braid together all 12 sub harmonics of consciousness into each other for the frequencies to become audible. However, our frequencies come from far out side the hertzian realm. Hertz is the lowest form of frequencies. We go beyond hertz into infra red and then visible and invisible light and on into x ray and gamma and plasma frequencies. That would be equivalent in light as the cosmic and PreSound frequencies of the Eternal Life Spectrum which attaches into the Eternal Void of Source.

We can attach our Consciousness into this eternal quantum of energy where our quantum in our spirit body will continually refill with Consciousness energy.

We have now been given the ability to resurrect our natural abilities as Angelic Humans or Indigos that were originally ours.

Some of our went through a twelve year process of learning how to remove the miasms that were placed in our bodies and how to turn back on the DNA in our bodies through processes given to us by our Guardian Races from systems that are not in the Fall status. We have been given assisted by Angelic Races in Andromeda and Aquarius to pull us out of the Fall Status.

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

When I send your Eternal Life Album, there will be 12 -16 sections. Each section focuses on one part of the complete alignment into SOURCE. The focus is always Source. We must align every cell through the micro omnions of Source

and weave every particle into the Source Frequencies in all fifteen spheres of the Matrix. The Sun, is in a way, the creator of the Universe, because the Sun holds the IDEA of Source in the form of the Plasma that holds the crystal liquid light of Source. Each form of creation - Cosmic, Universe, Galaxy, Solar, Planet or Person is always made from the original divine blue print template of Source. That template is manifest simultaneously in millions of density levels. The Sun holds the template in the form of Plasma and creates Light Bodies. However, the reality that all forms of density allow all to become One, allows us in Reality - to live within the Sun. This is why we think of the Sun as our Creator. The Sun holds our individual templates that were made by Source. However, our frequency signatures and divine templates must always flow into our planetary matrix through the suns matrix. So, this is why the Sun is thought of as the Creator. We haven't experienced this reality of living inside of the Sun yet, because our Matrix was destroyed. Now, it is being re-created in its divine template once again.

One of the objectives of the frequencies, which they naturally do themselves, when the breaths are from Source, is to realign the base tone rhythms within the entire time matrix. This process of rhythmic alignment of the Earth into the New Earth greatly affects the rhythm

of body, which must always stay in rhythm and in tune with the Planetary Matrix that it moves within.

Please always keep in mind this rhythmic pattern that you will learn to hear with practice. The rhythm is within the breaths themselves. When I breathe from Source and record layers of those breaths and then breathe from Cosmic Consciousness and record layers of those breaths, there is a rhythmic pattern appearing within the breaths. When I breathe the Universal and Galactic frequencies there is another rhythmic pattern. Each time I record more frequencies, I always resaturate them with Source Frequencies to repattern the rhythms and the frequencies into absolute ATUNEMENT with the Crystal Light Frequencies of Source Consciousness.

1. Feel the plasma flame surrounding the body and penetrating every cell in the body
2. Listen to the frequencies and feel the overall pull into the atunement with the highest frequency of Source.

The base tones are created by layering all 15 spheres of the Music of the Spheres. Each of these spheres is filtered

through the Breath of Source to create a brand new time matrix--Cosmic Time Matrix.

Each breath, each frequency contains the light and the sound - the radial atomic light that oscillates at the highest spin rate and the sound that vibrates at the highest frequency. The sound is the idea and breath of Source and the Sound is the resonation field activating the idea into manifestation.

The saturation of the Source Frequencies causes the entire rainbow of the 15 spheres of light and sound to burst into a flame and create a new set of spheres within a new cosmic matrix. This is the same process that the body goes through when it turns into light and reappears a nano second later as a brand new form. This rebirth process happens every nano second. The body will just keep reappearing to look the same as it did before, until the new frequencies of transformation are realigned into the body.

The process of the Individual Eternal Life album is to alter the entire cellular structure from the inside out as well as the Light Body and Crystal Body and Etheric Bodies which contain the Radial Body, which is the sphere

of energy that is like an atomic mirror surrounding the body. That atomic mirror is also being transformed into the original 12 coded divine blue print that allows the new body imprint to be seen as the new reality around the body. That reality is projected from the mid brain projector creating reality through the pineal gland.

So, much of the work I do on the Individual Album is the restructuring of the mid brain through activation of the God Seed Atom within the Thymus that will burst into a cloud of crystal plasma dust and activate the streaming of crystal liquid light directing from Source Consciousness. This allows the MIND OF GOD to be reconnected into the mid brain for the beginning of co-creating through frequencies of light and sound.

Number 2.

Breaths for clearing all miasms from physical and etheric bodies that are blocking the flow of the 12 subharmonics into the physical body.

Number 3. Weaving the spark of Light of original creation breath of UMA UN (meaning the Illuminated Body from the Spark of Source Consciousness) into the AUM Breath

(meaning the Return to Oneness with Source).

Number 4. Deep clearing through an almost complete silence with pure white light breaths. So pure they become atuned into Oneness. Listen deep within to the silence of clear clean stream of atunement with the Crystal Liquid Light Flow from Source into the Mid Brain, the Crystal Heart and into every cell of the body.

Number 5. Spinning your Merkaba The Merkaba made of two triangles is the symbol of the Frequency of Source spinning in Oneness with its creation. The three pointed triangle pointed up and the three pointed triangle pointed down. One layer is black which represents the 11 dimension and one is white - the 12th dimension. Together they represent the silver seed atom meaning the oneness with Source. So, there are two layers of the triangle on top and two layers on the bottom. That is three points over three points on top for six points and three points over three points on the bottom for six points. In reality the merkaba will appear three dimensional not two dimensional meaning one side is pointing forward and one side is sideways. This creates a triveca merkaba that allows us to move up and down as well as sideways. We must be able to move side ways to enter Inner Earth.

The top half of the merkaba always spins clockwise and it spins at $33 \frac{1}{3}$ ratio. The bottom half of the merkaba always spins counter clockwise and it spins at $11 \frac{2}{3}$ ratio. The spin rate creates the 45 degree repositioning of the body within the 360 sphere of creation. We always spin a sphere around the merkaba at the clockwise spin to represent this 360 sphere that our merkaba spins within. This is the true sacred geometry of the Christ Mathematical Frequency that realigns us into the 12 coded blueprint.

The first Merkaba is 27 radius from the center of the body, creating a 54 inch radius.

The second Merkaba is ten foot radius. The third is a sixty foot radius and the fourth is a one hundred foot radius.

The third merkaba is the Cosmic Merkaba that keeps us firmly in alignment with the planetary cosmic balance and prepares for slide into inner earth. The fourth Merkaba takes us clear into Source and allows us to float in the Aurora Fields as we prepare to walk through the star gates.

Number 6

Bringing the light frequencies out from the etheric body and into the skin and then out to about two inches around

the body to create the shining around the skin.
Activating the density one - subconscious atomic light mirror and the density two sound frequency field to resonate into manifestation the mirror of light.

Number 7

Absorbing complete template of the body Causal Body.
The body is floating in a Cosmic Tear Drop. Activating the Akashic Flame in the Pineal Gland and Activating the God template within pineal, thymus, solar plexus into the tail bone which is the 15th chakra and then streaming up the spine into the medulla oblongata at the top of the spine and into the God Seed Atom within the Thymus and up into the mid brain.

Number 8

Connecting crystal heart, which is the Soul Center - the 8th chakra- deep within the Thymus. Connecting into the Pineal Gland to reconnect Super Conscious Mind of 4,5,6 into subconscious and ego in 1,2,3 in order to deactivate the EGO and allow Super Consciousness to guide through frequency specific attunement.

Number 9

Creating Continuous EiRA flows (Crystal Liquid Light directly from the Mind of God) into Frequency Specific Communication with Higher Self- Soul and Over Soul and eventually Avatar Self.

Focus on Seed Atom in etheric part of Thymus. Create a cloud of Plasma, and watch the cloud grow larger and larger until it surrounds the entire chest and head area. Breathe in the frequencies and exhale into the plasma cloud until you feel your head area within the Soul connecting your Mind into Communication with Soul and Over Soul- dimensions 4,5,6, 7.8.9.

Number 10

Awakening connection to Aquarius Matrix. Aquarian Elementals begin swimming through liquid light within DNA to create streams of communication to activate the 12 subharmonics within chakras 1-5 to create continuous communication and activate light fields of perception,

Number 11

Breathe the new frequencies into the Light Body and imagine or watch the Body become lighter and higher until it begins to levitate. Imagine changing the frequencies

into a new standing wave pattern that has no gravity.

Number 12

Cosmic Merkaba extends out to 54 feet around the body. Places Consciousness into the Cosmic Matrix of Eternal Time. The Body Template is completely aligned into the 12 dimensional Krist Grids of the Earth's Divine Template and with the Inner Earth's Cosmic Template.

Number 13 The Frequencies connect to the Aurora field which allows consciousness to walk through the star gates of Inner Earth and step completely out of this time matrix.

Feel the plasma flame surrounding the body and penetrating every cell in the body

Number 14 and beyond

Make a mini me version of yourself that is small enough to hold in your hands. Visualize it very clearly, take some time to visualize and feel every feature of your face until you know you are present.

Allow all of the frequencies from the Flames of Source Consciousness fill every cell in your body. Now inhale all

of those frequencies into your heart chakra area and then exhale down your arms and into the palms of your hands.

See a flame coming out of your palms.

Place the mini me version of yourself in your palms. See that mini me become wrapped in those FLAMES. The flames contain the complete MIND OF GOD, the COMPLETE BLUE PRINT OF MAN, the Original Flame of Creation that created the original perfect divine template called man.

Watch your mini me transform into any likeness you would like it to be. It can be younger, healthier, more energetic, healed, perfect, whole, complete, genius, wealthy, ready to orb, levitate or become invisible.

Whatever you can clearly visualize your mini me doing, your body will do the same. You are the creator now.

Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

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CHANNELING FREQUENCIES OF
TRANSFORMATION

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(Teachings of the Cosmic Mystery School of the

Omniverse)

When I am channeling frequencies of information, I am aligning

into certain frequencies of Source, Cosmic Consciousness, specific

entities who are Cosmic or Universal or a part of my Over Soul Family

in Gaia. The Elohim Angels in Gaia are always transmitting messages

through frequencies. All communication in higher harmonic universes are

transferred through frequencies rather than through words.

When I do a meditation or a journey in order to help another guide

their consciousness into the sacred geometric location that will help them

connect to a dimensional frequency, I am guiding through a frequency. That is why I always add the frequencies that I receive while doing a meditation

or a journey. In the case of creating Frequency Music or

Individualized

Eternal Life, Healing or Immortality, or Instant
Manifestation Albums, I am

doing a meditation and journey while I am collecting frequencies of consciousness and then breathing these frequencies onto a recording. So, the meditation is no longer needed by the individual, because I already collected the frequencies for the individual.

Now, the individual can utilize the frequencies that I already collected by

doing the meditations and journeys for them. The frequencies that are needed to activate the seed atom within the thymus, and to activate the Source Template within the seed atom, and to activate the crystal light to flow between and within the atoms, are already recorded on the Individual's album.

Now, the individual can tune in to the frequencies within every atom in their body in order to consciously turn on the flow of the crystal liquid light energy of Source.

They can see, feel, visualize the frequencies that have been activated within their body. They can see the 12 sub

harmonics activating within each of the double helix strands of the DNA. They can see all 24 sub harmonics become activated -- one on each of the strands. They will most likely see all 48 sub harmonics activate as they visualize their spiritual parallel self activating simultaneously.

A meditation can only be successful in healing and alignment, when the frequencies needed for the healing and alignment are actually felt. The frequencies must be felt in a way that allows them to resonate inside the crystal cells in the body. The mediators must first know what the frequencies FEEL Like. When the meditator Feels the Frequencies, the meditator is then sure that the Consciousness is connected into the angular rotation of particle spin of each element of light and sound needed for the meditation to become effective. Each element involved in any meditation is an Entity of Light. Each Entity has a frequency. This frequency is the identity of that Entity. We get to know the Entities by allowing their Frequency to Resonate in our Crystal Cells.

The Meditator must be able to feel the frequencies that come from their breath every time they speak a word or exhale a breath. If a meditator or channeler is not tuned

in with the Frequency of Consciousness from which the words are spoken, there will be no new reality created by the event.

The elementals of healing must be connected to in consciousness before any healing can take place between the healer and the patient. The elements of all healing are:

crystal liquid light, crystal gel, crystal dust and crystal light.

The healer or meditator must know what each one of these frequencies or spheres of consciousness feel like.

This is what crystal gel feels like: I breathe this frequency into the microphone.

This is what crystal dust feels like: I breathe this frequency into the microphone.

This is what crystal light feels like: I breathe this frequency into the microphone.

Every time I breathe into a microphone to record a frequency or a code from God Languages, I always use the activation key frequencies of these magical spherical energy templates of PreSound and prelight given to me from the GrandYanas or the Elohim of Hearing.

When the Elohim Angels connected my inner ear to the Elohim of Hearing, which is the pre sound field of the mind of God, and then they called on the Three Templars who carried the secret of the Holy Grail and the Divine Substance of Eternal Life, I didn't know what crystal light, crystal gel

and crystal dust were. However, I could still feel in my Consciousness this essence of these three spheres that the Templars handed me. I could sense the connection of my inner Ear to the Light Flow of Pre Sound Substance flowing from Source through the Angelic Consciousness of the Elohim of Hearing. We are always working with a knowing and a feeling when we do spiritual work.

In my case, I would had never really known that I actually accomplished what the Elohim of Hearing was

assisting me in doing unless I completed the directions given to me exactly. They told me to hold these three spheres in the palms of my hands. First, I needed to feel and sense these

three spheres in the palms of my hands. They also told me to inhale these spheres into my chest and feel them, and then into my mid brain and feel them. They told me to hold the spheres in my hands as if they were a microphone of recording, and at the same time to connect my consciousness to the Elohim of Hearing and then breathe the frequencies.

I focused on this mission for days, not really knowing what it meant. Finally, I was directed to plug in my recording studio and breathe into the microphone while following the directions given. This way I was able to observe and experience the meaning of bringing the highest frequencies

to Earth through Music.

When I heard the magical frequencies that were being exhaled from my Breath as it connected to the Breath of Source breathing the highest frequencies through me, it was an experience beyond my wildest imagination. I didn't know anything could sound and feel so divinely

perfect.

I knew that I had actually brought the highest frequencies to Earth through music.

This magical achievement grew into a greater understanding over the years. I learned that these frequencies of Source Consciousness could heal anything, they could manifest anything, and they were the true prana and essence of manifest energy.

I knew that I couldn't actually explain this magical discovery, so I began recording the frequencies so that others could hear them. I soon learned, that people insisted on having an explanation of what they were hearing, and then they wanted to be told what to do with the frequencies that they were hearing.

As a result of having to do so much channeling of the Elohim Angels in explaining this entire Cosmic Discovery, I eventually learned how the 12 sub harmonic frequencies that activate the DNA are created through these magical frequencies of crystal light, crystal dust and crystal gel, and how we continuously stream the crystal liquid light,

which is the actual frequency of Source Consciousness every time we spin the Merkaba.

When the energies are felt and understood, they may be invited in to the cells by the Soul Matrix of the body to be directed into their proper places for what they are needed for.

First, the Crystal Liquid Light flows from within the God Seed Atom, which lies deep within the etheric layers of the thymus. It contains the complete Divine Coding of the Mind of God. It is the place where the breath of Source ignited the idea through a spark of light and created what is called the Partiki, in the God language. That Spark which is more etheric than the substance of a quark, or an omnion or any element that could be measured, contains the complete manifestation template of the Mind of God.

When the Frequencies of Liquid Light are activated to begin flowing through the Stem Cell, the Crystal Light begins to flow in-between the atoms and cells of the physical body. The biological template begins to transform into the substance of crystal gel, crystal dust and crystal light.

First, the blood crystals transform any miasms that are blocking the crystal flow. The blood crystals are what was known as the blood of Christ. The crystals in the blood transform the blood into eternal life liquid. The chemical structures begin to change.

The body, then transforms, from the inside to the outside. First, the blood crystals turn into liquid light, the bones turn into the elemental sound of crystal gel, and the skin turns into crystal light. The etheric body begins to shine from within.

The manifestation template of the God Seed can be used to manifest a new body or to manifest a new desired reality. The activation of the Seed Atom, at the cellular level, first changes the cellular structure from within and the DNA structure from within. This begins the sub harmonic transformation of the DNA from the inside to the outside. Deep within the DNA is the crystal liquid light that transforms the DNA into the 12 coded DNA. The DNA is transformed as a result of the breath of Source activating it to return to the original structure it was when the original Breath of Source breathed it into manifestation.

This is how the 12 DNA is activated. It has little to do with the frequencies of the seven chakras, as is explained by some Solfege groups. The 12 DNA must be activated into the chakras. The chakras don't activate the DNA. The frequencies are activated by breathing higher frequencies into the lower

frequencies of the chakras. For instance, the 13 dimensional frequency of Cosmic Consciousness can be gained by connecting the consciousness and breath down through the Iron Core of Earth, and into the 13 dimensional Inner Earth- or Urtha.

Deep within the physical substance is the spiritual substance of the Divine Creation. That frequency can be captured within the consciousness and then brought up into the Seed Atom within the Thymus to begin the activation of the Seed Atom. That Seed Atom which contains the template of the Mind of God, or the Monadic Template is in direct alignment with the 8th chakra which lies outside of the body near the neck area between the fourth chakra

and the fifth chakra. The 8th chakra can be used as a carrier to activate the Seed Atom together with the 13th dimensional chakra in Inner Earth and the 14th dimensional chakra that is 6 inches above the head. The

12th dimensional chakra also needs to become activated in order to turn on the frequencies within all of the other dimensional lines within the body.

So, first we breath the 13th dimensional chakra up from Inner Earth into the Earth's crust (12 inches below the feet), spin the frequencies of the 13th and the 12th dimensions together in the merkaba. Next, bring that frequency activation up into the seed atom to activate the crystal liquid light flow. Next, take the merkaba up above the head 36 inches and collect the frequencies of the 14th dimension of the Cosmic Consciousness and exhale that frequency into the seed atom.

Once the seed atom is activated with the 12th, 13th and 14th frequencies of Christic and Cosmic Consciousness, the liquid light energies begin to activate within the seed atom. Now, the flow of the Source Liquid Light Energy can begin to flow between and within every atom in the body.

The crystal liquid light, the crystal gel, crystal dust and crystal light are elementals which have a unique function in the activation of Cosmic Consciousness. And, they are the Pre Sound and Pre Light elements of density one and

density two, which is the etheric structure of the body. We must learn that the body is only the temple where the true template of the Mind of God lives within. The body is an etheric structure that has

many bodies within and many bodies within the energetic spheres around what we presently see as the body. We also have a crystal body and a light body and an etheric body. All of these realities are as much a part of who we are as the seeming physical structure that we presently use.

Once we begin the joys of living in harmonic universe two (dimensions 4,5,6), we begin using the etheric body and the light bodies. We learn that we have much more freedom than we thought. We can leave one body while we travel in our crystal bodies. We can travel multi-dimensionally because we will learn that we are actually in 15 dimensions simultaneously.

We ask each of these elementals of healing to come forth and be felt before we

begin the healing work required in Individual Healing CD's , Eternal Life and Immortality CD's. These Cosmic Energies of Gel, Dust, and Light are directed to swirl

together into a sphere of crystal light. This sphere contains the power to shield and protect the consciousness and body as it connects to and brings in to the cellular structure each form of energy or frequency required in each stage of ascension. These are the primal elements from the Cosmos that are required for the first step of restructuring ourselves by raising our frequencies into a new dimension and into all dimensions of Oneness.

The meditator must feel their cells singing in resonance with these Cosmic

Energies. Each breath becomes a song of Frequency that aligns with and raises consciousness into a New Dimension.

Connecting this sphere of energy into the Crystal Heart aligns the Merkaba, which is the electromagnetic vehicle used to collect all frequencies from all dimensions. The Merkaba is the complete spiritual substance of all that we are made of. First the Merkaba is used to collect together all that we are. The Merkaba grows larger and larger as our frequencies expand from inside of us and around us into a larger morphogenetic field. This is a frequency field. When the frequency field grows around the body into a 54 inch area, this is the Merkaba Body, this is the complete Morphogenetic Field of the true Spiritual Self. There is

another Merkaba Body that is about sixty feet in diameter and another that is over 100 feet in diameter. These Merkaba Bodies are our real SELVES. We will be learning to turn these Crystal Bodies into our personal space ships.

First, the Merkaba must collect all frequencies of the fifteen dimensional selves into the Crystal Heart. The Crystal Heart is the Seed Atom, or the location of the Monadic Template of Source Consciousness. The Monad is the Soul and Over Soul at the Galactic Level of Manifest Creation. The Template is the Source Template of the original creation Energy. It is the original location of the Spark of Light from Source of our creation.

All of the selves are collected back into this point of energy to remember, to

recognize, to realign into the Oneness of All that the Self was originally created from. This allness is brought back as frequencies. These frequencies needed to grow and expand into the memory of the grand frequency of Oneness. Once this spark is re-established within the Crystal Heart, the spark of light can grow out into a large crystal sphere of energy.

We can place a miniature self of ourselves inside of the

Merkaba. This miniature self grows in frequencies inside of the Merkaba. Once the miniature self collects all of the frequencies of all of the selves, it grows into a Christ Body of Light. This Light Body can then be pulled out of the heart area and placed in front of the physical body. The physical body can then walk into that Light Body and become one with that Light Body.

This merging of the Crystal Body places the Body, the Merkaba and the Crystal Body into a higher frequency that allows for the next stage of spiritual growth. The Light Body may then travel down into the Earth's Core or the Crystal Heart Core and travel deep, deep within that Core into the Liquid Light area. Once the Light Body merges into this frequency of Liquid Light. Those frequencies grow and merge into the Physical Body, the Crystal Body and the Light Body to create a body of an even higher frequency. This is the Iridescent Body. This is the Body that can transcend completely out of the density of the physical form and reappear and transform into any form needed on any dimension.

Each of these stages of frequency activations must be Felt, they must be realized inside of the crystal cells before the manifestation of the activity of growth into the Light Body and the Iridescent Body can be understood

and seen.

Learn to feel the crystal sphere in the crystal heart
awakening the crystal heart into singing crystals.

Feel the crystal star merkaba. Feel the crystal sphere.
Feel the crystal heart.

Feel the Frequencies.

Feel how the frequencies inside of the crystal heart
resonate with the oneness of your Source creation.

The Crystal Heart is the area of original creation. It is the
place of zero point energy of No Time Creation. When we
ride the Crystal Star Merkaba into the Crystal Heart, we
can feel this creation spark. The Crystal Heart contains
the God Room. We can walk inside of the Crystal heart,
Walk down the stairs and enter this glorious white light
room of Inner Stillness.

We can learn to feel that Inner Stillness.

In that room of Inner Stillness there is a crystal diamond doorway that goes into the etheric realm of our higher dimensions. It is the door that connects this physical body into its spiritual twin body of etheric substance. It is the door way into Earth's Spiritual Sister.

We must raise the frequencies into the 14th dimension before we can prepare to enter this door. We must collect the spheres of frequencies of the dust, gel and light. We must spin these Cosmic Entities into a powerful sphere of crystalline energy. This is the key to the diamond door.

The body must first be prepared with the Divine Principle of the Earth's Core.

Frequencies and the body must be lined with the garment of crystal light white linen. These entities each have frequencies that must be felt and understood through their resonance in the crystal cells. These frequencies must resonate in the cells and with the crystal heart before we may enter in.

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Dr. Angela Barnett

Mary Magdalene

Mary Magdalene's Cosmic Bible

God's Musical Creation of Eternal Harmony by Mary
Magdalene

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EVOLVING INTO THE SOUND OF ETERNAL LIFE -
MUSIC OF THE SPHERES ATtUNEMENT

ETERNAL LIFE ALBUM

<https://crystalmagicorchestra.com/eternal-life-album>

Dr. Angela Barnett

Mary Magdalene

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(Teachings of the Cosmic Mystery School of the
Omniverse)

Ascension is a weaving and braiding of tapestries of interwoven energy particles-the multi-dimensional merger of all frequency fields is done by weaving particles and antiparticles. These particles are sound and light. They are woven through the spheres of dimensional fields. The weaving of these particles and antiparticles creates the music of the spheres which results in ascension by reuniting energy that had been broken apart and pulling them back together again. by merging frequencies within each frequency band. Those who have woven braids of the third and fourth frequencies of DNA strands can ride the wave into Tara's energetic tapestry through a leap in time. The Earth's and the people on the Earth's morphogenetic field within the harmonic universe of

three DNA strands will merge with the morphogenetic field of Tara's 4,5,6 dimensional frequencies or DNA strands. Those who catch that wave will continue on living in the second harmonic universe.

The Seventh Root Race of Gaia carry the full 12 DNA strand of Gaia.. They are our creators and our ancestors or Souls. They are our guardians and creators and we share their 12 DNA template. The Seventh Root Race does not experience death, nor do they breed. They replicate through combined energy fields. Their source of energy is Source and they do not need food.

Presently, they live within us. They are our Over Soul Matrix. They are the Aquafarians that swim within our crystal liquid light omnion cells within our DNA. As they swim within us they are tuning their Sound Frequencies into the Light Frequencies of the D-1 atomic radiation. So we have the Sound of D-2 creating musical harmonies with the light of D-2 Light. This is what we are made of. We are made of sound and light. And the more we learn to align our consciousness and our breathing through the frequencies of the 12 harmonics within the properly aligned merkaba, and weave into the 13.5 liquid light, the 14th dimensional heliotalic light and breathe the breath of Source from beyond the six spheres of the music of the spheres, the more our bodies will transform.

As we ascend to Tara, we will also transcend the mechanics of death, disease, aging and become the

immortal body of eternal life. Those who assemble DNA strand 6 on Tara will allow the ascension to Gaia in the realms of pure Consciousness.

Once the higher dimensional fields reaches a peak concentration in Earth's grids in 2017, the race morphogenetic field opens into the Sphere of Amenti collective The Earth's grid begins transmitting fifth dimensional frequency directly in the bio energetic fields of everyone on Earth. This sets the imprint of the 5th DNA strand.

Tara first manifests as an etheric overtone structure and then manifests physically onto Earth. The second step usually takes 2213 years. In this special circumstance we will be shifted forward 2213 years for this manifestation to take place within this five year window.

If all goes as planned, the Heroic Future most desire by the guardians is for all Races on Earth to transferred into the Higher Earth and Inner Earth by 2017 and into Tara by 2012-2017.

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PROCESS OF TRANSFORMATION INTO A NEW
BODY -- ACTIVATING the 12 Subharmonics in all DNA

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All on Earth were given their potential to regain their 12
DNA subharmonic template (12 code divine

blueprint). That template was returned to the Sphere of Amenti, which is within the Earth's bioenergetic field. We will become more and more in tune with that bioenergetic field each day until our 5DNA is activated for most and the 6DNA is activated in many of the starseeds born between 2005-2012. Those six avatar star children will pave the way for the rest of the population.

How will this happen?

Once our DNA is reactivated, our bodies will go through a very fast transition in a matter of a thousandth of a nano second. I have been going through this process. I would like to tell it from my personal experience. It is true that I seem to go into hybernization--but it is for a nano second at a time. So, I am awake, but I feel like I'm gone and then back and always asleep, but not. I can feel the acoushic flowing from the proper centers of the body beginning at the third chakra naval area back to the lower spine- cauksik, and then up the spine to the stem cell or medulla oblongata area between the top of spine and lower skull and then inward to the thymus area and up to the pineal at the same time. My body shivers and shakes continuously through this process and my head is constantly shaking back and forth. (I have passed several people on the streets that I see going through this same

shaking process. I won't be surprised if there are soon entire companies of people with their heads shaking and dancing with shivers running up their spine.) This is the activation stage that we are going through at this time.

There is a very logical quantum physics formula that has been set in place. It is the exact process of bodily transmutation that leads to the ability to turn into light and orb into multidimensionality. One of the reasons that our body will be flashing on and off during the transformation itself is because we are multidimensional. Part of the transformation has to do with the alignment with the parallel selves and interdimensional selves. This consciousness transformation causes some confusion. Everytime we decide to do something, our parallel selves may be deciding to do something different or the exact opposite of what we are deciding to do. This might cause the desire to do mostly nothing. This happens to me about four hours of every day.

Our bodies go into a deep sleep, like a hybernization. We have an internal change in chemistry at the omni level. This is so etheric and invisible that we can't visualize it with 3D perception. I have added the entire quantum physics explanation of how the celsestiline is created in the body at the bottom of this article. As the Celsestiline

enters into our bodies as it is activated by the waves of starburst, it causes a light to flash and create a new reality. Our brains will go into a deep level of sleep as we are pulled back into Oneness with the original creation point of Source, the Idea, the Thought, the Intention and the Manifestation of the New Idea.

The body will always be held in tact within the field of God Source. However, at the same time, we will disappear for nano seconds at a time to realign in the new idea.

I have noticed that every day I feel like a much higher renewed self full of higher understanding. It is like a daily ascension.

God creates each idea within a sphere of hydroplasm. There is a cloud of hydrolaise which is first frozen and then warmed into various chemical structures of light and sound. The blue print of the idea is simultaneously created at all levels of manifestation from hertzian, to infra red, to visible, invisible light, x ray and gamma wave. This means the invisible, etheric reality of the thought of God is manifest at the same instant that the new body flashes on in the dimension that will be in our new perception.

The Guardian Alliance has given us the complete explanation of this metamorphosis that is taking place in our bodies. The ascension process is both instantaneous and prolonged. It is happening continuously. We are actually in a dream state and our bodies are flashing on and off all of the time. The way the Beings at a higher level see it is like this: the body goes into lucid dreaming, psychedelic sleep, the body shuts down the desire to eat and the bowel and urinary functions are shut down. There is a prolonged chemical change in the body. I have experienced all of these symptoms except the desire to eat seems to grow much stronger than shutting down. It could be that I'm going through an opposite response than my parallel self, who doesn't want to eat. In reality - the higher reality that the Higher Self sees, we are always in a lucid dreaming state. We are always creating reality through our dreams. We are always living in a light body that looks like a painted mandalla from a higher state. This process that is seen from above takes place each nano second. So, the awakening to the new reality is taking place each nano second. When we don't manifest a new thought, nothing changes. If we keep manifesting the same thought, nothing changes. That's why it seems like nothing is changing, even though we are actually ascending and changing constantly from a light perspective.

When we do start dreaming the realities, we will first notice something different about our bodies, the way we feel and look, our hopes and desires will have completely changed. We will know we are becoming a Christ as our Ego seems to melt away more and more each day. We will know we have become the mind of God manifest. We will open our eyes on to a new reality because our perception will have been completely translated into the ability to see the visible where it seems to be invisible now. I'm getting the first stages of this by seeing the light bodies of trees flashing on and off, new rays of light that used to be invisible to me, I see flowers appearing to be blue that used to be purple. I can see myself as the blue sphere in the mirror.

The skeletal structure of each cell will be dissolved and then a new imprint of the 12 coded divine blue print will replace it from the etheric omni level. The cells will be filled with liquid hydrogel pre substance. This called the Idea Cloud of Substnace. This is the first manifest substnace of Source. This is the point that we return completely to Source to be reborn. It isn't like we fly through the air. It is all done within our bodies at the etheric imprint level. The 12 DNA is the divine coded imprint.

The old DNA will still exist - but with a new imprint placed upon it by the mind of God. The new imprint will manifest as a new body. The body is made from a chip of light or the breath of God breathed to create a spark. This creates a hologram or a dot matrix body. The hydroplasma and hydrolaise and hydrogelaisic chemical interactions with light and sound create a new form in space. That new form is imprinted upon the tissue of the body. The carbules in the soma of each DNA begin to fire a new reality from the synaptic cleff.

What will happen?

I have been seeing these steps of transformation in my dreams eventhough they would not be known without the dreams. I have seen my body turn into a garment of white light as I walked through the door of the seventh temple in the 15th dimension. I have seen myself dancing in a rainbow in the sky. I've also seen myself surrounded in a circle by 12 bodies and then another circle of 12 bodies representing the alignment of my souls and oversouls. I could see each one of their faces clearly.

I walked through a stone wall into a stone covered area where I collected a new consciousness and then the door

opened on the other side and I was given a new body and a new wardrobe.

I entered into Sun Alcyone and disappeared and then appeared in a jungle of huge flowers that began to sing to me.

I was the same me, but I had my DNA reprogrammed to see an entirely different reality. The old ideas, the old ego melted away and was transmuted into the mind of God.

I became reprogrammed with the divine blue print. The dot matrix body had a new program written into it. My old mind became completely empty and the mind of Source replaces the old ideas.

All of that happens in a nano second over and over again. That is how my dreams are. I see these things over and over and over again all night long.

I see myself becoming more in control of my body and desires are manifesting faster than before.

These images that I see in my dreams are the realities that are taking place in my body. We are completely unaware that these things are going on because we are

flashing on and off every nano second and we don't even know it.

Soon, we will begin the fun part of activating our 5DNA, manifesting, orbing, walking on water and all of that fun stuff.

Our NORMAL DNA template (the one that existed before Seals and pins and rods were placed in our bodies to place them into dormancy) is made of 12 sets of two strands or 12 double helix strands. Each strand contains 12 fire letters that are intended to chemically translate into 12 larger chromosomes per strand template for a total of 144 chromosomes. Basically, what scientist have called junk DNA is just sleeping, and will be woken by the interdimensional frequency activations such as the photon belt, the starbursts, the scalar wave patterns.

Please note that the 12 DNA is subharmonic, meaning it is etheric, invisible. It lives within the omnions and microtubules of the DNA. Our bodies are much more than the physical temple. We have an etheric body within this

one, and a light body and crystal body around us and within our merkaba bodies that are universal and cosmic. Once we learn to consciously live within these merkaba bodies and learn to raise the frequencies of the physical into the light frequencies, the body will become orb ready.

The presubstance of our bodies is the crystal light, crystal gel and crystal dust that the Elohim angels taught me create through my etheric body and exhale through my breath into my palms. It is presubstance idea of liquid hydrogel. It is called hydros. It is the first radiation substance coming from the hydrogelesaic hydro crystals or the crystal gel. This is the substance that we can breathe into manifestation. This is how creation has always been in the Normal Reality. This Idea that is created from crystal light passes through the liquid hydrogen gel pre substance state of the idea and then translates into the manifest substance of frozen liquid crystal light dust. This is the primordial waters Thought. It is the presound or acoustic template that translates the thought into the frequency signature or infra sound hydro acoustic template. The manifestation is born from the light and sound that is breathed into form.

Next the infra sound frozen liquid vapour hydro acoustic templates and the core seed crystals combine and expand outward to become the hydro acoustic infra sound creation bubble in which the Spirit, the Light and Atomic Bodies

will grow. This is the creation embryo.

THE REAL DNA

If you would like to know the scientific and quantum physics reality of what our DNA will look like, and how the transformation from our present two or three strands will transform into 12 DNA, the following is available for you to absorb for now, and understand after your 12 DNA has been activated to the level where you can actually understand what has happened to you. It only seems right that you should be allowed to know what is about to happen to your body if you would like to know.

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FREQUENCY SPECIFIC ASCENSION

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In order to Ascend, we must reconnect the microtubules of our neuronet into the Cosmic Frequencies of Angelic Consciousness--the first Breath of Source.

When we begin to create our New World Reality of our 5th dimension we will be creating a brand new reality that no longer contains the old ideas and beliefs of

the third dimension. All must be created from the Highest Frequency. This frequency

of manifestation is obtained by heirophants such as the Merkaba and the Lotus Blossom. The merkaba is the vehicle of Divine Love that spins at the speed of light to bring all dimensions into Oneness. The Lotus Blossom contains the full spectrum of our 144 aspects of divine consciousness. Each of these allow us to breathe and absorb the light and sound of Galactic, Universal, Cosmic and Source Consciousness.

The Ascension process requires alignment into the quantum fields of the hertzian wave length, infra red wave field, visible light wave, ultra violet blue wave, x-ray, gamma wave and white light wave of the infinite unknown. When all of these fields of energy

are transmuted up into the pot of golden stardust in the Cosmic Heart, they can then

be used as frequency wave signatures that reconnect all entities from all star systems

together into the individual's frequency signature which will then contain all frequency signatures of the new family of Consciousness.

When one exhales their Heart's desires from the highest frequency of Source, they are co-creating with the Creator of All. The neuronet becomes free to reach into Source

Consciousness to find Brand new Source Energy as the essence of the co-creation.

The reality of Oneness with Source Consciousness has always been available. What has not been available is the understanding of how to obtain this Oneness. We have been living in a world of third dimensional frequencies. That means dense, tangible, touchable reality that doesn't contain the realities of the infra red let alone the invisible light spectrum. We have been limited to a very tiny speck of reality. Each time we look for

a better third dimensional reality, we are still staying within this tiny little speck.

In the third dimension reality we have been creating over and over the same things

that are already here. We haven't created anything new in a very long time. Manifestations can not be created from old, used frequencies. Manifestations will appear in our lives when we create the idea from the frequency of the infinite unknown Source Frequency. Placing Consciousness into this Frequency of Manifestation requires continuous practice.

When we reach back to the Forever of Always which places us in the Nowness of Eternity, we allow our

Neuronet to reach all the way back into our Real Birth-- our birth from the Breath of God. From this Frequency of Source, Cosmic, Universal Consciousness, we can exhale our New Reality.

The Cosmic Frequencies are combined in specific sacred geometric alignment through the Music of the Spheres to draw the Frequencies that combine together the Frequency Signatures of all that we are--all that we always have been into the Now.

All of these ideas must be taken into the ultra violet blue frequency

sphere and then fully transmuted into the golden sphere of the Cosmic Egg and then

completely dissolved up into the Infinite Unknown of Source to purify the ideas back into

the PUREST ENERGY. This energy can then be put into the Holy Grail of DIVINE MIND and turned into Golden LIQUID LIGHT ENERGY to be poured back into our

minds and into the world's mind for Co-Creation with Divine Mind.

Those OLD WORLD frequencies should not be used in creating our new realities. All frequencies of the third must be transmuted up into the unconditional love of the fourth dimension, the Oneness of the fifth dimension, the gamma waves of all the creation frequencies of the 11 billion suns of the Milky Way together with all of the Galactic creators of our Universal Consciousness, all of the Angelic Frequencies of the entire Cosmos and beyond into the Infinite Unknown. In this Highest Frequency, we are guaranteed that only the purest creation frequencies are used to create upon. Upon this brand new canvas, we are welcome and honored to create together with the fabulous consciousness of all of our Starry Brothers who are thousands and billions of years in advance of our present knowledge.

We have created place where you can absorb Cosmic Frequencies and Source Frequencies and then use these frequencies to transmute all of the third dimensional ideas that we want removed from our kingdom of heaven. Most people wouldn't know the difference between a low level frequency and a high frequency because these realities have never been made available to mankind before. Actually, there has been a tendency of seekers utilizing the lowest frequencies of 8 Hz to obtain some

higher sense of reality.

8hz is the lowest frequency of the entire spectrum of visible and invisible light. The frequencies used in Solfege are completely third dimensional. The Solfege represents the do re me fa so la ti do scale. The Cosmic Scale is Ka Ha Ra Sa Ta Ha La and represents the frequencies of Christ Consciousness transmuted all that is below and then being pulled up into the Kee Ra Shay Ha Sha.

However, when a tone from a scale is just said or sung as a word or syllable it still only contains the frequencies of the consciousness of the one singing. The singer must first connect their consciousness into the highest frequency. The Elohim Angels gave us the gift and the training to be able to bring the highest frequencies to Earth through music.

The music is God in the highest when it comes from the Consciousness of Cosmic Angels.

Namaste,

Crystalai

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SHIFTING INTO FUTURE SELF

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The streams of higher frequencies are pouring in so fast that is almost impossible to record them all. The angels have been directing us to record the breaths of consciousness from all entities who are streaming their breaths together through the crystal light energy that is braiding, weaving and streaming a higher frequency of consciousness together. Each time there is a high energy day, the angels place a golden pillar in my left ear and hand me an etheric microphone and then they breath their consciousness through my breath. Sometimes five angels appear, sometimes five hundred--depending on what project they are working on.

The breath of consciousness is what is causing the entire shift of Mother Earth into her Star Essence. We are all turning more star like together. How do we speed up this process individually? The more we raise frequencies and stay in those frequencies the faster we rise into a new dimension.

The Key to Ascending is collecting frequencies through the merkaba, aligning into the sun energy, the helium

energy, the rainbow dust, the star dust, soaking in healing waters of crystal temples, singing with the angels, and mermaids in the crystal caves, keeping the mind in the etheric fairy tale state and then finally walking into the spark of Source in the Crystal Heart, after putting on the garment of white light--which means absorb all frequencies of crystal light, iridescent light, rainbow light, golden dust light, star dust until the body is radiating with spirituality of light energy.

NOW--and only Now can the body walk through the diamond door. When the body walks through the door it must walk into the FUTURE SELF. It is this place in Consciousness that we must stay to create the Islands of Light.

I'd like to share some questions that will be answered and practiced in my workshops on CREATING ISLANDS OF LIGHT, PARALLEL REALITIES, and the MUSIC OF THE SPHERES.

A couple of questions regarding your process of integrating with your light body.

1. You said that you've completed integrating with your silica-carbon based light body. Does this mean you can disassemble your body and teleport to anywhere you

want?

I wanted to add that the silica based body is the natural result of raising the frequencies and continuously bringing in more and more light energy that Zorach helps me with and that I get from the helium rings spinning into all of the sun's frequencies to bring out the energy of the neutron through out the body. The reason that I know I am living in a body that is mostly silica based now and will become more and more so is because the angels have told me this. There are things happening in this hologram that we can't see yet. That doesn't mean they aren't happening. The evidence we have of the silica based body is this:

aDOLPHINO (JOSEPH) was hit by a ten ton truck and ran over by five cars. He had ten thousand broken bones, broken spine, skull and no memory. He was announced dead by doctors. I brought him back to life with the music. The music opened the door to his Cosmic Consciousness which allowed his twin soul flame -- to create the Electric Window in the Cosmic Realm that would allow my Magnetic Consciousness to pull his Electric Consciousness back into Earth.

The doctors said it was absolutely impossible for him to be alive. They said his brain would never work again. They said he probably wouldn't be able to work for eleven years. Joe's body repaired itself without any help from the doctors in one month. This rapid repair of the entire structure of the body happened completely from streaming the highest frequencies through his body by using the frequency shift music that we recorded. It was this frequency shift music that was given to us by the angels as they streamed their consciousness through their breaths that realigned his body. Each stream of consciousness that I inhale and breath into the microphone is a strand of their consciousness. It is this consciousness that is the sound and light of all creation. This sound and light contains a structure of creation that remolds into the original form created by Source. This sound and light that we resonate with and soak into our cellular structure from the crystal cells of mother earth and the star dust energy of Zorach's star system transforms our bodies into a new chemicalization. This chemicalization appears as a result of consciousness raising frequencies into a higher realm of reality. This is the proof that we are living in a silica based body.

You see, the doctors entire system is based on the carbon based body that doesn't heal at all. The more we shift into the silica reality by adding more and more of the spiritual

into the physical through our consciousness, the faster this reality appears. This is why when doctors have played our music in their hospitals, every patient in the hospital immediately showed great improvements and complete healings took place in a week.

The Frequency Shift music in the SUPER FREQUENCY KIT actually shifts the body into a parallel reality of a higher frequency. This is a part of the process used, along with a long series of realignment process for the ETERNAL LIFE ALBUM. This magical place of consciousness carried through oscillation of the higher frequency lifts the mind into great freedom, the world just doesn't matter any more, there is a feeling of sweetness and kindness, there is no more pain, there is alignment into the reality that was always here. All we are doing here is removing a veil so we can see the reality. We must believe that reality is here to see. We must stop thinking we must go somewhere else to see it. This transformation will appear on Earth. We will create Islands of Light on Earth. We create them by breathing when we have completely aligned our frequencies into the place where we are completely in the Crystal Cities, the Aquafaria under water Cities. When we have absorbed all of the crystals of all of the colors of the rainbows into our crystal cells and our cells sing in harmony with each other, this is when we can EXHALE magic into the air we live in. The

air has already become hydrolaise. The body is already transforming into to silica based chemicals. It is only our eyes that don't see it yet. We can FEEL it NOW.

When we go to our crystal palace in Aquafaria, we ask our friends there this same question.

2. Are you currently conscious of your other multidimensional self throughout the cosmic omniverse?

Our multidimensional selves only meet us when we walk into our future self after completely absorbing all frequencies from all dimensions out to the 24th and becoming sparkling with golden star dust. This is when we can melt into the diamond door and walk into the starry places. Our teams and families are always waiting on the other side. From that point we go on down into the Aqualene Ocean through the Sun and down into the Crystal Caves to resonate with the frequencies of Inner Earth and then we are invited to enter the crystal cities. It is completely our responsibility to lift our frequencies into theirs. Our team taught us that we must completely merge into the crystal cities or into what ever place you want to shift into. It takes continuous practice and the willingness to spend much more time there than here. We

must spend so much time in the crystal caves with my mermaid family that when I exhale on Earth, the reality around me transforms into that frequency. We must breath the Islands of Light into our home, into our place we choose to live.

3. How do you "travel" to Aquafaria to meet up with your soul family down there? By meditation or do you actually travel via your MerKaBa into the crystal caves or do you have another version of yourself living in the crystal caves and is able to integrate with that aspect of your soul whenever you want?

The self that goes to Aquafaria is the future self that shifts dimensions by shifting frequencies. Those with fifth dimensional and higher vision can see this shift. The angels have told me many times that I am completely etheric. Joe can see the fifth dimension--I can't. I can feel it. I am saturated in the frequency of light energy. The return to this Earth is too painful for me. I must continuously stay above the Earth. I do this by continuously absorbing the frequencies that I breathed into the CD's. These are the frequencies from the Crystal Caves and from all of the dimensions.

When I take a journey of collecting frequencies and swimming down into the crystal caves to sing with my mermaid choir, you can hear my voice completely shift into the mermaid's frequencies. My voice changes into an ethereal, sweet breathy tone that has perfect pitch. This isn't my third dimensional voice, this is my fifth dimensional voice.

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